

Transcript from
Deep Trance-Lecture
by **Mark Probert**



NO. 14

Additional copies may be obtained from
Inner Circle Kethra E'Da Foundation, Int.
P.O. Box. 1722, San Diego, California 92112

...see, here is something the student of suggestion should first know: The psyche is not in the body. The mind is not in the body. You--and I have said this many times before--that which is called YOU is everywhere present. You are omnipresent! When I say you, I mean the mental-self. So, it does not need to get out of that which it is not in.

What are you doing when you start giving yourself suggestions to get out of the body? You are making the Self aware of what you want to do, that is all. You want to move without the physical form. But here is a danger, because if you make the psyche aware of your need to act outside of the form, it accepts the thought because it does not think one way or the other about it. So it acts upon your desires. Now, once you feel that you have made yourself one with the omnipresent being, if you do not know how (to keep your thoughts centered on where you wish to go,) and where you are--we will omit where to go because it is where you are--you will find yourself scattered. You will find the tendency to jump to here and there, and everywhere. You will be much like an Indian rubber ball set into motion. And worse, you will find great difficulty, in the beginning, keeping that suggestion of staying out of the body. It is much harder for that higher-self to believe that it lives in the body, because it doesn't. The suggestion of being outside... this it understands, because here again, it isn't. It's neither outside nor inside, because inside is outside and outside is inside.

AUDIENCE: That's the magic bag.

That is the magic bag. Do I make the picture clear, please?

AUDIENCE: Well, yes. This is clarity with confusion.

Well, let us see if we can peel the confusion off.

The body is atomic substance, is energy. Energy is the building substance of the creator, or mind, the creative self. So where is an atom, when it isn't? Inside outside. Is there something different about an atom out here in relation to an atom of the body? No, of course not. To begin with, all physical form is simply symbolic thought. It's symbolic of the creative-you. Every form, regardless of size, regardless of structure, living or dead--and actually, there is no such thing as dead.

AUDIENCE: To state it in the language of Physics: Could not the organism be thought of as a stepdown transformer? And these meditative techniques merely put you in contact with that which exists as an overall principle which is fundamentally energy and perhaps gives you a greater quotient of it than you were perceptive of prior to the advent of the meditative process?

That is right. Yes. And why? Because meditation means to center, to make aware. You see, the Creator, that which you call God, it has no concept of what the form man thinks about--first thinking something and then making it. No. This creative Self, the moment it thinks, it has created. It is not a matter of 'Now I am going to make man, after my image and likeness.' Everything is after Its image and likeness, which is energy.

AUDIENCE: The configurative pattern really does not matter.

That is right, that is right. Pardon me a moment, I speak with my teacher. [Yada speaks outloud in Yu language] I say to my teacher, is it not so that that which is called the world is also throughout all existence of the same nature? = ENERGY

AUDIENCE: Are you using the term existence as being synonymous with space?

↓

I use it meaning All. I'm trying to point out that the Creator is not conscious, and creation was not made consciously. It is a product of the unconscious Creator or creative Self. Now, how or what is the mechanism?

This Creative Self, every time it created form--of course giving it life because life is motion--the Creator then became self-aware, and said (if it could have used words every time it created form) it said, 'I am that.' It becomes self-aware. 'I am atom', that is its self-awareness. 'I am Atman', first principle. Ah! Self-awareness. In order to have consciousness, one must create. The creator, the consciousness, then lies in the creation from that point on. And once created, this creation is never forgotten. Once it is projected into what is called consciousness it is never forgotten--meaning it never perishes.

Now, if the student of meditation can grasp this then he is less likely to go into the process of meditation with foolish thoughts such as asking for something, as though the creative-self was unaware of what was wanted.

AUDIENCE: In retrospect it becomes ludicrous. To be so ignorant of this principle for so many years

If the individual is aware, if he makes thoughts about anything, in that instant the Creative Self is consciously aware of what that person wants. A responsibility goes along with this awareness. Because in creating thoughts, those thoughts will never again die, will never vanish. They are yours; and you should be made, should make yourself responsible for them.

If you create the thought that one called Jesus Christ or Guatama the Buddi can forgive you your sins, if you really believe it, it will happen.

Because you made it happen. You became the Buddi, or the Christ that answered your prayers. You see, I can pray to you and if I make the image strong enough in my thoughts that it is you that will forgive me my mistakes, I have made a law unto myself, and it shall be done.

Now, you hear this all the time especially from not very intelligent metaphysical people--pardon me for saying that--but you hear: 'I love you. I love all mankind.' They do not know what they are saying. You hear the noise that they are making to please themselves, to make their ego feel comfortable. If we say, 'I love myself' with the thought in mind of appreciation of myself, respect for myself [but] how can I hold these things to me alone? because there is no me alone. I am all there is. I am the all. I am that. But in my untrained mind I have fallen to cutting everything up. Dividing. Making belief in duality.

AUDIENCE: Yet, for the practical application of experience it must appear as though everything were dual.

In doing the practice, of course. You have to do what the world in which you live...the world operates through law, so you must abide by it. This is where man suffers so much; he tries to go against the world he is in, the laws of that world. The law of the matter world is governing the individual as well as everything else, so how can the individual break it and not suffer? But he doesn't break it, not really. But he suffers by trying, by accepting the thought that he can break it. It goes against him. Law is law. It is rigid. Rigid. The very thought that there is a law to break creates the law.

Now, let me counter that: When you become a conscious being then you make or break every or any law; according to your knowledge, knowing how to handle

and not knowing its origin has driven the unknowing to all manner of fantastic stories about gods and devils and the contest between dark and light forces. This contest between dark and light forces is simply a marker in various degrees of congealing, or expanding and forming into larger and larger pieces.

I think, perhaps, in your world, you have learned to make a vacuum--as far as you can get a complete vacuum, which is not a truly complete one--by using one of these machines you have for whirling.

AUDIENCE: Centrifuge?

Centrifuge. You can whirl space and get matter from it, from almost what you call a "void," by whirling it. You set up (a vortex motion) in a dimension that is not matter and bring matter from it.

Your scientists, even in your present day, are debating whether the universe came from one large atom. The question is, if you ask this question, "How large?" How large do they mean? As you know, large and small are relative things, or conditions.

What I would say is that, in a manner of speaking, this is erroneous. A node of what is called matter arose up from non-matter, or a different frequency. This node was many, many (if you wish to measure it) trillions of miles across, and it was more in the shape of a lens. This, after a given length of time, started to break up. It broke into rings. It broke up first by shrinking. The shrinking was not a quiet thing, but a very explosive thing. Then, after it reached a much smaller size, it exploded most violently, creating what may be called a dwarf star, or sun. These rings then became suns. Part of them, breaking loose, created wild bodies that you call comets. This forming of a solar system (and before that what is called the galaxy) took place during centuries of time in different points in what is called space. A motion over here in space will affect a body over there which may be trillions of miles from you, and set up a kind of psychic force that

eventually creates another body, if it is not there already.

AUDIENCE: This is through harmonics?

Yes. I think that your scientists say the electron is everywhere present. So it is, because the motion of one electron is going to either pull another electron to it, or to create one that it can pull to itself. A little later it will form a miniature galactic system. This miniature galactic system--you may call it the atom. It is very much like the galactic system in the cosmic realm. Do you understand?

AUDIENCE: Yes. It seems that the pattern is pretty much the same. The only difference is the extent of it.

Yes, only...

AUDIENCE: The form to make the basic pattern is the same. It differs in quantity and in quality.

And [is] relatively different in what you call size.

AUDIENCE: Yes.

Again we go to your Christian Bible: In the beginning was the word, and the word was with God, and the word was God. It is like saying, "In the beginning was good, and good was with good, and the word was good." Good, meaning balance.

AUDIENCE: Just from the word angle, could you say "harmony" here, Yada?

Yes.

AUDIENCE: And from "harmony," harmonics. Everything in balance.

This is so. So again the word is, harmonics. What it

Yes. When you make "I" you create duality--something called "I" and, secondly, something called "the creation.

Everything is done by energy. That which human beings call thinking, even the most rudimentary form of it takes energy. This should tell us that all creation is energy. But I do not like the word energy--to use energy we must first have "not energy." Is so. Energy, so far as the bodily functions go, is the basic blocks of what is called thought.

Thought, again, as far as the physical world goes, is reactions to one's experiences. Here begins man's learning to think. How do I register thought? Is it done only through the brain? I think not. The brain, of course, is the beginning of thought, yet the whole body registers an experience. Each organ in the body regards these experiences in different ways. Some have negative effects on their neighbors in having certain experiences. Some directly in the heart. These heart-feeling people are also emotional-thinking people. All the organs of the body register an experience from the outside world; then later they experience it again by what is called attitudes, inner attitudes. These may affect any of the organs adversely and create all the various diseases that the body is subject to.

Of course, each person is a product largely of his environment; how he has been conditioned there; how his environment conditions him. In any direction--sound, color, anything at all--we become conditioned. This is why it is so difficult for us to talk about how man thinks. Of course, how men think creates for them one mind called the "mass mind." Is it not so?

AUDIENCE: Yes.

i | The human organism--we cannot talk of it en masse, naturally. Why? One of the greatest reasons is because life is not lived en masse. The real life is a single experience, the experience of the dreamer, or the creator of it. A thought creates between the cells an action of energy which you, today, call

"neuron shower," so that the feeling then repeats these neuron showers, or actions, between the cells. Very often the memory of an experience becomes more effective on the body of that person than the experience itself.

AUDIENCE: Does dwelling on an experience often become more damaging than the experience?

Yes. Or, instead of dwelling on it they seek to forget it, and in trying to forget it they build it up and make it worse--if it is a negative thing to them; and if it is a positive thing to them they make it better than the experience itself. Sometimes a person having an experience will be so affected by it that he cannot tell the truth about it, he has no clear picture of what happened.

A person, say, having an experience with a simple little thing liked this...say a person wearing certain clothes or color of clothes that are depressing to that one, he will refuse to accept the fact that he had on the color of clothes that depressed him. He will make up a color, a kind that is more pleasing to him.

This is why witnesses of some forms of action are of little value. A crime has been committed. The person watching it so abhors the violence of it that he can create an entirely new drama that is in no way related to what has really happened because he wants to escape the pressure, the pain of watching that violence.

Strange, we humans, in so many ways! Again, some people seem to grasp things more easily than others. This is due to (a feeling for their experience, an attachment, a love for what they are doing.) When we have love for a thing we become efficient in that thing. To love is to know, to love is to understand; and when we understand we can work freely in that particular field. ← i

Most children's fears come from their inability to

AUDIENCE: So far, so good, Yada. There is one thing that I might say: You know that in scholastic cosmology, that part of philosophy which treats of matter, matter is explained as coming out of potentiality. When you mentioned 'formless', you know, it was like a reservoir...

Yes.

AUDIENCE: It does not have form. It is not matter, yet it is. The scholastic philosophers explain it as 'potentiality.' Out of potentiality of matter came matter. Out of the idea, came matter.

Is so. Now, a conscious living organism may feel fields of energy such as heat, radiation, electrical radiation--this kind of thing. But, you see, all that is felt is a registering of pressures upon the sensory system, is it not?

AUDIENCE: Without the thing itself being affected by whether we measure it or don't measure it. And if somebody measures the intensity of the sun at the equator or at the North Pole, the sun is still just as warm or as hot as always in its own activity; but with relation to the senses, they are measuring it differently.

This is so. Now you may register a heat vibration and call it a burn but the heat vibration itself is not a burn. The burn is just a degree of pressure on the nervous system.

AUDIENCE: Here again, don't we have an example of the external force mixing with the internal force?

Yes. We say something tastes good or bad, but the vibration that created that pressure on what is called 'the taste buds' has no such quality as good or bad. This is a concept learned from the conditioning of pressures on the taste buds.

Now you go--you American people go--to some other

country and you are offered some kind of food and you reject it because you have been conditioned to a particular way of tasting, or accepting the concept of pressures on the taste buds. Is it not so? There is no such thing as a taste in itself. It is only a concept.

White is a concept that we get from pressures of what is called 'light and dark' vibrations. Is it not so? It is as we have been conditioned, the concepts of light and dark are different to someone else not being so conditioned--light and dark will be different.

So we see that, while there are "building blocks," so many billions of them we call the 'atom,' there are endless numbers of them.

Atoms are created by arrangements of these building blocks and a very given number of them go to make up its structure. Now, if we are not careful, we get into trouble here, because an atom cannot be divided out of existence or into nothing, for all you do when you start this division is to go on creating less, one less. Do I make myself clear? Each piece being one no matter how fine you get it, no matter how deep into the atom you go, each piece that we call 'one' is made up of so many fractions out of what you call

AUDIENCE: Unmanifestation.

Yes, yes.

AUDIENCE: Infinity?

Yes. So, with this thought in mind I think that I can safely and intentionally say that that which is called matter is eternal; the "building-blocks" themselves, are not created.

AUDIENCE: Would you say that they came into our form of existence from a different form of existence?

↓ ↓ ↓
Yes, simply from a different arrangement that they were in before, and I....., the trouble here is a word called motion. Matter is basically motion.
Take anything, say of the building blocks that form what is called a surface, then the matter world has begun. Now, this beginning, or the starting of creation is going on all the time.

* AUDIENCE: Then it begins or ceases only in appearance to us; it is only a different manifestation or vibration.

It is so. Now, in creating a living organism, the whole plan, the entire thing, is an actual body. It does not come from a form that looks like you do now. It was created first as an idea of form.

PLATO AUDIENCE: Not a particular form but form in abstract.

This is so.

AUDIENCE: It is essentially form in essence.

It is, but in abstract.

AUDIENCE: Yes, in abstract.

This first form brought together what you call oxygen and hydrogen, creating what is called a water-like mist--a very, very fine grade of mist. Then it attracted to itself such substances as what you call nitrogen, creating what is called a gas. This gas made a rotating motion, creating cells in this gas, one-celled beings.

This one-cell being we call the amoeba, which is basically a protein enzyme. This was irritated by the sun, the sun being much different than it is today--much bigger. Now, this amoeba was not fully a physical being yet, but it received its life-actions in the upper stages of the atmosphere. Then it fell to the earth in numberless quantities. These

beings were moved around by light-pressures. Chemically made cells that, by combining in given quantities or qualities, became living intelligences.

This was the beginning of your plant life, which lay dormant in the rocky substance of the early earth. Then it, getting more heat, fierce heat, seemed to be destroyed. But no! This heat acted as an incubating force for these beings so that when the rock cooled off these beings came back to life, or became animated again.

Look please...your scientists today...they try to sterilize their instruments. There are some organisms that can continue to live under the most tremendous heat pressures, and when these heat pressures are removed from them they become active again, showing that they were not destroyed, not killed. Is it not so?

This, then, will show right away that man was born out of heat. Heat is a form of the sun. The sun is the source of all as far as matter goes, as far as living consciousness in matter goes. Were it not for the sun there could never have been physical existence of a living kind.

I am trying to...in giving these talks I am trying to piece together as it were...because I am working in... I have not comprehensive words...so I am using the system of what may be called skipping about.

↓ ↓ ↓
In the beginning of this mist a vortex was created which came together at a very given center. At first it was just lines of force; and as these lines of force worked in upon themselves they were what, in a manner of speaking, we will call cold electrons. Now what is a cold electron? Simply electrons that were moving more slowly than today--much more slowly than at any time as you know it, or as you know time. These misty bits of energy, working in upon themselves, caused themselves to be more and more attracted to one another, and creating friction upon themselves by their ever-

increasing speed in their frequency. Do I make myself clear? This ever-increasing heat gathered other bits of energy to themselves. This threw them apart most violently and they rushed back upon themselves again, losing some energy in this action, so that they were capable of holding together. What do you call...linking together?

AUDIENCE: Cohesion?

Yes, thank you. Then these, losing their heat, and losing heat each time this happened, they made bigger and bigger bodies until they reached a balance between their velocity of spin and their loss of heat. This caused breakups, causing different vortices to form, or what may be called 'nodes' in space. These nodes became solid by cooling.

The sun, as you see it today, has very little nuclei in it--to the matter in it. Almost all of these energies went to make up chemical compositions that were formed by the cooling process. The sun today is largely helium and hydrogen. Very unstable. There is, perhaps, one tenth of one percent of other chemical substances in the sun relative to what is on the planets. This is why the sun will not cool off and become a dead body or a wanderer in space. It is much more likely to explode than it is to congeal further into solidified matter.

AUDIENCE: Has it ever been solidified matter?

No.

AUDIENCE: It has always been in the state in which it is now?

Yes. It has simply thrown off the more potent substances, what you call chemicals, and made itself what it is now--a body containing very little nuclei that go to make up a solid body. Do you know if they say this in your world?

AUDIENCE: I think they do, Yada.

Some, I think, teach that the sun is likely to cool off.

AUDIENCE: Yes, I think they all teach that.

But no! From my study of it I cannot see this happening, but I do say it is likely to explode.

AUDIENCE: Sir Michael Farady, in his book, The Evolution of the Universe, says the same as you do--that the sun is never the graveyard of planets.

No. In these substances that went to make up the planets, when these were first cooling off, were things like what you call meteors. These, each in their own particular way of moving, became more solidified in mass, some having a much bigger form but less mass. You understand?

AUDIENCE: Yes. Larger in size but less in density.

Yes. In each of these planetary substances would be the potential for the creating of living substances, but because some of them were created--the vortices of them were created so close to the sun, these living substances failed to take form, to come alive, become active. But all of the potential for this is still in them. It is like the little planet, Mercury, too hot.

Venus had big clouds of gases around it, cooling it. Although there was less heat in it than there was in Mercury it was still too hot to have living things like you have here on your planet. It had living things, living things that can exist in that degree of heat. Then you go farther out to the outer planets which are not getting sufficient radiation from the sun, not getting what you call the ultra-violet rays. This ultra-violet ray is the very essence of life. The heat ray, what you call infra...

AUDIENCE: Red?

that you think, and to think that the planets themselves are doing this to you...no! It is the feelings that you get from the changes in motion and the impressing of these feelings on your nervous system that gives you concepts and ideas of different kinds.

AUDIENCE: The same influence will have a different influence upon one person than upon another.

Of course.

AUDIENCE: Because the inside of the person is different.

Of course. In my saying this, what I am trying to point out is simply that your destiny does not lie in the stars but in you, by your attitudes.

AUDIENCE: That's right. All that comes to us from the planets and the constellations is an influence and it is our reactions to it that determines whether or not it affects our destiny.

Is so, is so. We affect our own destiny by concepts we get from the influences of vibrations. These vibrations create ideas within us and inner responses. If you are an intelligent person--intelligent, meaning capable of thinking rationally about life--then the changes affect you rationally. If not, they affect accordingly. Look please, at what happened to the people of India on the fourth and fifth of February, and a similar condition existed among many of your people here in this country.

Let us, for the moment, come to the subject of what is called 'mind and the matter world.' I think today your people are apprehensive. 'Apprehensive' is a good word--a state of mind over the mind and the brain--and you think the mind is part of the brain. In a manner of speaking, it is; because the mind, in connection with the brain, produces matter. Matter belongs to you to use as a consciousness. Let us go to the world of dreams: here, if you are having what may be called a conscious dream, the world around you may seem real

enough. This is not matter. The form in this dream-world is not matter. It is purely mental. Now, you can turn this dream-world inside out and make your dream a concrete physical condition--physical condition, meaning sensory. With a dream becoming sensory you can also use physical instruments to make measurements of that externalized dream and you will find that it is matter and nothing more than this. It has duration or period of time to exist in, and its period of time is measured according to the rate of build-up and breakdown of that matter. Is it not so?

AUDIENCE: Yes.

More, you can enter another world called the world of death. Here, again, this world is very much like your dream world. It is a mentally created world; yet the difference is, it is not related to the brain, the brain being a material organism, is it not? Here, now, you are living in a world of what may be called 'pure thought.' Yet to you, it is real. It has its own form of reality the same as the dream did when it was a dream. When you externalized it and measured what you call 'physical matter,' it belonged to the ground. It was a world of brain energy. In the death world, which is a world just a step beyond this, it is of pure thought. And what is the nature of the substance that is holding it together? For want of a better word--feeling. Is this clear to you?

AUDIENCE: Yes, Yada.

It is a very difficult thing to put into words. Feeling is the substance, the glue, that holds the substance together in your dream world. Now, if you should have a change of feeling regarding your creation in that world, you create various changes in the structure, in form, and in color, and in everything in that world. This is why the afterlife state is not a permanent state any more than is the physical state.

AUDIENCE: To get into a permanent state you would have to go to non-manifestation wouldn't you?

for joy because it is obvious that joy is not something that stands by itself. How can we make an understanding in our mind of what joy is if we do not know what pain is, what fear is? But, if this is true, it means that fear has its place in life--and life is anything that we do mentally. Fear has its place.

Now I said, and you agreed, that fear, anxiety, guilt, shame, as well as joy, peace of mind, happiness--if they all belong to the world of man, then we must ask ourselves, "What are we doing trying to stop these things?" Can one bring more joy than fear to another? Can we give out more happiness than sadness? Not really. (I cannot imagine one having complete and continual happiness.) What does happiness consist of?

The real cause of happiness is a state of being within yourself, and you have it regardless of what happens to you, for happiness is peace of mind.

What happens to you is called experience. And is there any time that you can have an experience that has no pain in it? Especially is this true when you have not learned the art of emotional detachment--to be able to stand and witness, or to be able yourself to suffer an experience without getting emotionally enwrapped. It is very difficult because the physical world has demanded of living forms a nervous system, and every experience (even doing nothing is an experience) creates pressures of some kind or other upon this nervous system.

The simple effort of seeking food in your modern times can create, and does create, secret little dreads and uncertainties as to whether we will get the food we are seeking. The effort of sexual communication and the endless taboos placed on sex in almost any society of any kind, from the aborigines of Australia to you here in this country, have created and placed upon sex an enormous price that the individual must pay. This is a natural thing--for man to sex.

To keep warm and sheltered creates within yourself, no

matter how much money you have, an unconscious fear that you are not going to be able to accomplish normal things, things you were born to do, [and] you get the cost in sickness of body and soul.

Education.....what a price one pays for it on the nervous system! I do not know what the statistical percentage is of children that in their earliest years in school are so excited, so fearful of failing in their studies that their eyes are ruined and the medical man insists upon giving them other eyes, glasses, when what they really need is the fear of life taken out of them occasionally by reducing their strains that they brought on in their anxiety to learn.

Your price of success for your highly educated people in what you call the business world...your business world is a world of insanity for the majority of men in their frantic effort to make what is called 'a living.' It is not only a living that they seek to make, [that] they are forced to make, it is a better living than their next-door neighbor. And because the majority of these highly educated people in business have not been told about emotional detachment, most all of them end up with what? ulcers, heart disease, high blood pressure, what you call hypertension. I have learned long ago that the people here in your country --and undoubtedly they do it in other countries--take up what is called 'collections' to be used for relief of an endless variety of diseases, when indeed, there is only one disease! It is the disease of the emotional self. Why don't you make a study of that?

A child is given constantly baby stories about how he must succeed financially in your world or he is an outcast. The human body cannot tolerate this kind of thing. It cannot 'go with it!' It is of little use to study heart conditions and what to do about them. You should make research on how not to have heart conditions.

AUDIENCE: There is more money in it the other way, Yada.

Now, do you object to this?

AUDIENCE: No.

The whole universe is a living universe. Everything in it is safe where it is, no matter where. Everything is going through an experience. An experience in form, an experience with form. When I say "everything" I mean the ONE THING called consciousness, called mind, called self-awareness. The I AM consciousness manifests in endless varieties of form.

AUDIENCE: I am that, I am that, I am THAT....

This so. Everything is formed; every life that takes on form causes that one to say, "I AM" then it adds, tree, animal, or let us say, plant, man, fish, fowl. It is saying, "I AM THAT, I AM THE REALITY." What is reality? The form at the moment, the experience of the moment, THAT I AM. Where do I exist but in the moment? What can happen to me, consciousness, in my moment of expression? Nothing, Nothing that can be called dangerous. Just an experience

Now, if we come to understand this, we will know this is an experience. It is not good nor is it evil. It is simply giving to me, consciousness, a fuller awareness of my I AM-NESS, and that is all. That is all as far as the experience goes, but there is a learning what we are in our experience and we get this learning by our ability to take attitudes toward our experiences in a balanced way, in a wakeful way, a more detached way, a more intelligent way. Everything passes. The only set and unchangeable law is CHANGE.

AUDIENCE: Even that varies.

There is an endless variation in the changes, yes. A static condition is only static in its time-frame and it is not going to change until that time changes, and it is not going to happen until that time.

→ Time is a feeling, a feeling of what I am in my moment

of experience, and I, the creator of this experience, if I feel what is called the "well-beingness" of my experience, contentment, peace of mind, I am going to try to extend it, to prolong it, to keep it as much a static condition as I possibly can. But, if I do not like it (speaking emotionally now) I am going to change it right away. It's too painful. I do not want to hold on to it. I do not see that even in pain I am learning something of great value. I am only concerned with the monotony of the pain.

Everything that has a nervous system of any kind, even the lowest form, cannot help but suffer or feel the intensity of certain kinds of pressures--but sometimes the nervous system of one has a greater capacity to tolerate pain--nevertheless, the slightest move a body is called upon to make produces a measure of pain. More, to just stand still eventually creates enough unbearable pressure to force one to move, just to change their position. The whole vast human world is a world of pain, a world of pressures that each one of us feels. We measure it--the nervous system measures this as varying degrees of pain.

AUDIENCE: Even when we feel that we enjoy the pleasure, we still feel that it is pain?

Yes. It is not measured then as what you call pain; it is, for a limited time, called pleasure--but the greatest kind of pleasure, and we can only know what pleasure is, or what pain is, individually. We cannot tell another what we suffer, either of joy or pain. The greatest kind of what one records as pleasure can eventually turn to pain, let us say, only if it is nothing more than the monotony that takes place in every action which forces us to take another kind of action to get away from the path of monotony.

Man has a great natural drive. It is the drive to reproduce himself. In the majority of cases the human being, as an animal, is not thinking of reproducing himself. He is thinking only of pleasure, the pleasure of trying to reproduce himself. But for how

this is really what he is trying to explain.

AUDIENCE: You don't have to bother yourself with explaining those things; you don't have to bother with it at all.

I suggest that we take the path that is more comfortable in relation to our society, our present state of civilization, and the laws that we are involved in there. In studying psychology the student must eventually make his own psychology. Study the works of many teachers and then contemplate what you have studied, and then create and inject your own thoughts that arise from your feelings over what you have studied. In this way you will be creating your own psychological path, the one that is more suited for you. I think this makes sense.

AUDIENCE: Study it in a moderate way-- I guess we may as well say in balance for we must maintain balance.

Yes. You see, in your Christian Bible it mentions that the man, Jesus, went down into hell for several days before He arose into heaven.

AUDIENCE. Yes.

In the study, you see, he took the occult path. He was so advanced in every way--emotionally, mentally, in every way--that He could do this safely. But, you see, He went down into hell and, as I said a little bit ago, on the occult path one must go down into hell before he can rise into heaven or a perfect state of mental balance; and it is a bitter, horrible experience that tears at the very foundation of your make-up, the human make-up.

AUDIENCE: But all these experiences are of the person's own making.

Quite so, quite so. But, in taking the occult path

you will find the hell of you; and you can't imagine the depth of depravity that this other side of you can sink into.

AUDIENCE: And the higher you go, the worse it is.

That is so...the higher you are to go, the deeper into hell you must go.

AUDIENCE: This applies to everyone, even Jesus, but this is not given to the laity to understand.

Exactly so, and it is well. If you think the world is a madhouse now, let us suppose it was for the masses to take up such practices.

AUDIENCE: It is known on the Tree of Life as the 'Qlippoth'.

Yes.

AUDIENCE: It is the plane below the physical. It is the bottom.

The bottom is right, and if you are not capable of handling this sort of thing you will go through that state called The Ring-Pass-Not beyond what is called the Ring Chaos, and into the pit of no return.

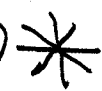
AUDIENCE: Where you are disintergrated and go into unmanifestation with no individuality.

No individuality. It is the true death, the true death that we bring our souls into--if I may use the word 'souls.' I think you understand what I mean by using that word.

AUDIENCE: Yes.

It is a good thing about nature, it seldom permits us to do more than we know how.

ANNIHILATION



counter laws. Would you not think so?

AUDIENCE: Yes. It seems that, at those moments, the person's consciousness is above the level of consciousness at which gravity is effective.

This is so. Now, regarding yourselves...I find among you not very many that are trying to discover the nature of their inner being. They are in a hurry. This is natural. This is always the approach of the beginner--impatience.

In taking the first step on the Path which we hope will enlighten us as to our inner nature, the first thing that happens to us is we become aware of the minute amount of time, relatively speaking, that we, as individuals have in which to learn in the physical world. It sometimes panics us and fills us with despair, especially when we look upon the endless road that seems to lie ahead of us. How many inches have I moved in 500,000 years? How many inches to my goal? I really do not know because I have not been able to see far enough ahead to see my goal. I know it is there, but just where? How many inches, how many yards? How many miles?

AUDIENCE: Something like going to the horizon, the farther you go the farther it is to the goal.

Yes, and you should be grateful for that.

AUDIENCE: Because if you ever got to it, that would be the end.

That would be IT! You would, as you Americans say, have had it!

AUDIENCE: It would be total extinction.

Many people think (and it is kind of them, because

they do not know the truth) they think that I, Yada, have attained knowledge of life in toto. Now, would I be coming here to communicate with you if I had?

AUDIENCE: Yada, when you ask that question, I wonder what could be greater than the service to mankind.

Of course. This is what I am coming for. This is my goal, and this man's goal. Service in love, which is simply understanding, service in understanding. This takes all before it, all the anxiousness, all the worries, out of me.

AUDIENCE: You can't stop being active in some form.

No, because if you do, you are dead.

AUDIENCE: Is there any greater action that you could be going through, other than what you are doing now?

Whatever I am doing at any one moment of my self-awareness, I am doing the greatest thing possible to do.

AUDIENCE: Then there is no one action greater than an other.

No.

AUDIENCE: Only becoming aware of what you are doing is the important thing.

Yes. Now there are certain things that one can become involved in that are more enlightening for that one than certain other things, and that is all. But as for the goal, the goal is in our immediate actions. The ultimate of our being is in 'now' actions.

Yada Di Shi'ite

It is very interesting to learn of the intricacies of man's life at large, and the extreme complexity of creation. Everything that can be seen (meaning form, matter in form) has its origin in what is called 'geometrical patterns' in, and formed by, the primary substance which is sometimes referred to by what is called Fohat.

AUDIENCE: That is the Theosophical term.

Yes. Now this is, as of course you know, a name, a label. Of course human beings must put labels and tags on everything. When a form is created, a label is put on it. But before this, the substance that creates that form, also gets a label. This is the only way man can intelligently catalog his learnings.

But, I think it is the smart man who knows there is a difference between that which is named and that which is not named--the Un-nameable. Knowing this, he no longer has reason to fight with meanings where names are concerned. He is no longer intrigued by ultimates. He knows he can learn only so much; he can go only so far in nameing. He knows that, unless he does catalog that which he learns, his learnings will be lost. Man is a cataloguer; and all because he has lost awareness that he was the originator of it all. When he came here he lost his awareness, as he does in most cases; and last, he forgets that he was an earthman when he leaves here.

Not everybody, by any means, has a memory of earth-life after he has been moved out of it. There is a kind of sleep that falls on most minds. After a short period of time you may say the post mortem state has come to an end. Now, this is good. Were it not so we would not be able to learn about the life we are going into, or the life we have come out of to come here to the physical world.

For one to know their origin is to live their knowing. This means they could not stay in the physical world. They could not stay in the astral world. For, what we know, we become. Is it not so?

Now, after we have reached a certain state of development then things take a change--conditions for us are changed. We can move freely from plane to plane and remember the planes we are on and the planes we are going to. We have memory patterns of how these conditions are. But for a man to live, a human being to live freely and completely on one particular plane, even the smartest, the most advanced in knowledge, largely shuts off his memory of the plane he has just come from. He has experienced it, experienced what he had to do while he was there. What would be gained by continued memory of that plane? What, indeed, is a plane but a state of consciousness? A state of consciousness that has been created, and is created, out of one's need. These needs have arisen out of attitudes toward experiences on that particular plane.

Many people who come to the physical world have no memory of having lived in a place called the 'astral world' or any other higher state of consciousness, or even of ever having lived on earth before. No memory of it! Yet they do have a kind of memory of it. That memory shows itself by what these people do here.

To take an example of what I mean: let us consider someone coming as a great musician; he has no memory of having lived on the earth before. Sometimes he does, but this is very rare. What seems to make him a genius in music is his compulsion, the unconscious drive to create music. You may take from him all the writings of music, you may put him in prison, you may deafen him--as you well know, there have been several great masters in music who were deaf--but this did not stop them. The only way you can stop such a person is to kill him. If he does not make music for the world he will lose his intelligence. He will become what is called 'insane.' Music is his life. It is his nature. He can do no other.

'running away,' escaping. We cannot do this because there is nowhere to go. The thought which bothers me can be gotten rid of nowhere. Everywhere I go that which I am is still with me. What is it that is with me? When I know, then I will know how to get away so that it will no longer pursue me.

AUDIENCE: If you stand and face it you will find that it is not so terrible as it seems.

Of course, of course. If one who is to become annointed, if he is to take his initiation, which he must do, he must face it without fear and he will discover, to his great joy, that it is not so painful as he thought. It is our fear of the unknown that causes us to run, either physically or mentally.

We who seek to know must come to the realization that we cannot be hurt, we cannot be harmed, that every experience we suffer is good for us. It furthers our education. It brings us to know what is, and knowing what is we automatically know what is not.

Now, does one who steps into a higher light wherein he has the understanding of the nature of his physical surroundings, does he try to stop what is going on there? Of course not. He sees what it is and, therefore, tries to rise above it. It no more touches him, but he sees that it is good for those who have not risen above it. It is a necessity for them.

AUDIENCE: A caterpillar must be a caterpillar before it can become a butterfly.

This is so. Would it be intelligent for one who has become a butterfly to look back and frown on the caterpillar or to be worried about being a cocoon? Can he look down on these states from which he has come and say, "Be no more. You are evil, you are not necessary. It is much better to be just a butterfly?" No. It is necessary. In order to become a butterfly

he must be a caterpillar and then a cocoon. He must go through these stages, so he pays no attention to these things he once was, whether a cocoon or a caterpillar. All his attention is centered on being a butterfly. In his short life he lives it so fully that he is not concerned about his departure from the butterfly state. He is not concerned with time. He lives only in actions, in motion. This makes him a wonderful being, a wonderfully whole being.

I think that man did not eat of the Tree of Life. He ate of the the Tree of Knowledge and then forgot which tree he ate from, because he shows so little understanding of the nature of life and his own being. Am I to do anything about it? No. It is right, it is good, and this is the way it is. How can we argue with that which is?

AUDIENCE: You can't argue that the cocoon stage is wrong.

No. Then again, the caterpillar stage has it caterpillar is-ness. No time did he argue about and say, "I wish I was a cocoon. I would be in a more beautiful state," or "I wish I was past my state of cocoonness and was now a butterfly." What a vanity!

One of your great bards says, "that life is of the stuff that dreams are made of." This is true only to the sleeper, the low emotional self who knows not. All is confusion for him because he is always seeking to be what he is not yet and forgets that he is in the process. In his forgetfulness of what he is, he suffers, for the emotional self never forgets. The emotional self, the ego self, has its mind so set on itself that it is not concerned about higher states of being. This is why it is so difficult to rise above that emotional self. It is a hypnotic state; it is an entranced state.

I have had people say to me, "Yada, so what? What is to be done about it? To know all this does not keep us from suffering." I say to them, "Do you

know all of this? You do not. You know it intellectually, yes. But you do not know it where you live it. That is knowing!

Knowing is being. The butterfly knows himself from what he does. This is his pleasure. This is butterfly consciousness. Now, if he thought he was something else from his low emotional desire, he could not become something else. He could not live his knowing. For instance: he could not have bee consciousness. Butterfly consciousness and bee consciousness are specialties. They are very circumscribed, perfect in their own states of consciousness.

The reason the human consciousness is so different than any other kind of consciousness is because it can think upon what it is doing. It can guide itself. It can assume a state of consciousness that is not human but animal, and various kinds of animals. It can think about doing a thing and then do it perhaps days, weeks, months, years later. Man is a creator, a designer. This is the nature of his consciousness, so he can be what he wants to be. His destiny is in his own hands. But, largely speaking, the greater number of human beings coming into the world have lost this control over their destiny. They have no conscious control over it so they must fight, struggle, to get on the way back.

You see, all this fighting, all this struggling comes under one name—experience. We humans are truly blessed above all other forms that life has gone through. There is only one life and it takes many forms...it creates centers to dwell in, in order to get experience. When it reaches the state of the human it is ready, at least ready to do what no other form can do--it can rise above the dream it has created, the external creation, and yet its form-self can continue to exist in it.

The man Jesus said, "I am in your world but I am not of it." Do you remember this? This is our lot. He was saying this for all human kind. Wonderful!

But your priestly system, whatever the denomination may be, is the same--it has never taught the people that you are divine beings. Oh, no. You are evil! You are bad! What does this do to a sleeping ego? It drives it mad. It drives it deeper into insanity. It is all right. I fear not. I have no anxious thoughts. Each one of us creators will find our way back home in due time.

For those of you who truly seek, one thing is important--that you try to think! Each day try to become a little more detached from your surroundings. Detached emotionally, I mean. Do not permit yourself to be tied up in your external picturing.

I think I will leave for a little while.

[Yada withdraws and returns after an intermission]

→ **MARK PROBERT**
And so I come back. While I was not in control of this man's body I listened to your talk, if you do not mind. It is called 'eavesdropping' and it is said that one who does this seldom hears anything good about themselves. But I was not being talked about, so that is all right.

I think I will begin by saying something about your talk on the man Jesus and His crucifixion--as to whether it was a literal experience or otherwise. In your present state of consciousness the knowledge of truth or not truth concerning this is not very important. As you mentioned, it does little more for us than to allow us to voice our opinions about what we feel. But, from another approach, an approach to you as sincere seekers of the Light, I first try to carry on a kind of debate, not an argumentative debate but a debate on whether or not this man, or such a man, was crucified. I do this because I seek your thoughts, your opinions, whatever they may be, on why you think he was crucified, or why you think he was not, and just what do you think he accomplished by it, by the sacrifice of

his physical structure, or what he failed to accomplish by it.

I think the point I would like to make clear with you on this is: What do you know about the ritual of the ancient mystical schools? You see to day no such schools exist. They have remnants of them, yes, but not as they once had them where they carried on very lengthy rituals. They do not have them today. They served their purpose in that period of time. It was in that period of time, in the years ...let us go back to the time of the man Jesus and the ancient Egyptian mystery schools and also the schools of Greece, the Hellenic schools and the Druids and the ancient Hebraic schools, and many others.

As we were speaking of several nights ago, the Persians created, really created, some very remarkable occult masters and these are also mentioned in your Christian Bible--the Magi. Now, in those times only were such schools possible, because there was a mental atmosphere, a mental and psychic atmosphere that was special at that period of time, or to those periods of time. These great intellects and masters of the wisdom were needed so much more than today. Man was worshipping the true gods of spirit. They had close rapport with the spiritual world. These conditions do not exist today.

Let us go up this way in time to what you call the eighteen hundreds, when spiritism, not spiritualism, but spiritism first sprang up in Europe and than later over here in your country. The men and women who became mediums, the greater number of them, were much greater in their ability to produce physical phenomena than any in your present time. I think you are aware of that. As we become more mechanical, we live this way. If we are truly spiritual, we live this way. It permeates the time, the atmosphere of the time. Nothing is manifested in one frame of time that belongs to another, and if one should arise, a condition should arise in one period

of time when it is not the proper time for it, it will appear as a freak and cannot last, and it produces very difficult contention. In those early Christian times, as you call them, there was stirring in man a realization that there was an existing power or force, or whatever you like to call it-- words are very inadequate for what existed at that time. *

The people were in dire need to come out of the animal state that they had been subjected to for so many hundreds, hundreds, hundreds of years by the leading controllers of the masses. They had become so chained by their state of being lost that they had become sickened with matter and what appeared to be its endless suffering. Reaching this state of awareness, they could not do anything about it themselves. They needed teachers. The need for these teachers became so apparent to some of the more advanced beings of that time that they created schools to train teachers that would go out and bring the people out of the bondage--not of their material life, but out of the bondage of their ignorance. If they once got out of this they would rise and rebel against their material masters.

However, as time went on, these schools were not needed. The members started to scatter to different parts of the world, creating their own schools, bringing the thoughts and teachings of their own particular school to the people of the particular nation they went to. But, unfortunately, some of these later teachers lost their feeling for what they had learned, lost their feeling for the spirit side of their being.

Now, one would not suppose that this would happen-- that such tremendously intelligent teachings would be what you call neglected for the glorifying of material gain, but it happened; and it was these that made the first little group that became what you call in China, Buddhistic priests. They formed an organization where they used the teachings of the one called Guatama Siddharta who became their point of holy worship, or the Buddha.

To some extent this took place in Persia, India, and in that group called the Druids, also those who became builders of temples called the synagogues. But, was this done purely by chance and the greed of some of the later teachers? No. This idea of creating temples was originally thought of as a means of reaching people--the laymind who had no knowledge of their inner nature--so they were given a kind of secondary story to enchant them, to attract them, to get their attention. There is no greater appeal to the sleeping mind than the verification of one's own ego.

Now, in the time of the man Jesus, in Egypt, there was an organization known as the Sanhedrian school. This was an organization of Hebrews, Jews--not the original Jews but the mixture, for the original Jews were black. The Sanhedrians were not black. They were, in part, Egyptians and a mixture of many other nationalities, but largely containing the Jewish blood, or Hebrew blood, I should say. This was a very cruel organization, an organization that became vastly wealthy by their greed and corruption of the nation that they originated in.

AUDIENCE: This was in Egypt, Yada?

Yes, in the time of the worship of the god Baal, a very cruel god. This spread into Africa, India, but not so much into China or Persia. Because of their will for material possessions, they hated, and taught against, and made it an offense punishable by death, to teach anything about the inner teachings of life and the spirit of man. Before this, the material phenomena that they were able to create were remarkable, wonderful, and natural. They took this to be natural, as did all of these mystical schools. But the Sanhedrians were created to corrupt these teachings, to destroy them and to destroy the teachers, mostly, when they could not murder them physically, by belittling them, denying their teachings.

Then came a man out of India... Now we come to a time that is seldom mentioned in any holy book. One

hundred years before any Christian book mentions Jesus, a man came up out of India, a man who had his basic learning in Persia. He was an adept, a great soul, one who was already off the wheel of life. He spoke many different languages but largely he spoke Aramaic. Sometimes he spoke in the Hebraic tongue, but mostly he spoke Aramaic. This man had his spiritual enlightenment in many, many schools, many mystical schools. He is recorded, the title given him is recorded and still is in one of the temples, or gupas, in Tibet.

In appearance this man was very tall, very strong, wonderful, beautiful build of body. He had not red hair, nor black hair. He was blonde with large blue eyes. His story, the story of his initiation, was stolen and in its place was created a story for the people. A story of murder which you could not have put past the members of the Sanhedrian school; but what they murdered was not a man's body but his reputation--in spirit, in truth. Of course one was nailed to the cross. One was murdered. One? Several who belonged to the inner teachings.

The story of the two thieves with which he was crucified...do you remember this story?

AUDIENCE: Comparable to the Tree of Life.

Yes, of course. These beings were murdered, these representations. They took actual men, living human beings and murdered them on crosses to demonstrate to the people that they must stop teaching of the inner truths, But no Master, no great Adept, was murdered. He would not have been allowed to offer himself as a sacrifice. A sacrifice to what? To a God? No, but to the emotions of the people. If the studies of the vast greatness of the human being are true, can you imagine one of these great teachers with great understanding of life, permitting himself to become, and so breaking the law, to become an object of pity to the blind, the illiterate, emotionally and morally? Of course not, of course not.

→ almost impossible task it is to tell another what you know if they are not ready. If they have not within them some little wakeful seed of awareness regarding their divine nature there is nothing that you or I

→ can do to give one this information. We stumbled on to, (accidentally) stumbled on to the knowledge of what is called matter. Now we must individually stumble back on to the knowledge that we are the creator of it.

We, I say, are the creator of matter. When I say this, the first thing they think of is that 'we' is the emotional self, that this is what I am referring to, the matter man. No. The matter man can never know that he is the Creator. It is the Spirit man that must come to this awareness, for all the matter man can become aware of is matter. All the Spirit man is aware of is Spirit. The moment that matter man and Spirit man become one, the moment the matter self loses itself in the spirit self, there is no further awareness of matter as such. We know what it is, right now. We know it is dream-substance and that we are the dreamer and we no longer doubt it. We know that the matter self must lose itself in the spirit self, or this can't be done.

Again, my world, to the lay consciousness that knows nothing about his divine nature, my world would mean nothing. Self seeks itself; and matter seeks itself. Neither have recognition of the other.

AUDIENCE: So the Spirit man and the matter man both live together in the same body but neither recognizes the other, and the job is to set up that recognition.

Yes, that is the crux, the crucial crux of all man's trouble, his sorrow, his despair. It is a riddle, a total unsolvable enigma to the matter mind, to the matter self.

However, this ignorance does not keep him from picturing creation as done by something greater than himself,

per se. Indeed, it has made him assume this. It has caused him, forced him, the sleeper, into the thought that there is something greater than himself. This has caused him to call his greater self by the title God, for man, among other things, created God.

Now, the statement of it is very simple, but the finding of this recognition is very difficult. Yet the difficulty lies only in one's inability to come out of their conditioned consciousness long enough so that they can recognize their higher consciousness, their Christ consciousness.

AUDIENCE: And yet, there seems to be a certain degree of communication between the two.

Yes, yes, while, at the same time, both are ignorant of one another. They are not denying; the low self is not denying the Christ; the Christ is not denying the matter-self. (They simply know no existing link of recognition between them.) Now, if we who admit that there is a Christ-self, if we know that this is the cause of Adam's adventures into the world of matter, that this is the cause of being lost, then we cannot fight with them about it. We cannot feel despair because we cannot make them see the link, or bridge, or that there are these links or bridges existing. We cannot do that.

The study of life, the seeking of the path, is an individual experience. The work is not to enlighten others. The work is to enlighten one's self. Then, if you are privileged to do this, to acquire your own enlightenment, and it is properly observed by others around you, they will get the light and will come to your light. But all the talking, all the preaching, all the arguments, are not going to bring another to his Christ Consciousness.

Now, you have often heard the expression made by your material scientists regarding man: The physicists

say man is Physical Man and that is all there is to him. The chemists say man is Chemical Man and that is all there is to him. The biologists say that all man is, is by his genes and chromosomes. All three of these people are right, right in regard to man's nature as a matter-being. The rightness is based on what we have just got through saying, that matter cannot recognize spirit. It has no way to do this. There is no measuring stick. You cannot take an abstract and measure a concrete, or vice versa.

Only spirit can recognize spirit. Only matter can measure matter. The only way this condition can be circumvented is by spirit itself shining its light on matter, on the matter-man so that the matter-man can see its shadow. Only a concrete can cast this shadow in the concrete world, but it takes the sun, or light, to create the shadow.

If man could not see his shadow, he could not ever know of the light. In seeing his shadow he does come to a realization that there is a greater state that exists for him; that if this state did not exist, he could not exist, matter-man could not exist.

This starts one who thinks, on the path to light, to finding the light and where it is coming from. This is the first great discovery of the human material consciousness. In making this discovery we take our first step into freedom.

To go back to what I said, that material man only sees his matter-self and yet he questions, "Where did I originate?" He is speaking about his material self. "Where did I, materially, originate? How did I get here to the matter world, to the Earth?"

He does not know (and for the most part, the greater number of people do not know) that the human being seeded himself here. There is no cradle of man on Earth. Man did not begin at any one point,

but over many areas at the same time. Some of the spores, of course, died or lost their physical form. Others lived for a time and, because of the environment in which they fell, made many adjustments to fit that environment. The ones that could not adjust or adapt themselves to changing environment, perished.

This Earth is truly a school, not only for humans but for (all) forms that have what is called 'conscious potential' in them. So we can go right down to stones and rocks. They have their own particular level of consciousness. When I say this I mean that the whole vast material world is an intelligent, living being. But only in man have the life forces that work through many, many forms, attained what you today call the 'human form'. Only in that form did man find what is called 'self-awareness'. Only then did he recognize that "I am I." He could say this and recognize the meaning of it.

It was in this state of consciousness, this state of awareness, that came to man the thought that this "I am I" is a shadow; there is something greater within. This is what set him on the path of seeking to see if his thoughts were true. Some of the paths he took were called by many names, some of which we have mentioned here tonight and at other times, which are the occult, metaphysical, yoga--all of these.

Now, what is the danger to be found in any and all of these paths? Exactly what are these dangers, for they are many and they act as pitfalls for the unwary. We must try not to charge in on any of these paths. We must try to walk cautiously, carefully, with much thought.

AUDIENCE: If the key lies in any one of these paths, then it is necessary for us to accept one of them, at least in this lifetime, to acquire this knowledge of our higher self. So, even though we must be cautious, we must start. (We would not have become aware of this, if we were not ready for it.)

ourselves, so another consciousness has to do that; one that has not such beliefs, such negative beliefs as this, has to take control of us. Now, sometimes this control is done on what is called the lowest level of the unconscious self. Understand?

AUDIENCE: Yes.

And there is very much direct communication wherein the sick person will suddenly say or think, "I feel much better." Now he had no such thought before. He was all negative. His energies were all down. He had no conscious belief that he could heal himself or that it was possible for him to get better. In fact, he had been told by his medical man that he could not get well, so he had his negative self down, as it were. Now he could do nothing for himself, so another consciousness of a more positive kind, a healthy consciousness could get in there and take control and start the process of healing without that one knowing that he had been worked upon by another consciousness.

AUDIENCE: Isn't that what they call 'the law of assumption?'

Yes.

AUDIENCE: But it can also be used negatively.

Of course. Many people are under the very false concept that one has to be dead, that the physical body has to be dead before they can take control of another person living in the physical body. This is so false.

We humans are constantly in communication, constantly in some degree of contact, of mental rapport with others, and distance has nothing whatsoever to do with it because distance is simply an assumption of the conditioned mind--that is all.

AUDIENCE: It seems then, Yada, that the main thing that stops us from doing this healing is the fact that we do not truly have confidence.

That is so.

AUDIENCE: We try, and we plan to do healing but we have a little doubt that we are able to do it and that little doubt stops us from throwing it into the subconscious mind and we do not get results.

This is so. When healing yourself, you have to break through this barrier of disbelief. And it is not simply a disbelief. It is not quite as simple as that expression may cause it to appear. It is a conditioned, a hypnotic conditioned state that we have to break through before the prayer, in the use of prayer, can stimulate our consciousness so as to move it out of the morass of the condition it has been given, what you, today, call the 'brainwashing' it has been given. Very difficult to do.

Every ailment has its origin in the emotional self. Every ailment is produced by lack of understanding our own being, by the belief that we are not loved and appreciated, which then creates a deep sense of frustration which then produces guilt, shame, unworthiness; and then, somewhere along this path of negativeness various glands are being affected because all of these negative conditions belong to the emotional self. And when these conditions come to us, when they become set in us, they cause changes in the motion, in the flow of the energies of the body, the nerves, glands, muscles, tendons, and the blood. Anxiety creates very definite changes in the motions of the blood because it creates chemical changes there. These chemical changes then produce a variety of blood ailments including that which is called high blood pressure.

AUDIENCE: And we can use that same thing to build up our psychic faculties.

Yes. Reverse it. Take it back to a positive state. Now you have heard these expressions so many times in your world; tons and tons of writing have been done on what is called 'a positive state of being,' but very

little useful work has been done with these teachings because the reader as well as the authors have not given a very clear explanation of what they are trying to say. They have not gone into it in detail. They talk on negative actions for one, negative conditions. They do not go through the process and tell how this is. Certainly, if we create negative conditions in the body, if we create disease in the body with negative thoughts we create external negative conditions which produce for us what one calls ill luck, bad luck, misfortune; or, good fortune if positively approached with a positive understanding of what we are to do.

A negative thought is a kind of brake, if I may use that expression, a brake upon motion. It slows it down. It slows down our desire to move in a more concise and positive way. It destroys our intelligence. It leaves us shrinking and lacking in the desire to move, so to that extent it produces for us bad luck, misfortune.

To be constantly creative means you are not afraid. You know in your mind there is a possibility of failure but this does not frighten you any longer because you are thinking in healthy mind. So you are not actually thinking of failing--only of success.

Now let us assume that with this kind of thinking, an endeavor of yours goes amiss; you do not get, or you do not hit what you are aiming at. You are prepared for this. You are prepared, how? To assert that you are responsible in some way. The mistake you made was due to lack of complete understanding of what you were after. Now, if this is so and you accept this thought, this means that you are capable of rectifying that mistake and succeeding anyway. Do I make this clear, please?

You see, my friends, there is no move that the human can make, with the thought of attaining success, that he can attain with a negative feeling toward that move; an inner feeling that he will not be a success. How can he attain success with that kind of feeling? And what causes him to think this negative way about his

efforts? Fear. The basic cause of all failure is fear.

In your Bible the man Jesus said "Physician, heal thyself." He was not talking to a doctor-man. He was talking to an educated man, one who understood the laws of life but who feared to put his understanding into action. So the man Jesus said, "Come please," like you Americans would say, "Wake up. Do what you know you can do. Get out of that morass of fear and heal yourself. Do your own work."

Fear always puts a brake upon us, slows us down, denies us the conscious right to declare that we are the creator. We think we are only the destroyer because there are two, you know. There cannot be creation without destruction. Nothing is eternally and forever as it was in the beginning. There is constant change. The moment we make a move, the moment we are born from one plane to another, whether it is in the physical or any other plane, we take with us the ability to create and the ability to destroy. Now, if we are not careful, we can take that destructive seed in ourselves and expand upon it by fear.

[Yada withdraws and returns after an intermission.]

Now, to talk a little bit on what I was saying earlier regarding man and his constant and natural communication with his fellowman mentally, what is called 'telepathically.' If we understood this better, I mean those in your time understood this better, that this sort of mental activity is going on constantly between all humankind, I think it would be seen very clearly that we do infect one another with our thoughts. We can make what are normally and naturally communicable diseases, incommunicable diseases, by our thoughts and our emotional attitudes to what we are experiencing. We take diseases that do not rightly belong to us by suggestion, by the power of suggestion.

Your advertising agencies of your various drugs and other things should make this quite plain to you. This is why some of your modern ways of advertising drugs for ailments, the advertising for getting more money for investigating diseases is a dangerous practice, for you are giving ailments to people by suggestion. The activity of the advertiser gives suggestions which then create a strong tendency

↓ ↓ ↓
to a disease which then may become an organic condition. But, you see, you have not been taught in your world the true power of suggestion. If you are not taught this, you are also not taught how to avoid being affected by another's negative thoughts.

Watch a drama. Watch the audience and their emotional reactions to what is happening to the characters in the drama. It is said a good actor can sway the audience, meaning that it will follow and absorb his emotional reactions to the experience that he is supposed to be going through on the stage.

AUDIENCE: You live through it with him.

That is so. Now this happens in the drama of life all the time, all the time. Mothers and fathers infect their children with their thoughts and feelings about certain things. A child is taught that if he gets wet with the rain it follows that he must also catch cold, get a low grade infection. Anger between parents where the child is present gives the child the idea that this is the way to respond to difficult problems that exist between the parents; soon the child is acting out these highly emotional levels of the parents. Also it breeds within them [the child] feelings of fear and insecurity, and uncertainty as to the intelligence of the parents.

We send our thoughts to those we love miles, and miles, and miles from us. We send our thoughts of sickness [and] despair, as well as joy and happiness and peace of mind. We have direct communication going on all the time between human minds. It is like one spraying germs on the earth. We spray our thoughts at one another.

An epidemic IS THOUGHT is POWER! It is not in the germ per se, but in the fear that spread among the people. In an epidemic many people die who have not suffered germ contact but they have created a mental condition that is just as fatal. Thought does not originate in the brain; but the brain takes thought, receives it, catalogs it and passes it on in nerve energy, nerve impulses, different sensations to different organs of the body. Fear

or sudden fright makes a direct impact upon what is called the adrenalin glands. The adrenalin glands react by throwing given amounts of adrenalin into the blood, into the system to strengthen the heart, but sometimes, when one does not get into the proper amount of motion to use up this adrenalin, a heart attack results. Many people in things such as quakes, sudden quakes, have died without having been touched by any physical thing. Fear, and fear alone, had killed them. [At this point there was heard the sound of a distant explosion]

Explosion!

AUDIENCE: I wonder where it was. There was one in Los Angeles night before last that broke some windows. They blamed it on a plane that was eight miles up.

This is not always true. Sometimes you get what is called percussion from the sound, or sonic activity created by the fast-moving planes, but there are others that very few people in your world of science seem to know about. Certain forms of matter get together and create what is called implosions instead of explosions. Their sudden motion in coming together creates a kind of vacuum condition for a little while, then a second motion. You understand? And then this gives way, causing a big noise. Coming together like this creates a vacuum, then when it lets go, matter rushing back into the vacuum creates the sound. Do I make myself clear, please?

AUDIENCE: Yes. It is like a whirlpool. It will create a hole in water and when it breaks the water rushes back into the hole.

Yes. There are more noises in your sky from implosions than anything else.

AUDIENCE: Yada, some scientists have come up with the theory that the earth rings like a bell.

SONIC BOOMS

there are forces of which the lay individual is not aware that move things. Not wind, but natural forces that displace things, puts them in different places than they were in before. There is much in your world written about the strangeness of certain kinds of fish falling in certain cases. Now is the wind some kind of intelligence that makes a choice as to what kind of fish, taking only a very specific kind of fish? This is foolish!

• AUDIENCE: Do you remember when we had the surge of water hoses disappearing down into the ground, and they could not pull them back out even by attaching an automobile and pulling on them?

Sometimes these forces, and I say this to you in all sincerity, sometimes these forces are of a poltergeistic nature, playful but with no real desire, no purpose back of what they are doing except to amuse themselves. They are of a kind of child-like nature, the forces that may be called 'elementals.'

AUDIENCE: Could this have been what happened in the case of the hose?

SHC

Yes, and many fires in the great forests are started in this way, by these beings, fire elementals.

Now, these things are not understood in your world. Your scientists do not pay any attention, do not give any thought to these things outside of saying or thinking that this is imaginary and superstitious belief. It is all right if people want to think this way, then they will not learn anything because they think they already know the answer--like the man speaking of the rocks being moved by the wind, like the people, many people who had not witnessed the space beings coming to your earth, imagined all kinds of foolish and highly unintelligent things regarding what these space-beings were.

AUDIENCE: Do you think the hierarchy of our

government really knows that they exist and are not admitting it, Yada?

No, I do not. Some of the men in your government, of course, especially service people, head service people, they know that the phenomena of the flying people from outer space [exist], yes, they know, but they do not know what they are.

AUDIENCE: Do you recall that when we were in San Francisco, Mr. Layne contacted Mark and wanted to know why this individual who belonged to President Eisenhower's group that had gone down to Palm Springs, a group of them went over to Murdoc Field and what they saw made some of them sick?

Yes, but I am of the opinion that this is just a story.

AUDIENCE: Then this didn't happen at all?

I do not think so, I do not think so.

AUDIENCE: Was the flying saucer over there at the field?

Yes, and in your Washington, your capital. These things flew over and over that city many times, witnessed by the top men of your government. But they still do not know what they are; they did not know their nature. Do you suppose for a moment that if they did--and the stories of some people who claim they have gone to the moon or to other planets in these flying saucers are true--that your government would leave these people free? No. Your government would lock them up. If they were left to move around at all they would have a constant guard over them, if they had any real information of use. Your scientists, your top men in physics, in chemistry, would need these people. They could not afford to let them go. Some other nation might steal them, kidnap them. But, you see, what these people say may be true; if the leaders of your government believed this, they would not be

→ and so they do things because they see the need to be done, and they do not involve their emotions in what they are doing.

AUDIENCE: Do they have the same attitude toward others of their kind?

Yes.

AUDIENCE: Yada, about these flecks that Carpenter said looked like snow-flakes...he said he noticed quite a shower of them when he hit the side of the capsule.

Yes, it is very possible; because these things are not all from the surface of his capsule but are pieces of matter, energized matter in space, and they are energized and activated by what you call 'radiation' that is in space--not only radiation from the sun but radiation that is in space itself, coming from most distant suns and bodies.

It is said in your Christian Bible that there were two trees in the Garden of Eden. One, it is said, was the Tree of Life, and the other was the Tree of Knowledge. Now it appears that man ate of the fruit of the Tree of Knowledge, not of the Tree of Life.

I do not believe this. He ate of the Tree of Life. He forgot to eat of the Tree of Knowledge. That is why he, largely, is so ignorant. Had he eaten of the Tree of Knowledge he would know all the facts of life and he would know what life is like, so he would not have needed to eat of the Tree of Life. I believe he did do that--he neglected to eat of the Tree of Knowledge that would tell him what his nature was so that he would know today why he is going into space. He would know what the end result would be of his going into space so he would know how to do it without all this struggle.

But you go back into the history of man. He is, by

his own nature, a creator. This means that he is, by his own nature, a curious being. The only way he can learn is by trying, by experimentation, by testing.

We go back to the time when you were having the great western movement...not knowing anything about mechanics, and therefore nothing about machines, motors (he had not yet invented a car, a wagon driven by a motor) so he had to take the hard way to cross the country. This involved him in many, many difficulties and deprivations that he would not have had to suffer had he waited until he became smart enough to create a motor-driven wagon. Now you can imagine crossing your country today in those wagons that they crossed in, in those times.

Everything that comes to man, comes in a given time-frame; a time-frame in which he has the knowledge to produce these things. We cannot produce that of which we know nothing about, so you must have the knowledge first.

Now you are going into space in the same manner. Your older generations crossed your country in the wagons, what you call 'the covered wagons,' or on horseback. You are trying to push yourself into space. You have machines which you build up to create tremendous forces to push against the gravity which exists. But there will come a time when this will be unnecessary. You will do much like what is called the 'space people' do. You will learn to move with gravity. You will learn how to tap various lines of gravity, for gravity forces move in a variety of lines.

AUDIENCE: It will do away with the friction that we have now?

This is so, for you will not need to build up such tremendous pressures to push against it. You will learn how to go with certain lines of gravity that will send you spinning into space. Then will come a time when you will not do that, but something better.

You will learn that space is also what is called 'dimensional', so that you can set your machines into a

Yes, yes. I watched this man [Mark Probert] experience certain things in there, and his wife, that I expected would happen to them. It may not happen, however, to people of a less sensitive nature. Also this man, when he went into the field there, this vortex field, he was getting in the mouth the taste of iron.

AUDIENCE: He felt the rotating motion much stronger than I. I had this metallic taste in my mouth but it was only when I was trying to steady him that we both spun.

Yes, I witnessed this. Now, going back into space..... this is going to change the entire Earth-man, the entire man, his pattern of thought in regard to almost everything, in almost every field of endeavor, in almost every kind of belief.

AUDIENCE: I imagine it will change his personality a great deal.

Oh, very much, very much because he is getting a different feeling for life. He feels very clearly, more vividly. He will comprehend better. He will, in short, see through the veil that has been over his eyes for so long.

AUDIENCE: Maybe he will honor himself more.

Well, this is a question which will come up for debate sometime, no doubt. Man's morals do not, of themselves, change. What changes is his degree of sanity. I foresee a time when man will be re-building many more houses of education and less houses of adoration. Then his education will give him an intelligent attitude toward things. He will get to know them and love them, which means understand them, so that he does not need to give adoration. There is a long-thought-of thing in your world called 'a time machine' in which one could be put and transported either into the future, or into the past.

AUDIENCE: Man is experimenting with that now, isn't he?

Yes, but he will discover that there is no transporting

one, but a change of awareness takes place. The speed of the body parts will change and this will give him a feeling that his surroundings have changed, so he will get the feeling that he is in a different location than he was in before. This, of course, will put him in that location.

AUDIENCE: Will he be making comparisons or will he just feel differently than we do now?

He will feel differently. You want to go, let us say, the distance of from one city to another. You can be there in a moment. A 'time machine'--I do not think that is a good word, I think a better word would be a 'consciousness machine,' a change in relation to your form with some other form.

What makes you think you are traveling when you are doing what you call 'traveling'? Changes in feelings about objects that are passing or coming within some relative nearness to you. 'Space' you call it. Beyond your Earth you call it 'outer space.' Does this not suggest dimension? Inner space, outer space. Yet, by its nature, the matter world does occupy what is called space. But space is not something different than matter; there is no separate forming. Therefore, there is no such thing as a complete vacuum. If there is but one particle, however small, in a vacuum, the vacuum is full. There is no vacuum. Is it not so?

AUDIENCE: Yes, because of that one small particle it does not fulfill the definition of a vacuum.

Yes. Also, in space there is a great chance for what is called 'severe dehydration.' This means you are going to make your machines hermetically sealed; otherwise your bodies would suffer dehydration. You will also poison yourselves with your own breath unless you carry some kind of living substance there to produce what you call oxygen.

AUDIENCE: You have mentioned this before.

Yes, you will hear from these before you go to them.

AUDIENCE: Yada, you spoke of going faster than light. In Dr. Drown's method of therapy, she made the statement that this force goes around the Earth seven times per second. I think she said that it travels at the rate of 345,000 miles per second which is about twice the speed of light. Evidently that is a different grade of ether than that which carries light from the sun to us.

It is, it is. More, remember that when radiation comes from the sun it is moving through a fairly good vacuum and so it is moving at different rates of speed. Also remember that these light rays are being affected on their journey, being retarded or speeded up according to the planetary bodies they are in approximation with in space. What is making light on your Earth is simply the diffraction activity of energies coming from the sun. Is it not so?

AUDIENCE: Yes, because there is no light between here and the sun. It is only when the vibration gets within the sphere of influence of the Earth that it turns into light.

That is so.

AUDIENCE: It is as the Bible says, "Light was created. Darkness was formed. ...but light was created."

Yes. It was created when it hit an atmosphere of some kind. All the creation of your Earth went on in darkness; came out of darkness; yet it was a darkness that was itself light because there is no such thing as complete and total darkness or absence of light, but there are degrees of light. In outer space you have what seems to be utter darkness, but you see, this could not be; and if it were, light could not get through it.

AUDIENCE: If there was no light, how could we see the darkness?

This is so. Now, where is man going from here? He is going in many directions. Scientifically, esthetically, he is going in many directions.

Your world is not open for destruction for a great deal of time yet, and not by man. There is much work to be done right here, so this means your planet is needed. Of course, every so many years there will be a certain number and kind of people that predict destruction to the Earth. These people suffer from guilt complexes and shame feelings, and they want to be punished; they want to drag everyone else along into their feeling of guilt and the desire for punishment. Never listen to them. Their talk is foolish.

AUDIENCE: I would like to ask you something, Yada, pertaining to our country. It seems that we have to go through a certain amount of pain in order to learn things so we can advance. It seems that now, in our country, we must, for some reason, be put under the shadow of a certain religious force; yet this country is supposed to be the country that holds the Light of Truth for the rest of the world, so this seems to be some sort of lesson we, or the United States, must learn.

That particular religious force is a negative force, but it is the kind of force that makes man become more aware.

Always opposing forces make us stronger. If we had no difficulties, no opposition to our motions, we would soon not be able to move because we would have nothing to move against. Of course this religious organization will go down.

Now this does not mean that man will have nothing

the laws of nature. The word nature means very little, but to keep the laws of that which is, will keep us out of the not-ness of life.

All through the ages the sages have said the world of matter is the world of illusion. This does not mean that the world, as such, does not exist. It simply means that it is a sensory world and it is through the senses that we hallucinate an existing condition. The basic condition is surely not to be hallucinated simply because--and in your world today you are very aware of this--it is a world of energy and you, by your senses, make it into surfaces and feel that it has an existence in itself. This makes you at one with your creation. It gives you the feeling that you are matter and that matter is, somehow or other, static, without motion. But the building-blocks of this are moving at certain vibrations and numbers of vibrations, and creating in your sensory self the illusion of a static condition, no motion.

But for us who come to live in the physical world, we do not fight it; we do not question that which appears to be the existing world. We take what our senses tell us to be so and so, and we go along with it.

But we also want to know, a side of us wants to know, what is the nature of the underlying structure that gives us this illusionary state, or makes the senses accept what appears to be the true nature of existence. Why does the surface world look and feel as it does? Those of us who truly want to, do come to know. Now, we who come to know have no desire to change the world we are in, for we know that (it will change only according to the degree that we, individually, change.)

For a period of time (depending on the nature of the individual experiencing the physical life) we live mostly on the emotional side, largely because we have been conditioned to live this way; the emotional self has been so conditioned.

Strangely, some of us reach a point of desperation with

our material world. It is not enough for us. There is something that seems to be lacking and that something lacking puts us in a state of confusion and we come to do all manner of strange things--strange by the laws that are set down in your social system, things that are against these laws. Only when our confusion reaches a certain level are we likely to stop and think, are we likely to calm the emotional self and to set it aside a little more than we have been doing and try to look at ourselves, try to find some reasonable purpose in our confusion. Only then do we begin to see truth. Only then will we begin to see the world as it is and not as we have been wishing it to be.

In our confusion we have wanted to change our external life, to change the external world. The emotional self says to us that not only the sensing is wrong with it, but everything is wrong with it. This feeling often drives one to go about proselytizing his particular or her particular belief--and almost always our low emotional self has beliefs that are far from being right; nevertheless we want to change according to the low self's new feelings. It does not know it is in confusion still. But when we come into the light of understanding and get to know ourselves then we get to know the outer world and then we see the wisdom of leaving things alone.

Nothing is wrong. Everything is in its time and place. Where do we go from here? Man moves according to the way he feels, mostly, and not according to the way he thinks. Our growth depends on the way we have accepted our experiences in whatever environment we happen to be existing in.

Coming into the next step of life from the physical...if we have been caught up only in the illusionary life we will carry the patterns of our illusions with us. Not only will we want to change things but we will want to continue with our beliefs. Now, how can you do this? How can you continue with your own beliefs and still want to change things? This is a kind of schizophrenic

This is very necessary, that we make ourselves clear to one another. Teaching is a most marvelous thing but if the teacher fails to make himself clear he has gained nothing for himself nor for his pupil. Truly I cannot accept the thought that I am a teacher without, at the same time, regarding myself as a pupil.

Everything is experience. We die only when we resist the will to learn. Our death is called 'ignorance'. May I ask you please, what is the difference between the meanings of the words 'innocent' and 'ignorant'?

AUDIENCE: Innocent is something for which you are not responsible, and ignorance is not knowing.

Unfortunately, however, the natural laws are not concerned about whether one is a child or an adult in what they do. A child can, by some small chance shall I say, drink poison and the fact that the child does not know this, is not aware of this, will not keep those chemicals from killing his physical body. Or, if the child has explosives and uses them in a way they are not accustomed to, they are going to act according to their nature and they are going to kill that child. They do not care that this is a baby or innocent one.

AUDIENCE: Nature does not have any reward or punishment. It is a matter of consequences.

Exactly so, and this runs as true for the baby as for an adult, or as it does for anything in nature. Now, knowing this, cause and effect, that these laws exist, should we not stop and think about what we are doing at all times before we do those things? Because who knows the laws of life so well that they can jump into any form of motion or action thoughtlessly and escape reaction--good, bad, or indifferent as we may think it to be? No one knows that much. That which is has no emotional attitudes about anything. Laws cannot act one way for an innocent man and another way for one who knows.

If one wants a peaceful life where the mind is at rest, a life where one is not asleep to their external world and, therefore, a double threat to themselves, there is only one way to acquire this state of mind and that is by learning, knowing what you are. What are you made up of? You are made up of experiences, in part, but your deeper nature comes from attitudes to your experiences. We have often felt that an experience neither harms nor does anyone any good. Basically it is our attitudes toward what we experience that gives us peace of mind or leaves us in chaos.

Many people, upon first learning that human consciousness and personality survive the death of the body, begin to feel that the external world is a place to escape from. This desire, when it comes upon one, should awaken them to the fact that they do not know what they think they know. They only believe because they have been told, not because they know.

Most of the things that man believes in are of a nature called 'pretty'. They are fables, fanciful stories and very pretty. This causes one to lose his ability to think. His belief world is so wonderful that he gets caught up in it emotionally. He gets caught up in it and does not want to get out. He does not even know that it is his own emotional creation.

A belief is for the emotional, not for the thinker. Man must know. Intelligent man must know! He cannot live on beliefs! It is said in your world, "A man must have faith." Faith, yes, but not blind faith... but faith brought out of experience and thoughtful attitudes toward experiences.

AUDIENCE: Is there anything man can have faith in, outside of himself?

For those who listen and do not think, but listen and accept what others tell them, they create a life of negativeness for themselves which brings them more suffering, more anxiety.

say spirit. What is spirit? We say mind. What do we MEAN BY THESE WORDS? What is the nature of the activities these labels are put upon? You see it is important to try to get an answer to these questions before we can find what is the cause of certain kinds of activity in your physical world.

AUDIENCE: We were talking of hare-lips.

This, of course, is inherited; this is a fissure in the cells, a cellar weakness, a break.

AUDIENCE: It seems that this is more prevalent in some countries than in others. Over in Laos it seems that hare-lips are rather...

This is a cell condition of these people. It is a cell weakness in a race of people, or a tribe of people. This becomes more prevalent in races due to intermarriage.

AUDIENCE: Years ago it was quite common for a baby to be tongue-tied. There was so little flexibility of the skin under the tongue that the tongue could not move freely and speech was impaired.

Do these things happen for no reason? It is a weakness of the cells, a break, or fissure, or condition of the cells. But did it start out of nothing? No. It started out of certain mental attitudes to experiences somewhere. Somewhere the mental self was so impressed that it again produced the same conditions in the cells of another person.

AUDIENCE: Could this happen by means of a mass pattern? Could it have been caused by the young one being told to be quiet?

No, it is something much more vital than that, something with a much greater impact, and it may have been started by an intentional deforming in certain tribes of people, a deforming of the mouth in some way and the mental pattern then is carried over and passed on to other tribes and races of people by marriage, and all that sort of thing.

Let us go to the Ubangi people. They deformed their women, not because they thought that this was beautiful, but because other tribes admired their women and would raid them and take their women away. So to stop this, they performed this splitting of the lip and enlarging the lip. Now this can be so marked in the minds of these people that they can, in time, produce children with lips formed this way, or with some looseness and flabbiness and all this.

I say to you in all sincerity: There is no experience that any living organism has that it does not record, and tend to reproduce at some other period of time. I say that all created things come from the Great Mind. what you call Cosmic Consciousness.

Let us say, a certain individual has a particular kind of body or certain markings on the body; as these are admired or desired, the impressions of these markings are slowly impressed upon the genes and chromosomes of this race of people, and are slowly passed down from generation to generation and finally begins to show itself.

How do things change? Out of what? Out of the need found in the environment. If we go to the sea, we see things coming out of the sea. They want to live on the land. But they find they cannot survive for any length of time, so they make a change. Then each time they come they stay a little longer. They reproduce the conditions first in their mind and feeling for their environment. Their environment demands that they produce feet of some kind so as to survive on the land. Also there is a great need for something called 'lungs' to survive in the less dense atmosphere. One must have a different kind of breathing apparatus. It is first created in the psyche. We have a thought, an idea due to a feeling for what is needed. Isn't that wonderful? Isn't it marvelous? A feeling gives what was once a breathing-in-the-water-beings, lungs. Before it had gills; now it has lungs.

The porpoise is very smart. Very smart. Due to long

Yada di Shi'ite: Thank you for distracting Mark's mind, so we could get in. Too much silence, and then he gets himself "fixed" and cannot break the tie with the physical world in his consciousness, and we cannot get through.

Aud: He was very intellectual tonight. You would have been proud.

Yada: We have been hoping, for some time now, that Mark would speak for himself; speak about life in his way and not give it all to us.

Aud: I think he is doing this more and more.

Aud: Yada, did you hear what he asked tonight at dinner?

Yada: Yes, of course.

Aud: Which one will we hear first?

Yada: Would you like your boring friend, Professor Alfred Luntz?

Aud: Serves me right.

Yada: So I will withdraw, but I want to stand by to see if he really can put anybody to sleep. He is a very wonderful being, on the road to learning, like you. But always he must be given his own time to learn in; otherwise, he will not learn very well. It is the same with yourselves, if you would give yourself time; do not get in a hurry. You are not going anywhere, anyhow. And you know, my friends, you have more time than anything else, to do everything you have to do.

I will come back and talk later again. Please to pardon me.

Prof. Luntz: How do you do! I am Professor Alfred Luntz. It is my pleasure to be here, and this is the first time I have been in this home, eh? I think you have heard me talk before, eh?

Aud: Yes, just one tape. You were very profound and very interesting.

Prof: Thank you very much. Yes, but somehow or other, I do not feel profound. I feel very, very shallow. The water of intelligence, of wisdom, of knowledge which I am in, is only deep enough for me to wade in up to my ankles perhaps. But I can't complain. That's better than no water at all, eh?

To all of you my friends, I greet you, it is a marvelous feeling to be able to come here. To be able to come to the earth this way, gives me practice for the time I will come back here as a baby. We all need practice. As you know, I am hoping to be an architect. Is that too much, sirs?

Aud: I wish you luck. It is a changing field. The room for personal expression has changed a great deal from the architecture you had in 1812.

Prof.: Ghastly! Observe this, all things change by the changing of feeling in the minds of the individuals who come in any particular period of time, any era. They come at a time when these things can be understood better, and so they produce in a better manner, in every field.

Every age has its own creations, the creations that are not seen at any previous time and will not be seen at any future time. Everything belongs to its own particular time frame, and if any of you desire to counter that or disqualify it, go ahead.

Aud: Are there set time frames for different types of things?

Prof: Yes, set up as a feeling. And, as an individual comes into that particular frame of time, he gets those feelings. He walks in them and they impress him; he becomes sensitive to them.

Perhaps I could make that a bit clearer by comparing it with, for example, certain parts of the world. There are centers which are more conducive for artists and writers or other creative people, than other parts of the world. People have been going to these centers for years on end, and leaving their creative thoughts at those centers. So other sensitive persons coming into those centers, immediately become communicative with those memory patterns left there. There is all kinds of haunting going on, on the earth, some good, some bad, some indifferent, but all, very necessary for a whole variety of individuals. We are all different, thank the Good Lord for that! Does that upset you, my saying, "Thank the Lord?"

Aud: Yada has taught us to say, "It's your dream".

Prof: Jolly for him, it is.

Coming back to the earth, may seem to some who have had a painful life on earth, they naturally would want to get away from it. They seek no return engagements, as it were. And, when they hear of someone else's death, they relate their experiences

"Now, do you object to this?"

R.: "No."

Yada: "The whole universe is a living universe. Everything in it is safe where it is, no matter where. Everything is going thru an experience. An experience in form an experience with form. When I say 'everything,' I mean the ONE THING called 'consciousness,' called 'mind,' called 'self-awareness.' The I AM consciousness manifests in endless varieties of form."

A.P.: "I am that; I am that; I am THAT---."

Yada: "This is so. Everything is formed, every life that takes on form cause that one to say 'I AM,' then it adds, 'tree,' 'animal,' or let us say, 'plant,' 'man,' 'fish,' 'fowl,' It is saying 'I AM THAT, I AM THE REALITY.' What is reality? The form at the moment, the experience of the moment, THAT I AM. Where do I exist but in the moment? What can happen to me, consciousness in my moment of expression? Nothing. Nothing that can be called dangerous. Just an experience."

"Now, if we come to understand this, we will know this is an experience. It is not good nor is it evil, It is simply giving to me, consciousness a fuller awareness of my I AM-NESS, and that is all. That is all as far as the experience goes, but there is a learning what we are in our experience and we get this learning by our ability to take attitudes toward our experiences in a balanced way, in a wakeful way, a more detached way, a more intelligent way. Everything passes. The only set and unchangeable law is CHANGE."

R.: "Even that varies."

Yada: "There is an endless variation in the changes, yes. A static condition is only static in its time-frame, and it is not going to change until that time changes and it is not going to happen until that time. Time is a feeling a feeling of what I am in my moment of experience, and I, the creator of the experience, if I feel what is called the 'well-beingness' of my experience. contentment, peace of mind, I am going to try to stretch that time in which I am having that experience. I am going to try to extend it, to prolong it to keep it as much a static condition as I possibly can. But, if I do not it, speaking emotionally now, I am going to change it right away. Its too full. I do not want to hold on to it. I do not see that, even in pain, I am learning something of great value. I am only concerned with the monotony of

"I have heard much talk in your world from various races of people, about re-birth, reincarnation. Some, and perhaps most particularly the East Indians, believe that the human being can, and often does, come back as an animal of some kind. That is why they have sacred cows, because they believe that the cow, the cow-body, is ensouled with the spirit of some saint. It is also why they live in filth and vermin with no, at least outward, concern over this state. It leads them to ignore filth and, thereby, suffer from filth. Syphilis originally started from man's sexual relationship with animals and lack of sanitation, the lack of knowledge of hygiene. Many tribes of people, even today, do not associate sexual relations with the birth of a baby. The result of this ignorance is their permitting themselves sexual relations with any living organism that can produce sexual pleasure in them.

REGRESSION

"Now, regarding the human being, or the consciousness that has, through the process of evolution, created what we now call the human form. It can, under certain conditions, regress and find itself back in the body of a vicious animal. But this only likely to take place if one, in repeated lifetimes, resorts to pure pleasure through animal desires, producing such actions as sadism and masochism.

"Now even the most vicious animal does not know it is being vicious. It has no awareness that there is a more intelligent way to act than the way it is acting. For instance, the black leopard is a very vicious beast. It kills for pleasure, for the joy it gets from it. And there are certainly some kinds of human beings who have practiced this kind of thing, and they get a picture in their minds whereby (they can no longer practice their viciousness while in the human form;) it destroys their ability to think about the human form, so they slowly degenerate and eventually find themselves back in the animal form of what you call the four-legged animals, thus getting more in rapport with the feeling of viciousness they had while in that body. Do I make this clear, please?"

Irene: "Yes, the mind creates a body that will enable it to express itself in a more vicious manner in which it desires to act."

Yada: "Coming back into the physical world we make our own body, seeking out as father and mother on earth those who have tendencies like our own. A child who is born through low emotional people--what you call 'savages'--into savage masses, is seeking that kind of experience. He wants it; he needs it. It is his creativeness within himself.

MARK PROBERT - INNER CIRCLE

#7-12

Luntz: "That is so. The higher you are to go, the deeper into hell you must go."

LaB. "This applies to everyone, even Jesus, but this is not given to the laity to understand."

Luntz: "Exactly so, and it is well. If you think the world is a madhouse now, let us suppose it was for the masses to take up such practices."

R.: "It is known on the Tree of Life as the 'Qlippoth.'"

Luntz: "Yes."

R.: "It is the plane below the physical. It is the bottom."

Luntz: "The bottom is right, and if you are not capable of handling this sort of thing you will go through that state called 'The Ring-Pass-Not' beyond what is called the 'Ring Chaos,' and into the pit of no return."

R.: "Where you are disintegrated and go into unmanifestation with no individuality."

Luntz: "No individuality. It is the true death, the true death that we bring our souls into, if I may use the word 'souls.' I think you understand what I mean by using that word."

R.: "Yes."

Luntz: "It is a good thing about nature, (it seldom permits us to do more than we know how.)"

(Professor Luntz withdraws and, after an intermission, Yada takes control)

Yada: "I was listening with great interest to the dissertation on the metaphysical, the occult and all such subjects given by my colleague, Professor Alfred Luntz, and I thought, in the asking of the questions that you asked of him, that perhaps I could do a little bit different than what he would give, and so I have come to take his place. It is, perhaps, presumptuous of me to think that I can do better than someone else, but one must presume. If one is going to try to express oneself, one must presume one can."

Irene: "We would become stagnant if we didn't."

Yada: "There must be some 'jumping-off place' as it were and if we are going to learn anything we must, in our minds, know that we can."

"Now let us first go to what my colleague, Prof. Luntz was talking about, the occult path. Of course, like you say, the occult path is largely given to

ANNIHILATION

just as quickly if it is misused, especially through the unthinking use of breath; you can cremate yourself."

R.: "Without the water in the body it crumbles into dust."

Yada: "Yes, and more than this, the more the body is reduced of water, the more fatty substance accumulates, which is a combustible right there."

R.: "The body is over 90 percent water so there must be a tremendous fire-force in it if it takes that percentage of water to keep it from burning up."

Yada: "Of course. Without this balance of water, the body could not stay alive. It would be consumed."

Irene: "The same thing pertains to our earth; it is more water than land."

Yada: "In order for the human race to advance in an intellectual manner, the conditioning of new beings coming into your world, or the returning of old ones, the whole system will have to be changed. In order for man to go anywhere he has to be conditioned away from fear."

"In your Bible it says, 'and the meek shall inherit the earth', meaning the fearful ones; these will not go off the earth, they will have the earth. The fearful will always war because their fear produces distrust, and distrust produces hate. The knowing, the fearless, shall conquer the physical universe; the strong. You see, nature, the laws of what is called 'nature', creates conditions that work against the weak, holds them up. You can go all through the evolution of man, from the time he was a one-cell being up to what he is now; from the time he was a spore, because man came to the earth as a spore; he was seeded here on this earth the same way as any living organism. This was man's first great leap. He leaped to the earth as a spore, from space."

Irene: "I often wonder when you tell us this, of the other beings on other planets outside our solar system. Did they leap to their---,"

Yada: "Of course. Everything that becomes a living form, or a form with what is called 'life' in it, starts like a spore. It forms a culture, and if the surroundings, the environment is right, it will grow, it will flourish by the law of changes."

"Now, man must stop teaching man that he was created by God. He must start teaching that he was created by his own desires, by his own design, by his own need for an experience. He must teach himself therefore, that he and he alone, is responsible for what happens to himself. Only then will sanity return to man. Man's realization that he was alone in a land that he did not comprehend, turned to fear. It is not something he was born with. It is not

THE MAGIC BAG

A Manuscript Dictated Clairaudiently
to Mark Probert
by Members of the Inner Circle



The Inner Circle Kethra E'Da Foundation, Inc.

A non-profit organization

931 26th St., San Diego, Calif.

P. O. Box 1722, San Diego, Calif. 92112

1963, 161 PP

There is nothing supernatural about the working if this law, for it is like all else—it follows a natural pattern. Oddly enough, the only people on your earth today who do not seem to realize that there is no activity that can be relegated to the field of the supernatural, are the so-called civilized peoples.

You ask about the supernormal? This is a term that can be used only in a relative sense or in a comparison to other states of consciousness, or states of so-called physical manifestations. It must also be classified as a "time-word" and an "environment word." And yet another thing to consider is the fact that while an individual may far excel others of his time, it is seldom that his apparent show of genius goes beyond one or two specific subjects, while to others he may be even moronic.

The individual ego that builds a physical-chemical body has no other choice but to use that body to the best of his ability. Some who are far enough along the Path can with even a very badly-formed body do wonders, and there are others who make a seemingly miserable failure of their physical life who have perfect physical structures.

This is because the former know, through other Earth-lives, that Mind is the Master, and can therefore override all outer conditions that seem opposed to its growth; while the latter, not having brought over into its new physical experience the knowledge of its true powers, blames all outer activity for its failures, and falls into the habit of automatically responding to all outer stimuli, without once stopping to consider that for every response it makes in answer to this "outer consciousness," it is itself creating new chains of motion, to which it will have to react. In time, this kind of action takes heavy toll upon the nervous system of the physical body, breaking it down and leaving the body defenseless against numerous kinds of disorders.

80 %

Though few realize it, man spends nearly eighty percent of his physical existence in subconscious activity, and by so doing he brings about the kind of life he has in what he calls his conscious world, the physical-chemical world being merely a stratum of the subconscious.

DEATH AND REINCARNATION

The Maharajah Natcha Tramalaki:

Where the theory and teachings of what is called "reincarnation" originated seems to be a moot question among the students of this law. Some think they came from Asia, some from India, and still others believe they came from Persia during the life and teachings of Zoroaster, 307 B.C. There is some belief, also, that ancient Egypt was their source. This latter belief seems to have arisen from the fact that in the time of the Egyptian Pharaohs certain mystical rites were performed in one of the lower chambers of the Sphinx at Gizeh. During these rites the most advanced teacher of the secret Lodge received the last and highest initiation that could be conferred upon him.

I shall give you but a very brief outline of this initiation so that you may understand how and why some feel it to be the source and cause of the teachings of reincarnation, or re embodiment.

CRUCIFIXION

The one to take this initiation is placed upon a cross, the cross being the symbolic form of what you recognize today as the Roman numeral "X" or a numerical sign representing the ultimate, or infinity, or the end of a known dimension. To the initiate it also means the renouncing of the world of matter and the entering into what is called the fourth dimension of time (not time as understood by motion of three-dimensional matter).

After the initiate has been bound to the cross with leather or fiber thongs, he permits himself to fall into a deep cataleptic or deep trance state. While he is thus engaged, the other members of the Lodge form a half-circle and chant in mystical words and tones. These mantrams constitute a pleading to the gods of the etheric worlds to make clear the path for the initiate to the stars and other cosmic bodies where he is now intending to project his ka or psychic body.

This kind of projection is fraught with many dangers and there is always the likelihood that the ka, or psyche, may lose his awareness of his physical body. A form of disassociation may come upon him akin to what you call amnesia, and the energies of his physical body may play out before he can get back to it,

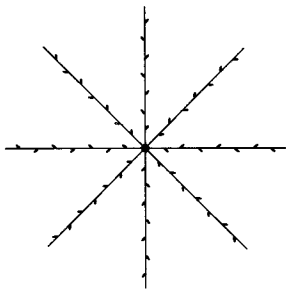
INNER CIRCLE : " THE MAGIC BAG "

(SAN DIEGO, CALIFORNIA, 1.963)

ing impact of millions of electron volts. The reaction of this applied force is heat, light, force, and the radiation of ions or negative electrons erupting from deeper layers of the atom.

Now, my purpose in explaining the activity of atom fissioning is simply to point out to the reader who may be unfamiliar with the subject that, notwithstanding all the above mentioned force that is brought to bear on the atom, no actual cleavage or true *break off* of pieces has occurred. To understand this, we must first realize that there is no such thing as matter and energy. While I have referred to the atom as being a "body", and electrons as having "structure", we must not let these words lead us into the belief that the universe is made up of two different kinds of substance, and that the substance called "matter" exists as ultimate bits or pieces. An atom is made up of a number of force fields, with each one of these force fields having its own particular rate of motion or vibration. Now if any of this is clear at all, I am sure it will become apparent to the reader, that all that happens to the atom when fissioned is to greatly expand the field of operation of the outer shells in reference to the innermost ones called the nucleus, thereby giving the atom a larger volume of space to work in.

In thinking of the world around us, we automatically conjure up the feeling called (solidness) and then imagine it to be a property of this world, when in fact it is but a sensory measurement of the world of "Adam." Adam, the Magician, who by the use of his magical wands called the senses, makes passes over the walls of his imagination, and who by crying out, "Abracadabra" causes vast and complex murals to appear and disappear on the walls. And no matter the number of pictures Adam creates, he entitles them all—"reality."



THE NATURE OF THE COSMOS

Ramon Natalli:

In the construction of solar systems and island universes there is a vast amount of waste matter thrown off into space. This act of making and throwing off waste matter is no less a law of the cosmos than it is of any single body in all space-time.

The word "waste," however, is not a very apt one, for while Nature is very prolific, she never creates anything that will not at some time be used—and this is true of the waste matter thrown off by cosmic building. While this substance has lost its intrinsic value to the body being constructed in a particular point in space, it will be taken up and used as a building-block by some other body in the course of time. If however, a waste matter thrown off by a body is turned back upon that body, it is found, in many cases, to tend toward retarding it and in time may even destroy the body altogether.

The basis of all things, we may state, is "heat." In the process of breaking down and building up, heat is not only the cause, but is also the effect. It is sometimes said that the word cold means absence of heat, as the word darkness means the absence of light. Neither of these statements is true. The words heat and cold, darkness and light, are "sense" words, telling of the body's ability to measure molecular motion by its organs of sense through the law of pressure; but where the word cold is concerned, in regard to molecular motion it simply means that the molecules of heat have lost some of their free motion and have slowed down or suffered a degree of inertia.

This is true also where light is concerned. There are no such conditions as absolute light or absolute darkness, but only degrees of these.

The degrees of light that can be seen in your three-dimensional world are brought about by certain forms of vibratory action taking place in your material substance. This action is then reflected on the permanent ether particles, which are considerably smaller, and produces a degree of change in them by expanding their electronic field so that they reach into your three-dimensional world, where the change is then measured by the sense organs of an individual

according to that one's sensitivity to light pressure.

Through your sense of touch, a form is found to be hot, cold, cool or warm. Now, all things have what is called potential kinetic energy stored up in them while they are inert, but once set into motion, a body will start discharging this energy in the form of heat units and the more rapidly that body is made to move the greater will become the quantity of heat, and the more intense and penetrating each succeeding radiation. A particle moving at the rate of billions of vibratory cycles per second is emitting "light" of such short length that it can be detected only by an electric photoplate.

It is in such fields of extreme motion that the X-ray and cosmic rays are found, the X-ray being about one ten-thousandth that of visible light and cosmic rays about that much again shorter than the X-ray. Both of these rays have, therefore, an extreme potential for ionizing all matter of a longer wave-length.

There is, in theory at least, a belief that some cosmic ray particles can penetrate about twenty miles of lead. To the layman in physics this would seem to be quite an awe inspiring theory, but let us stop and ask ourselves these questions: *What is space? What is its nature? Is it compressible? Does matter, as you know it, take up space?*

In order to answer these questions with any degree of intelligence, we shall have to go back to the accepted theory that the world in which you live is a world of three dimensions, called width, depth and breadth. But, in order for these dimensions to exist, it becomes necessary for them to have another body in which to take form, and this other body is called space. But space is really not of your world at all, but is a fourth dimensional state that in no way infringes upon any of your three-dimensional forms of action, and in itself is a hundred thousand times denser than the densest matter in your three-dimensional world. So the theory of the cosmic ray passing through twenty miles of lead is by no means a strange one when the theory is based on the fact that even twenty miles of lead does not occupy space. ETHER ?

The particles that go to make up space are much smaller than any of the cosmic ray particles, and they flow right on through all three-dimensional matter. However, both cosmic rays and X-rays are moving at such high rates of vibration that they have

passed out of the three-dimensional field, to the extent that their passage through etheric or "space-matter" creates a form of friction in much the same way as a meteor creates friction in passing through your Earth's atmosphere. This causes the cosmic or X-ray particle to discharge a light ray of infinitely short length by expanding the electronic field of the etheric particles just enough to cause that field to reach back into that of your three-dimensional world, but the very instant the work that is being done on the etheric atom by a particle from your world ceases, the form of response that the etheric atom was making also ceases.

Whenever a particle from the three-dimensional world manages to have its motion accelerated to the point where it can make a contact with fourth-dimensional matter, the response made takes place in the three-dimensional world, but fourth-dimensional matter can move into the three-dimensional world only so long as a continuous force of three-dimensional matter is brought to bear on it.

Some few years ago I was asked where the cosmic rays come from. My answer was that they were manufactured by the suns from more or less solidified waste matter in your solar system which had been pulled into the suns by the law of magnetic attraction. The suns, acting as atom-smashers, tear away the outer shells and spew them out into space, where, traveling at speeds for exceeding visible light, they bombard your own Earth and other planetary bodies in your solar system. However, even with the great speeds at which some of these particles are moving, in a manner of speaking, much of their destructive power is taken out of them by their contact with other particles in the Earth's atmosphere. Nevertheless, there is yet sufficient force in them to cause drastic mutations in many of the Earth's chemicals. COSMIC RAYS

Scientists have experimented at great length to create a mutation in radium by artificial means, but, as far as I have been able to learn, they have not succeeded in either increasing or decreasing its rate of break-down into lead.

It is my belief that none of the chemical substances out of which the whole vast material universe is made, either breaks down or builds up of itself, but that these two continual forms of action are brought about by the forces of one chemical working upon another.

CHEMICALS

Certain chemicals, such as oxygen and hydrogen, have a great affinity for one another, and, when combined, work in harmony with each other, while others fight one another violently—or, unless a third force is brought to bear on them, simply will not mix with each other. This was true of oil and water until recent times when your scientists discovered that by the pressure of sound-waves these two could be made to blend very well. Very few of these chemical changes that are characteristic and necessary for the maintenance of earth life, however, could go on at all without the suns, of which there are many millions scattered throughout space, the one in your solar system being one of the smallest.

SUNS

The size of some of them would stagger the human imagination for they could hold within their huge bodies fifteen to twenty million suns like that of your solar system. Yet, in relation to the vastness of space they cast no greater light than the feeble flicker of a match on a great desert in the dark of night. All is (relative) a thing is (never itself) until (compared) with something else.

It is thought by some that your sun was at one time a great deal larger than it now is, but that is not so, for the spiral lines of force to which its substance was first attracted, have neither contracted nor expanded. However, its corona expands and contracts periodically, depending upon its period of attracting solar waste matter and breaking it down into usable substance for the Earth and other planetary bodies.

SUNS

COSMIC RAYS

Some of this substance is called "cosmic rays." These sun particles storm not only the Earth, but all other bodies in your solar system and are attracted to them by their magnetic pull. Some of these bodies receive a far greater charge than Earth, due to their mass weight or density, and the nature of the particles that one body may receive willingly may be repulsed by another. This depends upon the chemical nature of that body and the rate of chemical escape. As the density of the atmosphere around a cosmic body has a great deal to do with the rate of its chemical escape, this also would have to be taken into consideration.

This rain of cosmic particles is going on, night and day, although the shower is considerably heavier during the daytime. A body having no vegetation, such as the Moon, has little or no atmosphere; and not having an atmosphere, it is minus an ionized belt to protect it from feeling the full effects of the cosmic rays. As

most rays are a definite deterrent to all plant life, or anything with sap or liquid in it, the Moon—like all similar planetary bodies—never was nor will be anything more than a dead body of a definite geometrical size and density, set in a precise geometrical alignment with the Earth to counter-balance the Sun's magnetic effect on all the Earth's liquids. Did the Earth not have the kind of dense atmosphere it has, the forces of the Sun would soon drain it of all its liquid substance. The Moon, however, is a purifier; it keeps the Earth's liquids from becoming stagnant, by keeping these liquids in a very minutely-timed state of ebb and flow, with a necessary pause between the two to gather their forces. FLOW AND EBB

MOON

All matter works by this ebb-and-pause-and-flow action. A thing flowing is creating energy, and a thing ebbing is losing it, but in its moment of pause it is gathering unto itself the energy it created, which it will use as its driving force toward action again. The whole vast universe is (pulsating) in a finely timed rhythm.

It may seem, because of his wars and general leanings toward inhumanity to his fellowman, that while all else may be working in the fine precision I mentioned, Man himself is not doing so.

Looking at the over-all picture of life, however, we will find that all of Man's seemingly inhuman acts are but the forces of Nature endeavoring to keep that nice over-all balance.

We must come to the clear understanding that the forces of Nature have no concern with bodies—whether these bodies are of man, animal, fish, fowl, insect or plant—for all of these are merely momentary manifestations of The Life Force working towards a great goal—and that goal is the acquiring of a more comprehensive understanding of Itself, through Its parts. And who is this "Itself?" It is I. Yea, I even am He.

Had I known this soul-stirring truth and written it when I lived on Earth in 1624, I would have been burnt at the stake even as Galileo and his discoveries were condemned by that blood-glutting mind and soul-destroying group that headed the Roman Inquisitions.

Although I have tried in the above paragraph to give you some idea as to the over-all desires of Nature in respect to Man's inhumanity to his fellowman, I have no wish to leave you with the thought that brutality, lust and greed among men is the way of Nature, for that is far from the truth, and the fact that Nature

KARMA
→ herself knew there was nothing to be gained by viciousness other
→ than greater viciousness, is shown by her provision of a scale of
→ balance called "cause and effect," from which there is no escape.

For the moment, let us leave the field of moral philosophy and talk of what is called "a thing in itself." In order to really learn anything at all concerning this, it will be necessary to make some rather serious changes in our way of thinking. What better way can we do this than by keeping in mind the fact that there are no such things as miracles or mysteries. Down through the ages Man has been cursed, and his naturally inquisitive mind has been stymied by these two words, shoved upon him by the priestcraft and the pseudo-scientist. A "mystery" is only that which has not
MISTERY i → (yet) been (studied) from (all) of its sides. A "miracle" is that which happens, in spite of Man's foolishness and seeming perverseness in wanting to learn anything about himself and the worlds in which he lives.

→ You are now living in an era that demands upon your knowing by personal experience, and not by wishful thinking or faith or even by your common variety of reasoning and so-called logic—for all of these are limited to your supposed belief and understanding of a Deity or some vague patchwork called "scientific reason and logic."

Logic Of course, in some of the higher orders of mentation, there exist systems of reason and logic the nature of which borders on what may be called pure abstraction, and in that light has as much to do with your common type of reason and logic as two-and-two-make-four has to do with calculus. They are both called "mathematics," but that is all that can be said in comparing them.

One of the most appalling experiences a human being can have is to suddenly realize how utterly vast, and completely incomprehensible, is the entire scheme of life. We are like children lost in the eternal wastelands of space with nothing more to go to or come from but more space, and it is not at all strange that we are terrified by this "spaceness," for it seems to represent that entirely unknowable something called "X."

SPACE SELF → How can this be otherwise unless Man learns that He is not looking at space, but that He is Himself space. And, as the Self cannot contemplate Its Self, except through one of Its lower vehicles, It cannot comprehend space. But the instant It produces

anything, that is in the slightest degree different than Itself, It has a something with which to compare Itself, and, in so doing, becomes both the First Cause and Effect, and thereafter, every effect not having anything to give it a Self-state of awareness, becomes a first cause, by creating another effect.

While a First Cause looks forward, to finding Itself in Its effect, the effect has to look backwards, to find itself in the First Cause, and not being able to comprehend its Father, it sees nothing. But an effect never takes place in the original dimension of the time continuum, and this is why an effect cannot see itself as being other than the First Cause, but at the same time has no awareness of itself until it creates an effect, in which it finds its own identity through the degrees of difference it senses in its own creation. GOD ←

Every effect finds its birth in an entirely new dimension of time from that of its cause, and this new dimension means new situations to be conformed with, and that means new forms of action. So it was out of these endless forms of action and reaction taking place in dimensions of time that physical existence, as you see it, came into being.

So, also, we find that there is no such condition as a ding-an-sich, or "thing-in-itself," but all forms of action taking place in their own time dimension leads the unthinking to believe that the dimension in which they have their consciousness is the only existence there is. Not being able to get back to their way of thinking—or not thinking—a feeling of insecurity comes upon them, and this feeling of insecurity makes them desirous of something to lean upon. This "something to lean upon" naturally must be greater than themselves, so they conceive of what they call a God, failing at the same time to realize that this God would be no more and no less, either in quality or quantity, than their own conception of Him—and because Man's physical nature is wrathful, vengeful and jealous, so is his God. It cannot be otherwise, for Man can only create to the extent of his own dimension in time. It also must be remembered that in comparison to all else, your Earth is considerably less than a flick of dust. GOD SELF ←

If the Earth itself is such an insignificant thing, where, you may wonder, must Man stand in the scheme of things! Completely blinded by the hypnotic power of the ego, we little cosmic shadows ←

move about on the face of this bit of cosmic dust that is whirling away in a sea of nothingness.

SIZE

But it must be kept in mind that the states called "largeness" or "smallness", are no more than the conditions of one's awareness of his own physical body (in comparison) to that of another body located at another point in space-time; and that also space-time itself is of the same nature—that is, a necessary formation of the consciousness, to have something sufficiently different than itself, to lend it the feeling of separateness.

SPACE

This illusion of separateness automatically creates the illusion called space-time.

If the reader, provided he is at all desirous of freeing himself from the complexities of fears that beset most of you living in the physical body, will go back over the last page or two of these writings and meditate upon them I think you will see how utterly foolish it is to fear anything or anyone, for all of your fears are of your own making and manifestations of your own desires, many of which do not have their origin in the physical level of consciousness and because they do not, you fail to see them for what they really are.

FEAR

Shortly after the two hundred inch telescope had been in operation at Palomar, I, unbeknownst to the astronomers there, studied the heavens through its complicated mechanism. To say that this new astronomical eye is one of the greatest bits of scientific art achievement of your twentieth century would be expressing my thoughts mildly. Nevertheless, it is not a thing-in-itself, but is the product of the (minds) of those who made it. Therefore, let us not stand in awe of it, but let us bow our heads and give thanks to the Great Mind who, working through the machine called the "brain" of these individuals, made this monumental piece of work possible.

1.200 MILLION YEARS LIGHT OF SCOPE

While this "eye" can see a billion, two hundred million light years away from your Earth, and your astronomers were astounded to discover that the universe showed no signs of coming to an end, even at that staggering distance, this fact should not frighten you nor make you feel insecure, but should make you glow with joy and sincere inward pride to realize how truly great (you) are! I mean, of course, you as a consciousness.

A billion light years! That, my friends is no more than a mile in consciousness, and but a breath in the measurement of mind-time.

In my present state I have no use for your great telescope. I can tell you that the universe stretches out from everlasting to everlasting. There can be no end to it, simply because it is all Mind, and there is no end to Mind.

Now let us look at the Universe from your materialistic standpoint. That is, from the belief that it is something in itself, apart from your (individual consciousness). To begin with, it is but foolishness to even try to give in figures the number of bodies in the cosmos, for the consciousness of material man cannot comprehend such figures. But, as numerous as they are, (each and every one of them is arranged in a very precise geometrical order in relation to one another,) and each has its own work to do.

While it is true that many of these bodies are constantly running into one another, and being destroyed, all such destruction is brought about the instant form of (unbalance) starts to take place. Indeed, wherever we may look in Nature, destruction comes in the wake of inharmony.

The old wives' tale that "Nature abhors a vacuum" is nothing more than just that—an old wives' tale—for while both Man and Nature can create vacuums of a kind, there is really no such thing as an absolute vacuum. It is true that both atmospheric and etheric pressures are considerably less in outer space, and therefore a body can be made to travel at speeds far exceeding that of light, but that body is not moving in a complete vacuum, for the existing void is but relative in density to the body moving in it.

Whether a vacuum is created artificially by Man or by Nature makes little difference for in both cases only the grossest matter is removed. That which is left is so dense in its parts that it is out of the reach of any action that may be brought to bear upon it from the three-dimensional world.

While Man may by his inquisitive nature do certain things merely to see what the outcome will be, Nature acts with a very definite purpose, and has a foregone conclusion as to what the results will be.

As far as vacuums go, I would say the only complete ones I

ATMAN PLUS ATOM EQUALS ADAM

Ramon Natalli:

To know the world of Matter is to know the world of Non-Matter which is the world of Mind, and to know the world of Mind is to have Cosmic Consciousness.

In reading the above statement and realizing at the same time the rather vast amount of scientific data regarding the nature of matter that has been compiled by the scientists, one may jump to the conclusion that the scientist is in a much better position to receive Cosmic Consciousness than anyone else. Of course such a conclusion would not be true, for (all who are genuinely creative are in tune with the Cosmic Mind.)

For example, a thinking student in physics learns that there is no such condition as matter per se; therefore he does not ask, "What is matter?" expecting to get an answer, anymore than he would ask, "How high is up?" Rather he comes to know by higher levels of thought on the subject, that that which is believed to be matter is merely a condition called motion, which is the resultant of work. For instance, there is an energy exchange of a very intense nature going on between the many particles of that microscopic bit of substance referred to as the atom. This exchange is known as "work." This work in turn sets and keeps the atom as a bonded unit in motion. A portion of this work in the atom produces two different types of motion or levels of exchange called "heat" and electricity.

The laws of physics state that a body once set into motion will continue (in that) motion in a straight line unless acted upon by an external force, but the fact is that three-dimensional matter cannot move in a straight line because a straight line denotes a perpetual and unbroken form of motion. Physical matter moves not only in wave motion but also in periodical bundles or quanta. The cause of this motion is due to the nature of the underlying fabric of space. The space comprising the three-dimensional universe is an electromagnetic field that is constantly returning to its center. Our entire universe is simply a cosmic atom. However, in order to comprehend the concept of Cosmic Atom, we have to

begin by studying its working parts, the microscopic atoms. Every atom has its own space in which particles move, and this space consists of a viscous type substance that exudes from the core of the atom in a series of arc lines. These arc lines drive the electron bodies outward, from the core or nucleus, and draw them back again. As this alternating magnetic force expands the orbital field of the electrons, it creates a positive electrical flow; and as it draws the electrons back to the center, it produces a positive magnetic field. This magnetic field of attraction becomes denser and of greater tensile strength to the inverse square of the distance of the outer electrons from the nucleus.

100 ULTIMATONS (URANTIA)

While the electron is spoken of as an energy charge, it must also be considered to have specific structure. This structure, consists of four lines of energy crossing one another at the exact center of each line. In addition, each line has a series of nodes placed alternately along its axis which builds up in density as it approaches the hub or center of the electron. Here they join, and form a relatively larger node of greater magnetic intensity. Each of these nodes emits negative "electrons", which are very much smaller units of energy than the positive electron by many thousands of times. These units of energy are the results of the electron's effort to get rid of the force that was applied to it in projecting it into orbit.

ELECTRONS



The atom is truly the "Magic Bag" of the universe. It contains so many properties that one could go on forever and never touch on (all) of these properties and the things they are capable of performing. With their vital substances they paint and mold the universe. They are the very stuff upon which our dreams are made!

The gray matter in the head called the brain is made up of billions of them, and, when we think, our thoughts squeeze some of the "juice" out of them in the form of neutron showers. Rub certain molecules of them gently, and they give up some of their energies in static electricity. Hit some too hard, and their energies will erupt in violent winds of death and destruction.



As almost everyone knows, the word "fission" means to create a cleavage or break in a single unit. In fissioning atoms, a stream of extremely high speed protons are fired at the atoms and eventually the force field that surrounds the proton crashes into the force field of one of the orbiting bodies of the atom with the driv-

There are as many kinds of sleep and trance conditions on the astral planes as there are on the Earth, and it is because of this and thought-forms that the theory of astral shells have been taught. When a not sufficiently experienced individual on the astral planes comes into mental rapport with one of these sleepers, it is not at all strange that he should mistake it for a corpse, for it can talk of little else than its earthly life's experiences, over and over again, just as an individual who has had a long physically and mentally wearying day would talk and act it all out again in his sleep at night.

Thought forms are constantly adrift in the astral, being pulled hither and yon by the thought currents flowing out from minds on Earth and the astral levels. Many of them are going through endless states of modification and some are even destroyed due to their uselessness over long periods of time. By "destroyed," I simply mean that the substance out of which they are formed is dissipated into the formless state, as water when it is turned into steam.

NOT ANNIHILATION
A
The astral body of a human being, however, never goes through death and dissipation, but when the desire to re-embody on the Earth becomes strong enough it causes that one to fall into a deep sleep state which is very much on the order of the hypnotic state of lethargy. As an astral being goes deeper and deeper into this state of one-pointed concentration, the force of his desire, the energy thus expended, creates a form of "heat" that drives apart the molecules out of which his astral body is made. But as the molecules on the outer regions of his body drop in temperature very rapidly, they start rushing back together again due to their natural affinity for one another. The continued outward rush of the central molecules, however, forces the outer ones (which are now trying to regain their original position) off their course. Their action then creates a spiral vortex that is ever rushing inward, until the entire astral body becomes but a brilliant point of light. This point of light is what is known as the Soul Seed.
SOUL SEED

Friends, while I am going to attempt to give you some further descriptive talk on this which is called the Soul Seed, I feel it necessary to warn you, again and again, that in our pursuit of knowledge concerning life we are dealing with what many of us on both sides of the veil have been taught to believe are concrete

things—namely, (words). And more disconcerting still is the fact that almost all thinking is done by imagery, or picture-making. Knowing this, no teacher in his right mind would even so much as lend his pupil the idea that he is expounding the nature of life and "things" as indisputable facts. For instance—where does the talk on the action of the atom leave off and the nature of the atom in itself begin?

In our humble opinion, the ding an sich, or "thing-in-itself" cannot be discussed in any way, and can only be known through Self-realization. All that can be talked about, or in any other way "known", is but forms of action or motion, taking place within the Self, but—due to the nature of its physical extension, called a body, —it falls under the illusion that action or motion is an outward occurrence.

Perhaps, if I express this thought in slightly different terms you may see it in a somewhat better light and thereby understand it more fully. Due to the environment, the brain—through the nerve system—has been trained, under the law of repetition, to receive and correlate in endless degrees and shades, all forms of action in terms that are best understood to you.

We, the members of the "Inner Circle," have received some criticism in the past with regard to our terminology—our critics stating that "no highly educated person would use such simple words". Our only reply to this complaint is this: these writings were not intended for the scholarly person alone and to use large, complicated words when small, plain words will be more understandable to the average reader, would but defeat our desired ends. And, besides all this, is the fact that life is simplicity itself when we get to know it. With that off my ghostly chest, we can proceed with the discussion at hand.

The human entity, once having—through desire and the power of concentration—turned all the mind energy that went to make up his astral body in upon himself, can no longer be in any way contacted either by anyone on your side nor ours. He is concerned only with re-embodying, and will not be conscious of anything else until he has accomplished his mission.

Now, a Soul Seed can only be described as a spark of light with positive and negative poles of attraction and repulsion and it is through these lines of force that it seeks and eventually finds the

MATERIAL VIA THOUGHT

Arakashi:

As you will remember, I have previously remarked upon the fact that all is motion and in motion—that there is no way of side-stepping or getting back of motion. We cannot even think it, for the moment we attempt to think we create motion, for thought is energy in action. So now, on this theory, I shall attempt to explain how deep-seated thought, or concentration, produces what you call physical or material things.

The art of spontaneous precipitation by willing consciously is a lost art on the physical plane and is seldom recovered while in the earth body. I think the reason for this is because it is not really needed and, as I told you before, without the impulse called need, there can be no-thing.

NEEDS

Now, the physical man does not think, but is merely the machine that is acted upon by the true man, which in Sanscrit is called Atman, meaning The Self. It is in Atman that you will find the seat of memory also, and forgetfulness in the physical man comes about simply because the Atman has, for one reason or another, lost momentary contact with man or His machine that He uses to express Himself with on the material plane.

T. A.

I have often thought what a great deal of time and energy could be saved if all questions regardless of their nature, could be stated in one or two sentences, and let drop; but questions, even some of the most trivial, are like all else pertaining to life—complicated to the point of mysticism. I remark this simply because I realize all too well that whatever I may say on the subject concerning "Material via Thought," there will be literally dozens of people who could add endless more to what I have to say, or take away much of my written thought on the matter, simply by approaching it from another angle.

Atman is the Great Knower—knowing all there is to know, fully comprehending the atomic structure of all chemical compounds that go to make up any material thing. Man need not know; all man need learn to do is how to turn the mental picture

of a thing completely over to Atman; and the only way man can do this is by what we shall call deep-seated trance, for the want of a better term. Of course, as there are no set laws to be found anywhere in life, trance, the complete giving-over of man to Atman, is an arbitrary condition. The Adept, Christ, demonstrated this in the multiplication of food matter, while in full consciousness—but the ability to do so, in the comparative few who have attained it, is theirs because these individuals are living on the border that divides the subjective and objective worlds, and so have continual contact.

ELUSI-
VENESS

For endless eons of time before Earth's form of aggregated matter came into being, man's life was a subjective one. There were, however, many grades of subjectivity. The lowest of these at that time was what we shall call the low etheric.

At that time this plane of consciousness was considered by many to be Hell, in practically the same way many people on your Earth plane consider your Earth, and for precisely the same reason, although most of those on your Earth plane are unaware consciously of why they think so—the true reason being that matter, as you come down the planes, is more condensed; and the more condensed matter becomes, the more violent in its parts it is; and so it is only natural that the deeper Atman, or pure consciousness, tries to enter into material substance, the greater becomes its sense of pain and suffering. Pain in certain parts of the body is due to the chaotic change taking place in the chemical construction of those parts. Any and all chemical changes are violent in nature. This state of violence we can term a state of uncertainty in the consciousness of the atom. This condition is absolutely necessary for the atom, because it harasses the atom into becoming something. It is similar to the force called need that dwells in Atman; it is a form of fear per se, the fear of the unknown or the possibility of losing its identity and becoming nothing. However, for Atman to become aware of this chemical activity is painful in the extreme, because it makes him that much more consciously aware of himself not as himself, but of being something else. In other words, his consciousness merges with that of the consciousness of the atom that is changing its chemical pattern, and that of course causes him to believe he is suffering pain or unhappiness. And the reason for Atman's sensing pain in his physical vehicle

i

ATOM

NEED

A



READ THE LECTURE DELIVERED BY A MAN WHO LIVED 500,000 YEARS AGO!
ARE WE HYPNOTIZED ZOMBIES?

ARE WE THE EMOTIONAL PUPPETS OF A SOCIETY THAT HOLDS US IN BONDAGE
THROUGH FEAR?

The Incredible MARK PROBERT

The living oracle of an amazing ancient wisdom

by

Ralph G. Warren

The bright afternoon sun streaming in the windows of a room in San Diego, California seemed glariously, sharply indifferent to the eerie events in progress. Although the small gathering of about twenty-five people lounged comfortably in their chairs while a slight built little man seated at a card table spoke to them in a soft voice, there was a feeling of subdued excitement in the air. Suddenly the soft voice trembled slightly and said, "-----and now I'm beginning to feel-----." The voice trailed off. The little audience stirred briefly and sat wide-eyed, expectantly immobile with rapt attention. The speaker at the card table breathed heavily for a few moments, his head drooping forward as if nodding sleepily. Slowly he lifted his head as a strange, new personality seemed to possess his entire body, chuckled reassuringly and spoke English with a Chinese accent.

"I am Yada Di Shi'ite. I lived 500,000 years ago in the Himalayan mountains in a civilization called Yuga, meaning vast body. My city was Kaoti, meaning city of temples. I was a Kaha or priest of the temples until I became a Yada or spirit light of the order of Shi'ite. The Shi'ite order exists today. There were 180 million people in my Civilization, not monkeys. Yuga was destroyed by a terrible earthquake which killed 80 million people. My body was crushed by a wall of the temple--- squashed me like a fly. But I took my body with me-----."

This simple but astounding story was repeated many times in 23 years with a wealth of detail. Fifteen teachers beside the Yada spoke through this remarkable man. There are more than 2000 two-track and four-track seven inch tapes of these lectures. Each lecture is from two to three hours long. These contain a clear, rational cosmology

and a science-philosophy that is so revolutionary in its unorthodox perfection that it seems destined to profoundly affect the foundations of entrenched thought. This cosmology so brilliantly yokes science to philosophy that many professional men in psychiatry, psychology, physics, astronomy and related professions have been fascinated by the haunting logic.

The entranced little man through whom the Yada spoke was the late Mark Probert born in Bayonne, N. J. February 5, 1907, and died in San Diego, California February 22, 1969. His passing was unnoticed in the public press but thousands of national and international devotees felt deeply the loss of this very human, kindly personality who had astounded and shocked great numbers of people. The extremely ancient language of Yu which Yada spoke for about ten minutes before reverting to English became an item of great interest to professors of ancient languages at the University of Southern California. One of these was Hans von Colbert, professor of ancient and modern Asiatic languages. They elected to listen for about forty-five minutes to the highly questionable source, but became so enchanted that they listened and talked for five hours and begged for more time. Professor Colbert spoke Hindustani, and Chinese dialects with Yada and discussed Inca and Maya writings. He understood the root words in the Yu language. Yada told him that the Yu language is the mother tongue or universal language.

Mark himself did not cultivate nor welcome his strange gift as it was often a worry and a burden to him. But from childhood the evidence of something unusual in his depth of perception gradually became a pressing urge that grew stronger and more insistent as the years passed. His marriage to his wife, Irene, in Yuma Arizona on July 4, 1942 was the event that ushered in the most phenomenal aspect of the latent forces burgeoning within him which now seemed to clamor for expression. His new wife promptly informed him that he not only talked in his sleep but talked in foreign languages. After seeking help from a psychiatrist who ridiculed the idea, they met a man by the name of Meade Layne, PhD, who had an excellent academic background. He had been a professor at the University of Southern California and several other universities, and had been a department head at Wesleyan, Illinois and at Southern College, Florida. Quite apart from his academic training, he had considerable interest and knowledge in the fields of metaphysical and occult laws. He casually suggested that Mark might be a trance medium. Mark detested the word "medium" and once started to write a book entitled Medium Rare to disavow the hated label. But let Mark tell this part of his story:

"I spent two hours with Mr. Layne, in which time he quizzed me on a number of things including the state of my physical and emotional health. Then he asked me if I had ever had any experience with psychic phenomena. I told him I had and related a number of them to him. He listened with what I thought was a great deal of patience and then said that my talking in foreign languages in my sleep seemed to indicate that discarnate beings might be taking control of me during sleep. He had me sit at a small card table and placed Irene on my right. I was told I might become entranced. The idea of suddenly losing consciousness was a little unnerving and I was about to express myself when I was struck with a wave of dizziness that nearly rolled me off my chair; the one and only dizzy spell I ever had. Then the spell passed followed by what I can only call elation. But what tremendous elation it was! Undulating waves of chills ran up my body from ankles to solar plexus to head. But they were not cold chills

but rather the kind one gets when listening to exceptionally beautiful music or while observing an unusual sunset or sunrise. How long I stayed in this state of ecstasy I do not know, but when it left me and I was awake again, Mr. Layne and Irene told me I had been in what seemed to be a deep state of trance for approximately forty-five minutes and that a voice, quite unlike my own, had introduced itself by the name of Martin Lattimore Lingford. He said that he had been a showman in New York some forty years ago. He emphasized that they had spent many years conditioning my brain and body so they could use me to communicate through with the least possible harm to my physical and mental self. It was a few years later that they decided to dictate a book to me clairaudiently. They entitled the book *The Magic Bag*. The meaning of this title is fully explained in the book. Then one night in 1947 five of my teachers suddenly appeared to me in the living room of my apartment. That I was "seeing" them clairvoyantly did nothing to lessen my sense of fright, and had they not somehow taken hold of me mentally I would have bolted out my front door and perhaps without opening it! Anyway they quieted me down by assuring me that they were some of the members of the Inner Circle and had no reason to fear them. They then said that their only purpose in showing themselves to me was to have me paint portraits of them. I made pencil sketches of the five and they left saying they would return as time permitted to have me finish the portraits in oils. Some of these portraits have been photographed and incorporated in the *Magic Bag* along with some other that I painted at a later date. (NOTE: Mark was an artist of considerable talent.) In order to publish and disseminate the teachings of the Inner Circle we formed an organization called "Kethra E'DA Foundation." The organization was founded July 6, 1956, and is a non-profit educational foundation."

The teachings that came through Mark delved into almost every branch of human thought. To give a few examples: Flying saucers were verified as actual space beings, not coming from other planets but from the depths of space itself. They do not cross space as we did in going to the moon but emerge from it. The teachers say we will have to learn this emergence before we can safely bring a physical man back from Mars or Venus. Other life does not exist in our solar system but does exist outside, such as the milky way and beyond. The space people are the guardians of the earth and have infiltrated every major government. They are in supreme control. Because of great natural cataclysms that may erupt, they may have to take us off the earth and transplant us on other planets. They say this has been done many times with millions of people in the past. Tales are told of tunnels honeycombing the earth and of pyramids buried under tons of ice at the poles. Religion, they say, is man's creation and is of the earth and the astral frequencies only. It is something we must grow out of and away from as we come out of our hypnotic, conditioned spell of superstition. They see man as asleep and dreaming, caught up in the chemical fury of the matter world, a king of great power that has forgotten his royal blood. They want to give mastery back to man, and listening to the tapes, one begins to wonder. Many, many books could be written and not cover all the subjects. The subjects are being studied by laymen and professionals.

Eventually there began a long series of various communications which opened and prepared the channel for the more profound teachings of the Inner Circle, the sixteenth teachers led by E Yada Di Shi'ite. The most frequent and outstanding lecturers besides Yada are: Professor Alfred Luntz, 1812-1893; clergyman for the High Episcopal Church of England.

Raymond Natalli, 1598-1652; astronomer and friend of the famous Galileo in Rome, Italy. Lao-Tse, 550-600 BC; the well known sage of China. The Maharaja Natcha Trimalaki, 1848-1915; of Dacca, Bengal Province, India. Each of these teachers has a distinctly individual personality and method of delivery. The British Luntz is unmistakable with his clipped Oxford accent.

According to Mark's teachers we entered the Aquarian age in 1945 and it is significant that in that year the lectures of the Inner Circle began. The Aquarian age is said to be the age of pronounced emphasis on the advancement of mind. For the first three years these lectures were semi-private but at least one scientist was always invited to participate. Then Mark and Irene were told to open the lectures to large groups and suddenly people began to call asking to attend. These local groups in San Diego continued for another three years. Finally they were instructed to travel to reach a wider audience, and except for periodic rest and local meetings in San Diego, they were almost constantly presenting their lectures from coast to coast. Questions were encouraged from the audience as long as they were not of a personal nature. Questions of a scientific-philosophy-life posture were welcomed and were not to be confused with "churchianity" but were answered in a manner that yoked Biblical-scientific application without pious sentimentality.

Mark and his wife Irene were not spiritualists and professed no "ism", not even Probertism". The work was not permitted to drift in the direction of any "ism." The teachers were seeking to teach life which is more profound than any "ism." Life was the goal, not religion. Life can be made a religion but we cannot make a religion life. Whatever life religion has in it, we, as individuals, put it there. Truth and beauty are the expressions of life and consciousness; religion is the mere history of this expression and not a final hope. Life spills over beyond the boundaries of organized creed.

There were those who accused Mark of being in a very lucrative "racket" to get rich. Let such accusers take note that Mark was often in straitened circumstances and had no funds to pay his final hospital bill or funeral expenses. As was so many other of his financial needs, these were all donated by those who were grateful for the expansion of awareness into the cosmic and mundane everyday mysteries of existence.

The complete story is a long one and packed with unbelievable fascination. The dramatic, awe inspired inflections in the voice delivery of the tapes is even more fascinating than transcriptions into written words-----therefore we are spending much effort so that you will be able to listen to the actual taped lectures. They are now available.

This very brief synopsis must suffice for the present to introduce tape recorded lectures delivered through the entranced Mark by E Iada Di Shi'ite.

MARK PROBERT
MEMORIAL FOUNDATION
P. O. BOX 11672
PALO ALTO, CA 94306

I INVESTIGATED MARK PROBERT

By
Traver Bornholz

Many readers of Mystic have asked for the prosaic story of Mark Probert, to provide a background for their thinking concerning the Inner Circle. We present that story here.

JANUARY 1956

**MYSTIC
MAGAZINE**

Editor: Ray Palmer

HAVING read of Mark Probert in Meade Layne's *Round Robin*, I was eager to see him. So when I heard he was to hold a meeting in Grants Pass, Oregon, I filled my car with spiritualist friends and headed down to hear him, anticipating another three hour siege in a stuffy dark room listening to quavering voices from a world where everyone attended lectures and concerts in marble halls in the company with their relatives and old friends, who had suddenly become cultured through the mysterious process of death.

As I had been told that the meeting was to be held in a house a mile and a half from town at the end of a long lane, I prepared myself for a farm house. I had my recorder in the trunk, not because I thought myself expert enough to operate it in total blackness, but simply because it was my latest and most prized acquisition. You can imagine my surprise when I discovered the house at the end of the long lane to be a comfortable, modern home in the midst of a charming garden on the bank of the scenic Rogue River.

Lugging my Revere, which always leaves me with one arm slightly longer than the other, I made my way to the nearest door and found myself in a delightfully gleaming kitchen. There were people all over the place; very presentable, intelligent looking people of all ages, one of whom shuttled me through the crowd to our hostess, of whom I asked permission to use my recorder.

"You'll have to ask Mark," she beamed. "But I'm sure it will be

quite all right."

Mark . . . where was Mark? I finally discovered him in a group on the river bank. Mark Probert, a small, wiry, tweedy sort of man, who should have been smoking a pipe and wasn't.

At first glance it occurred to me to wonder how so much activity could be stilled long enough for him to go into a trance without a quick tap on the head. This was no out of this world character exuding ectoplasm at every pore, but a man with a broad sense of humor, a disarming naturalness, and the inquisitiveness of a small boy.

I liked him. It was no great accomplishment, as it would take a great deal of concentration and will power to dislike Mark Probert.

Here was no mysterious mystic, but simply a man who was doing something he had to do, just as I have to write, and others have to plant things and watch them grow.

He told us he had done many, many other things in his life, such as dancing, singing, painting and riding horses, but now he was doing what he seemed to have been born to do, and that most of the time it was a thankless, unrewarding job, but that he had to do it.

My tape recorder? But of course, if I could find room to hook it up. There were five others.

The large, cheerful, comfortably furnished living room was filled with sunlit summer breezes. About twenty-five men and women, and two little boys settled themselves expectantly. Mark sat down at a card table with six microphones on, or near it, and Mrs. Probert, or Irene as everyone called her, took

her place in a comfortable lounging chair next to him.

I sat looking at six very interesting portraits on the wall and waited for the windows to be closed and the blinds drawn. Much to my surprise this never did happen, and I later learned the reason to be Mark's teacher's refusal to come through in the dark. It was very broad daylight, and there certainly were wires, but not concealed, as they were all attached to our tape recorders.

After our hostess had checked her guest list and made certain that everyone had arrived Irene Probert proceeded to give the following introduction, which I have taken directly from my tape.

"I met and married Mark when we were both working in the audiovisual department of the public school system in San Diego, and it was about a month after our marriage that Mark started talking in foreign languages in his sleep. Having been a teacher in Citizenship I could tell that he spoke in foreign languages though I was unable to translate what he was saying. When I told him about his talking, he just laughed and said, 'I'm just gibbering. I can't speak any foreign languages.'

"During the war we went to work in one of the war plants. After working there about five months the noise proved too much for Mark, as he was a sensitive though unaware of it. One morning, when he was in drop hammer, the band saw started up suddenly and he went crazy and started running. He had a nervous breakdown, and was taken to the hospital. They called me, and the doctor advised me to

take Mark to our family physician. As we had no family physician I thought the most logical person would be a neurologist.

"As part of Mark's case history I related his talking in foreign languages in his sleep, to which he said, 'Oh, you just imagined that.' So I replied, 'Well doctor you just imagine we haven't been here, because I don't intend to pay you.' And with that we left. And you know, that taught me a lesson. I'd been seeking someone who could give me an explanation of this phenomena, and if a so-called scientifically minded man would give me such an assinine answer, it might be better to keep quiet about it, lest we both be put in psycho.

"Not knowing what to do I just took Mark home, and he continued talking night after night. Every night or early morning, he'd talk or sometimes sing in foreign languages, and then one morning he sang 'Ave Maria' in Italian, and announced 'I'm Enrico Caruso!' Then one morning someone came through with the 'Strawberry Roan' in Spanish, and I said, 'Oh, the Strawberry Roan,' and he said, 'Red Horse.' Those were the only two English words I'd heard spoken by Mark in his sleep in all three years.

"About this time Mark spoke of these goings on to a watch-maker friend of his, who had known him long enough to be quite sure that he couldn't be pretending this knowledge of foreign tongues. It was this friend of Mark's who brought us into contact with a customer of his, a Mr. Meade Layne. After talking it over with us, Mr. Layne said to Mark, 'I think you're a trance medium and just don't know it, so if you don't object. I'll come over Sunday, and we'll try some experiments.

"When he arrived on the appointed Sunday, he turned out all the lights, which we discovered later was quite unnecessary and wholly against the laws of the teachers. Mark sat there for a while, and said he felt as if he were losing his equilibrium, but then he snapped out of it, and it was as though a tremendous thrill went through his body such as we often experience when listening to beautiful music. Then he went out, and was out about forty-five minutes.

"During this time a man came through who spoke English, an American who had once been an actor in New York. He told us that he was drawn to Mark because of their common interests and experience in the theatrical world."

Mark interrupted Irene here and said, 'Yes, on the stage, in vaudeville as a hooper.'

Irene then continued, "Yes this man, who called himself Mortimer Lingford, said he used to sing and dance as Mark had professionally. He is still one of the members of what we have come to refer to as Mark's Inner Circle.

"After this we held meetings every Sunday for Meade Layne and one or two others whom he would invite. All of these meetings from the very beginning were based on discussion of scientific and philosophical subjects, as the teachers have never cared to discuss people's personal problems such as how they should spend their money or whom they should marry and that sort of thing.

"After three years of this the teachers announced that we were ready to hold open meetings, and I thought of the first three years when I had been unable to get one person to listen to or believe in Mark, and wondered how we were supposed to find enough interested

people for such a meeting. But, they just started calling up and asking to come, and we went on three more years holding small open meetings in our home.

"Next the teachers announced that we were to start travelling. You know, just like that! Just as if we had the means to travel. But before we knew it people began writing to us who had read about Mark in *Round Robin*, and first thing we knew we were making trips out of the city, and ever since then we've been branching out more and more.

"Two years ago Mark was writing a letter to one of his brothers in New York and I was downtown. Suddenly Mark looked up. Six of his teachers were standing right there in the room. It just about frightened poor Mark to death. He jumped up, upset his chair, barked his shin and bolted for the door, but they said, 'Wait, come back here. We are just some members of your inner Circle who want you to paint us.'

"Mark sat down and sketched them, and from time to time they reappeared until he now has these six pictures completed. There are seventeen members of The Inner Circle now and Mark has other portraits he is still working on."

At this point Irene proceeded to introduce us to the portraits I had noticed on the wall.

Pointing to the gentleman in the English clothes she said, "Professor Alfred Luntz about 1812 to 1893, a minister for the High Episcopal Church in England and one time professor at Oxford University." Arakashi was introduced as having been with Mark since his birth, a holy man who lived and died in the Punjab district of India in the 13th century before Christ. Ramond Natali was pres-

MARK PROBERT, The Famous Medium

How I Proved His Ability

Roger Graham, a student of the mystic, has for many years investigated into the authenticity of mystic phenomena. He is an authority in his field, and is in addition a famed popular writer in many fields. Now, in the pages of MYSTIC, he presents an actual incident from his long investigation and association with Mark Probert, one of the most noted of American mediums.

By Roger Graham

“**H**OW about giving me a physical checkup, Dr. Luntz?” I asked casually. “That is, before you leave.”

The figure sitting a few feet from me was slowly rocking in a slight forward and backward motion, the head cocked to one side as though listening, the eyes closed tightly, deep lines etched in the lean face, the high forehead. For almost two minutes there was no reply, although the lips were parted as though the man were about to speak. Then—

“Well . . .” the thin, high pitched voice said, “for one thing, you are slightly anemic—but nothing serious. *If you can remember to eat liver two or three times a week and plenty of green vegetables you will correct that in a month.*”

I have italicized the above statement because it was word for word the same as the parting words of a lab technician three weeks previous to this when I had donated a pint of blood in an emergency at a hospital two thousand miles away. The lab technician had made standard tests with blood samples. Dr. Luntz had made no tests, had not come near me—in fact, had not opened his eyes even to glance at me!

“Also,” Dr. Luntz went on, “you have some trouble in your neck. If you will go to a good osteopath soon he can correct it. The one treatment should correct it so you won’t need to go back again.”

I had not said so, but my reason for being here had been to find out about this trouble with my neck. For a month I had been extremely nervous. At times it had seemed that an invisible hand gripped the back of my neck. I had said nothing, because I wanted to see if Dr. Luntz could spot this trouble without coaching. He had!

But now he became silent—so long that I decided to help him. After all he had already performed miracles of diagnosis without actually seeing me or touching me. So I said, “I have trouble with pains in my knees when I go to bed at night—”

Dr. Luntz frowned angrily. “I wish you would keep quiet!” he said. “I was about to comment on those pains. They are caused by pull under the knees due to shortened tendons—”

“But the pains are in the knee caps,” I objected, “not underneath. On top.”

He was testy. “I don’t care where you *think* you have pains.

The pain is underneath, due to shortened tendons. You sit at your typewriter too much. You don’t exercise. Every morning before you get up you should sit up in bed and reach as far as you can toward your toes several times to stretch those tendons. When you take a bath you should do the same when the hot water has had time to soak warmth into those tendons.”

I secretly disagreed with him on this part of the diagnosis, but brushed it off. No use riling the doctor further. “Okay,” I said. “Anything else?”

He was silent another minute. Then his agitated expression smoothed into friendliness. “We of the Inner Circle,” he said, “wish to extend our greetings to you, Mr. Graham. We are glad you could come to visit us—and the boy here. I would like to stay longer, but I must go now. Goodbye.”

“Goodbye, Dr. Luntz—and thanks,” I said.

But even as I spoke he left. It was as abrupt as the turning off of a light. Every line of expression in the lean face subtly and abruptly altered. The slight to and fro rocking of the man stopped. A sigh seemed to originate deep within the lungs of the seated figure. Then the face settled into its normal expression of habitual good humor. The eyes opened. And it was Mark Probert who looked up, blinking as though he had just awakened. He accepted the cigarette which his wife Irene lit for him and took a deep nervous drag.

“Dr. Luntz just gave me a physical checkup, Mark,” I said. “And he got sore when I started to tell him some of my symptoms. He wanted to diagnose me without help.”

“What’d he tell you?” Mark asked. And from past experience I knew that he had no idea what his lips had spoken while Dr.

Luntz was in possession of his body.

I told him briefly. Irene helped fill in. “And I saw him,” she said. “He went over and stood over Roger. I saw his hands sink into Roger’s body and move around, exploring. He was wearing his black clergyman’s suit that he always wears.” She turned to me. “He was a minister when he was living,” she explained, although I had heard this before. “When he died he learned that much of what he preached when he was alive wasn’t true, and he became interested in the study of medicine—which he knew nothing about when alive.”

“He saved Irene’s life two years ago,” Mark said. “I wasn’t to hold a seance that day, but suddenly I felt the forces pressing to get through.”

“And Dr. Luntz came through,” Irene said. “He told me that if I didn’t go to a doctor at once and go to the hospital to be operated on that same night I would be dead by morning. Mark came out of it, I told him what Luntz had said, and we went to the doctor. I just told him I felt sick. He examined me, and suddenly he became alarmed at what he found. He rushed me to the hospital and operated that night. Later he told Mark I couldn’t have lived until the next morning if he hadn’t operated.”

I had not known of this before, but I had known of the many other miraculous diagnoses Dr. Luntz made while possessing Mark’s body to speak to the living. I also knew of and counted as my friends some of the other members of a small group of spirits who used Mark Probert. During the years since 1946 when I had first made Mark’s acquaintance, I had studied these spirits, and the phenomenon that is Mark Pro-

bert, the trance medium. Slowly I had come to be convinced that Mark Probert was not a fake.

Any professional actor and most amateurs could easily put on as good a show, so far as appearances go. There is nothing spectacular about it. Mark will be talking, perhaps smoking. Abruptly and with no warning something seems to happen to him. His hands move differently. His wife Irene will quickly reach for the cigarette still held in lax fingers. A breath of wind enters his lungs, seeming to inflate him enough to hold him erect. His face alters. And then he speaks, but in a different voice—which *could* be his own, consciously altered. It *could* be an act. Mark Probert, from all visual evidence, could be putting on an act. It is only in what is said, the accumulation of evidence piled up over the years, that his authenticity has been established beyond any reasonable doubt.

The scene I have described, where Dr. Luntz gave me a physical checkup, took place at the Probert residence at 931 26th St., San Diego, California, late in January, 1949, where he still resides with his wife, though he travels all over the west, from Salt Lake City to as far north as Portland, Oregon, giving his seances at the homes of people who have attended his seances before and have invited him to come and give seances for their friends, paying his travelling expenses. Far from being well off, he is more often so broke that only a continuous succession of miracles of opportune donations keep him from going hungry.

It is the aftermath of this physical checkup by Dr. Luntz that provides a type of proof that no guesswork, nor mind reading, nor anything explainable by known physical law can explain—or explain away.

As I have said, the anemia diagnosis confirmed or agreed with what a laboratory diagnosis of a blood sample had disclosed a month before. Although I was not consciously thinking of it, I knew about it.

A month later I had forgotten Dr. Luntz's diagnosis. The trouble with my neck returned, but still I didn't think of Dr. Luntz. One day when my neck was particularly bothersome and I was extremely nervous I happened to be passing the office of an osteopath and went in. I told the osteopath what was the trouble. He explored my neck with his fingers, then said, "Aha! Here's the trouble. Now relax your head. What I am going to do will make you quite dizzy for a moment, so don't be alarmed by the dizziness." While he was speaking he was slowly moving my head this way and that. Suddenly he jerked my head sharply. I heard and felt a sensation that reminded me of a tree falling through brush to the ground after being cut down. The next moment I felt violently dizzy. Almost seasick. I moaned.

"This is what is happening," the osteopath explained. "The top vertebra connecting to the skull itself has two holes in it coinciding with two holes in the skull. Through these holes pass two arteries which are auxiliary arteries supplying the brain. This vertebra was frozen slightly twisted, so that those two arteries were pinched off. That's what produced your nervousness and the feeling of a hand gripping the back of your neck. What I did was to free the joint so that the arteries weren't pinched any more. The sudden surge of blood to your brain produced the dizziness."

I straightened up, feeling better already.

"Feel better?" the osteopath

asked. Then, the words and the tone of voice so exactly similar to Dr. Luntz's that it gave me an uncanny feeling, he added, "The one treatment should do it, so you won't need to come back again."

He was right—and Dr. Luntz was right.

Almost two years were to go by before the diagnosis of the trouble with my knees was to be verified with the same startling coincidence of words and tone of voice. I continued to have trouble with pains in my knee caps after going to bed at night. It was annoying, but human-like, I did nothing about it. Then one day I dislocated my back. An orthopedic specialist was called in to take care of it. For six weeks I was in bed before I was able to move about at all. When I was getting better he said, one day, "The basic cause of your back dislocation is shortened tendons. These tendons start underneath the knees and go up the back on either side of the spine. Due to lack of exercise they have atrophied—shortened. *Every morning before you get up you should exercise by sitting up in bed and reaching as far as you can toward your toes several times to stretch those tendons. When you take a bath, after the hot water has soaked warmth into those tendons, you should do the same.*"

Almost word for word, and almost in Dr. Luntz's voice, this specialist repeated Dr. Luntz's diagnosis! So, for the third time, the hair on the nape of my neck tingled at this proof of something beyond the realm of known physical law.

To me, even if I had no other proof of life after death, and the existence of spiritual forces outside the realm of known law, this confirmation of things Dr. Luntz had said would be sufficient proof. But only to me. To you—it is quite

possible that his report is pure fiction, concocted out of my imagination. No scientist can repeat this event in his laboratory. But any scientist—and even you—are able to find out for yourself. *Mark Probert is himself the laboratory*, so long as he lives and retains this remarkable gift of mediumship.

If anything, I have played down the phenomenon of Mark Probert. I have not touched on the strange feeling experienced while observing Mark under trance, the positive electrical effect that causes the hair on one's arms to rise, the skin to tingle, nor can mere words describe adequately the sensations experienced while watching Mark. If you live on the west coast or plan to be there any time in the near future, you can see and experience these things for yourself by getting in touch with Mark Probert at 931 26th St., San Diego 2, California. In my opinion and in the opinion of thousands who have seen him, he is the greatest living trance medium.

He will not "contact your loved ones." You need not hope for your dear departed brother Joe to "come and tell you he is happy where he is now." But if you are at one of his seances you will have the privilege of talking to one or more of the Inner Circle, a band of discarnate spirits working to help anyone who wishes to listen. Spirits such as Dr. Luntz, who lived in the flesh less than half a century ago, and Yada di She-ite, who lived before the dawn of recorded history. And if you are lucky, one of the inner circle may casually drop some statement which will become verified by later events in such a way that you'll feel the hair on the nape of your neck rise. I know. It's happened to me.

—Roger Graham

conversation to the most elaborate fare. And believe me, there's no end to interesting conversation when Mark and Irene are around.

There's only one rule which must be followed assiduously, and that is dinner must be over a good full hour before the meeting or the teachers may have trouble coming through, or fail to come through altogether. To put it explicitly, they say that Mark burps them out of his aura. I find this very interesting as digestive upsets in some degree seem to be a factor with many mediums at such times.

Our first evening's meeting was attended by a group of sympathetic listeners, all of whom had some background in occultism. Some of them were strangers who had come in response to the announcement I had placed in the newspaper, but we all visited like life time acquaintances during our short intermission which followed two hours with Yada.

The air of that intermission resembled a cocktail party more than a seance, as we talked over our tomato juice so animatedly, as if stimulated by something far more potent than the words of a man from 500,000 years in the past.

Returning to the living room we completed the evening with a two hour visit with Professor Luntz, which was highly entertaining as well as informative.

The following night was entirely different as the audience was made up wholly of skeptics with little or no background in the occult. I had persuaded two professors from the University of Oregon to join us, two from the psychology department and one from anthropology. They were very polite and very quiet, and left early because of previous commitments for the evening. As they took their leave I told them that they could have a

closed session with Mark at the University if they or any of their colleagues were interested. They evidently were not, as I never heard from them again, yet psychologists are reputed to be interested in the workings of the human mind!

One very didactic young woman monopolized the next portion of the evening by arguing, or trying to argue with Yada to the irritation of many of the listeners. Yada's reaction to this heckling was very interesting, inasmuch as he evinced no irritation or impatience whatever but only the patience and compassionate gentleness one might have toward a child. Some of us regretted that she left before we had a chance to observe how Professor Luntz might have reacted to her. Her remarks upon leaving was that she thought it regrettable that Mark Probert should pretend to speak for other people as he talked quite interestingly.

A young university student took up where she left off, but asked many interesting questions concerning science and religion which brought out a stimulating discussion with Professor Luntz and Yada.

Never having witnessed anything of the kind before most of this night's audience left shaking their heads and wondering why Mark Probert saw fit to impersonate others, when he could be such an able lecturer on his own. As for Yada, a man, who claimed to have lived 500,000 years ago... well that was preposterous.

None of them had stopped to consider the fact that Mark was still suffering from a severe cold, and had been seized with an uncontrollable fit of coughing just prior to the lecture, and that ~~once~~ the teachers came in he had talked for four hours without so much as clearing his throat. Even a lecturer on a conventional platform usually has a

pitcher of water nearby, and for a two hour lecture at the most.

Inasmuch as children and animals are supposed to be sharper at judging one's true nature than adults, I found it very interesting that my children took to Mark the way they did. As a matter of fact my thirteen year old daughter became very fond of him and listened to both lectures. She likened Mark to Peter Pan inasmuch as he would never grow old. She has never quite forgiven me for not wakening her to go to the station with us at 5:30 the morning of his departure.

The first question on everyone's lips nowadays is: "Does it pay?" From my observations I'd say, definitely no!

Any medium, who can bring through discarnate parents, who have even forgotten their children's names, gets three dollars per person, and Mark changes the same or five dollars a couple. The Proberts do not travel all the time, and when they are home their charge is much less and their audience is usually confined to the few people who can crowd into their small living room.

Personally, I agree with my daughter that Mark Probert is about as mercenary and practical as Peter Pan, and could never manage without his Wendy. Irene is practical inasmuch as she maintains a staunch belief in the teachers' ability to keep them fed, housed and presentably clothed as long as she and Mark devote their lives to giving forth the teachings.

ented as a one time member of the Royal House of Astronomy in Rome in the time of Galileo. Maharaja Natcha Trimalaki as having been born in 1848 in Dacca, Bengal Province and who died in 1915 confessing that he had found no answer to life that gave him peace of mind. Next Lao-Tse or Lao-Tzu a central figure in Taoism. Then at last she told us about the portrait that my eyes had never quite been able to get away from . . . that of E Yada Di Shi Ite.

Mrs. Probert explained that he had revealed that he had been born in the city of Kaoti in a civilization called Yuga or Yu, a civilization consisting of 180 million people a half million years ago, in the Himalayan Mountains. When he first comes through Mark he always speaks in his own language, and then proceeds in English. Once again I quote Mrs. Probert from my tape.

"We had an opportunity to go before a professor of ancient and modern languages at U. C. L. A. He said we could have forty-five minutes of his time, as he was getting ready to go on a vacation, but after he had heard Yada he became so interested he kept us five hours and wanted to know if Mark would stay longer if he would pay him.

"According to Yada, Mark and his Inner Circle got together before his incarnation into this life and agreed that they should help him teach what he had failed to teach in 1313 in China because of vested interests."

By the time this introduction was ended Mark began acting somewhat nervous upon which he explained to us that we were not to be alarmed if he grimaced or looked as if he were in pain, as he really was not, but was feeling only a sense of growing exaltation. Then

after a couple of very deep sighs, a slight sucking sound followed by a complete transformation of personality into a somewhat oriental aspect, whereupon Yada came through bowing and greeting us in his own language.

The meeting started promptly at two, and we sat until six with one ten minute intermission. The last speaker was Professor Luntz who offered to go on with his discussion, if we cared to stay. Personally, I would have been quite willing to listen four more hours, but many were out of town visitors, who felt they should start home before dark.

E Yada Di Shi Ite, first to come in, had spoken with us about two hours, after which we took a short intermission. I managed to have a smoke in the garden with Mark during which I was completely satisfied that being in trance for two hours had neither discomfited nor depleted him in any way. He was the same man I had talked to earlier in the afternoon until he suddenly made a grimace, put his hand to his abdomen and announced that he must get back to his post as the teachers were ready to return.

We all settled back in our seats and Sister Theresa came through. Being somewhat puzzled by her modern diction I inquired if she was St. Theresa, the Little Flower of Jesus.

"Oh, heaven help me, no," she answered in an awed voice. "I was just a common ordinary nun, a sister in Brooklyn."

There was nothing particularly profound in what she had to say, but she charmed us all with her sweet humbleness and delightful humor. She told us that she was 79 or 80 before she began to question the infallibility of Catholicism and explore other religions and philoso-

phies, and was 84 when she died. The whole tone of her talk was that of a sweet old lady, who still had some regrets over the experiences she had missed during her earthly existence.

She was followed by Professor Luntz.

With this introduction to Mark Probert's Inner Circle I invited him and his wife Irene to include Eugene in his Northern lecture tour and be my house guest. He agreed, and when the day came, I went down to meet him. It was a rainy night.

The train pulled in and disgorged its passengers. I got out in the rain and ran hither and thither, but could see no sign of Mark. Remembering the two lectures and some fifty people I had booked for him on my say so, I put down my head and hurried up the tracks into the night to where the chair car passengers alight. There at last I came upon the Proberts, Mark looking like a sparrow which had been pushed out of its nest into a puddle.

By the time I got them and their baggage into the car he was coughing uncontrollably and we had to stop at a drugstore for Kleenex and Ben Gay. Even after a hot bath and a cup of tea before a roaring fire, he didn't look fit to lecture the following night.

My husband and teenage son and daughters liked the Proberts immediately, and we all felt like old friends by the time we went to bed.

I want to say right here, that anyone contemplating entertaining the Proberts couldn't ask for more congenial house guests. Whether it's coffee in the kitchen or dinner in style with one's salad forks and butter knives on display, it's all the same to these two people who prefer a simple diet and interesting

more and no less than that. Believe me, my friend, there are no cut and dried methods to the accomplishment of anything and *no one* holds the last word in authority on any given subject; neither gods, devils, flesh men or spooks, and least of all *this* spook! You mention your own ignorance, Mr. Kaszycki—may I suggest that ignorance is a relative thing and that no one possesses knowledge in *quantity*, but we simply know something a little different than someone else. There is no sure way of being able to discern a charlatan from a real teacher except by the use of your own good judgment and inasmuch as there are a great number of men and women who are excellent charlatans, one must simply stay mentally alert. I would suggest one also keep in mind that we never get something for nothing. Charlatans thrive on people who think otherwise. . . . Now as for breaking the barriers of what you have called the "tri-dimensional world," the only way I know of that one can accomplish this in a healthy and happy manner is to start feeling a deep sense of love for the physical world and everything in it and an equally deep sense of gratitude for being here to play a special part in its creation and existence. As unfortunate as we may deem it, my friend, it is only a rare few human beings who have the faintest realization of why they are in the physical or for that matter in the astral worlds; nor what precisely they are to do while in these, not places, sir, but states. However that may be, it is or should be of little importance to us as individuals what someone else is doing or has failed to do, for in the last analysis self-realization is a very personal work—the very words themselves, self-realization," proclaim this fact. Hating the ties that bind us to the material or astral world does nothing more than strengthen the ties and this is especially true when we know not the nature of that which seems to be impeding our most ardent efforts to free ourselves. Why is this so? The answer is so simple that most of us refuse to accept

it. The nature of the invisible cords that bind us is BLIND EMOTIONAL REACTION to unpleasant and therefore painful pressures encountered in the material world and the extension of the material world called the "astral." Not knowing the source of our pains we find ourselves running in endless directions and always hoping that one of these paths will be THE path of escape for us, but none of them ever prove to be other than blind alleys. The obvious reason why we cannot escape is that no matter what direction we run, we are running in our consciousness and not in the media of extraneous entities called "time" and "space", which in short means we take our world with us in every little move we make because we ARE the world. When we truly comprehend this fact we automatically cease our violent struggling against life and begin to work WITH it and in so doing we will find the once invisible chains becoming visible and in so doing they literally fall off of their own accord!

QUESTION: Is the Catholic religion the one true religion as it is claimed to be, and would Jesus be happy to have all people under one faith?

YADA: If I am to adhere to my own feelings and many of my thoughts of life in the path wherein, I have felt that life is an individual experience, then it must follow that religion is a form of action that is gone through, like everything else, by the individual. It is an individual seeking to know yourself, to find yourself. Whatever religious belief one has been raised in, as long as they feel content with it, at peace with it, it belongs to them and it is the only path for them. Apart from this religion as an outer physical manifestation, it is certainly not the only religion of man, nor is it by any means the original religion. Long before that which is called Catholicism came into being, thousands and thousands of years before, there was the teaching of one God, there was the teaching of the one Master; the one Master that came

to save the world of man. The man Jesus is completely dead, completely obliterated because that is what was destroyed upon the cross, the cross being the crucifixion of the physical self, the destruction of the physical self, the killing out of the physical self, the lower self rising to become one with the higher or the Christ Mind, the eternal Christ Mind or the Mind of Wisdom and Light which is Love.

The masses are not interested in making anyone happy. They are living in their desire bodies. They cannot comprehend the Christ Mind, the Mind of Wisdom, so they give to the man Jesus, or the corpse, that which belongs to the Christ, love, adoration. This is why your world is in such a turmoil. Humankind has come to worship personality, not Love, not Wisdom, for they have lived so long in the low self, in the material self. They know not of the light. They are stone and steel worshippers, temple worshippers, not worshippers of the Light or Love. Because of this, the Catholic religion like all religions are merely outer manifestations, material expressions belonging in the material world, knowing nothing about the Christ Mind, the eternal Light of which this great teacher said, "I Christ am the way and the Light," not I Jesus, I Christ am the way and the Light. If the individual knows not the nature of happiness in self, how can he know anything about happiness for another? The man who lives outside for the physical self alone is dead. He is lying in the grave of ignorance. But as he comes out into the light by his own suffering, he will know the Christ is resurrected. Resurrection means becoming consciously aware of your own divine nature, that is all.

RNE: Yada, thank you for a beautiful explanation.

YADA: The beauty you may find in anything is the beauty that lies in yourself. Do not be concerned when you see great turmoil taking place here. You will become involved in it, embroiled in it. If you walk into it with love, knowing that all is in balance, you can bring help, you can bring harmony. But if you recognize it as being out of harmony, you cannot get it back in.

KEYS TO INNER SPACE

LEHMANN HISEY



AMERICAN UNIVERSITY OF WASHINGTON
PUBLISHERS OF BARD, CAMELOT, DISCOS, JOURNALS AND PLAYS BOOKS

1974 • 273 PP

Keys to Inner Space

any of the sympathetic plexuses of the physical body. The Anja (Pituitary) located near the Pineal at the root of the nose is sometimes called the "Third Eye" or the seat of the mind. It is very sensitive to vibration and is often referred to as an aid to psychic vision.

Any one of the vortexes or Seals may be stimulated by *Toning* the musical note indicated in the diagram and visualizing the predominating color. This practice, if done correctly, enables one to listen to the song of life within and catch a glimpse of his own Cosmic being.

The Crown Chakra, the last to be opened, is described as the thousand-petalled lotus and is not actually connected with any of the sympathetic plexus of the physical body. In some diagrams it is shown as existing many inches above the head and is believed to be the basis for the artist's concept of a saint in which the circled halo is drawn.

The Ajna, or pituitary vortex, a tiny, cone-shaped body located near the Pineal at the root of the nose, is often called "the third eye" or the seat of the mind. It is extremely sensitive to vibration and is frequently referred to as an aid to psychic vision. There has been much speculation and many books written about "the third eye" and its possible onetime existence in the center of the forehead. It is interesting to speculate that aeons ago this may have been the only eye used by the earth's first inhabitants.

Any one of the seven vortexes or *seals* described in the diagram may be stimulated by "Toning" the musical note indicated and visualizing the predominating color frequency. This practice, if done correctly just before meditation, enables one to listen to the song of life within and perhaps catch a glimpse of his own Cosmic being.

PART TWO MARK PROBERT

The ensuing pages provide an extra key to an area of awareness which may prove to be more revealing and far-reaching than any key found in preceding chapters. In this dimension of "inner space" so close behind the doors of physical existence, not too much information is available. Herein is provided, through the mediumship of one Mark Probert, a vast amount of documented information and wisdom teaching which bubbles as naturally as an artesian well.

Keys to Inner Space

trying to make bargains with God. And here, with an excellent body, I was wasting it from lack of exercise. My body broke down, my body went to fatty tissue later to kidney trouble, bowel trouble, and with all these things, I 'died'. So much for promises. If we can't have a memory of our life, then what good is it? People say, "So we shan't make the same mistakes." Well, damn, we never did, because the condition, the environment we come into is always different."

QUESTION: "But could you say then that one of the more proper, or useful memory banks is to remember the principle that will apply to any situation?"

PROFESSOR LUNTZ: "That is right. To remember the truth. To know what is the law. To be able to recognize this law and to follow it; just to have the intelligence to follow the law. In this way we do what we should do and not just what the lower consciousness drives us to do. In the Christian Bible it says, God made man and gave him the will to choose between right and wrong, well, that simply is not true. A will is something an individual has to make himself; to create; to feel; to have; and, unless we have the awareness for it, we cannot do it. We cannot learn a thing." 25 YEARS

Over nearly a twenty-year recording period I would estimate that there must be as many as two thousand Probert tape recordings in existence, most of them far out in profound spiritual teaching.* I would like to add that all the entities in the course of my acquaintance with Mark seemed to be normal, fully integrated personalities. And that most of the conversations I have taped contain information and ideas far beyond

* An indexed catalog listing several hundred tape recordings according to subject may be obtained by writing The Probert Memorial Foundation, P.O. Box 11672, Palo Alto, California 94306.

Mark Probert

scope of Mark's education, not to mention vocabulary and normal interests.

When Mark was taking dictation clairaudiently he "heard" the words but in a higher frequency than one hearing normal physical words. He was attuned to octaves beyond the normal range.

Creation—Chemistry of Life

E Yada di Shi'ite in most of the sessions made at least one or two references to "how it all got started," some of them humorous and some "deadly" serious. I would not attempt to summarize his observations but have pieced together the following from documented tapes and transcripts.

YADA: "In the beginning, man—that which is man today—was formed in the upper regions of space, in vast clouds of cosmic dust, which was the remaining substance of the earth as it formed itself. This was formed in minute drops of water—not the kind you have today, but very much radiated water. The energy of the physical life is ultraviolet light. And when these minute pieces were radiated by the sun, they formed protein enzymes which then came down in water droplets and created great fields of water on earth.

"Then came a drying period. The water goes back to the sky, and these living energies, which had fallen deep into the water, were left on the surfaces with no water. Then a fermentation process started in which these minute substances had more chemical elements added to them by the process of fermentation.

"Little by little, the great creative Mind decided that there was no way to progress—by division of cells. So it started a pattern called addition—do you see how matter

mathematical life is? Then came changes that formed beings that could survive in given environments. If one could not bring itself into balance with its environment, it died. It was annihilated by its own inability to adapt.

"Man (Mind), the creator, decided to come and work with his creation—the son of the Sun. He tried many ways of getting here, but none of them worked. So he started anew and he started very low, and little by little, he worked up, by the pattern you call evolution.

"This creative self was born spontaneously all over the earth. There is no one place that you can call the cradle of man, unless you believe it to be, as your book says, the Garden of Eden. I cannot counter your stories, your beliefs. I cannot deny them. *I am telling you only what I know. If you are comfortable with your beliefs, forget mine.*

"You must understand that energy is light. That is what your world came out of—your times were started by harmonics—sound; sound that is not what you call ear-sound, but a series of vibrations that brought the matter world into being.

"Starting by vortex motion; creating little whirlpools, centering, ever centering, until the density reached a point that we may call capacity. It cannot get beyond that density. And then there is a falling in on itself, creating what is called an implosion. And then follows an outer or explosion.

"With the first outer explosion came green, green light. Then there was a great rushing back to the center, a great density again, and then a falling in, and then a great explosion again that set whirlpool motion going—matter, coming into being. And just what is that force?"

QUESTION: "Is electromagnetic force a better term?"

YADA: "Yes, of course. Very good."

QUESTION: "Are all vibrations electrical in nature?"

YADA: "Yes, either in a repelling motion or—in how you say—attracting motion. There are times when I do not have the proper words to use, so you will forgive me for that.* It is a serious mistake we make, not to know the proper language to use when talking about anything so important, and I must accept the responsibility of my mistake.

Yada is having a little trouble with Mark's body at this point but after a few moments continues. "Not all humans, now on the earth, originated here. Some of them were brought from vast distances, from other planetary systems deep in the heart of the galactic system. So we may say they were 'seeded' here. It is the same thing with some plant life, some bug life, some fish life.

"Man himself, as I said, is a space being—born in space, born of heat and light and radiation. So in some senses, we can say he is an atomic being, for the sun is but a series of atomic explosions where matter is being fed into the Sun and broken down to its lowest component parts, and wherever there is such a Sun and Solar system, or planetary system, which is in proper alignment with the Sun—whatever its size may be—there is almost certain to be life there.

"And on some of the outer planets, life has not advanced in the same manner as it has on the earth. The beings are decidedly different and in some cases, we may say they are like large insects. On other planets, the whole procedure in evolution that has taken place

* While E Yada di Shifu's style of expressing himself improves over the years, he does frequently slip back into old patterns, on which occasions, for clarity, slight editorial changes have been necessary.

Keys to Inner Space

on the earth has happened on these planets—and an intelligent human being has been the end result.

"Some of these beings have created civilizations that are now several million years old. Think of that! Your civilization is relatively young—a few thousand years. Man has been coming here and going away, on and off for upwards of a million years—but his civilizations haven't lasted. Five times, beings called humans have been destroyed from the earth. They have destroyed themselves. This is what man is trying to do today.

"For, life is an individual experience and it is, as you Americans would say, a 'do-it-yourself job'. You are the creator. There is no other. Now, when I say 'you,' I am not talking about this [pointing to the physical structure]. You created this. The creator in you made this. So I am not talking about this body. Nor am I talking about the consciousness of this, called the ego. I am talking about YOU as a Cosmic being.

"In the beginning, I am born of love. The word love means understanding. The understanding may not be of the kind that is between the mother and the father. The understanding may only be in the entity that is moving from father's body to mother's. I may be the result of a very violent attack, yet the results of that attack—called me—is love. The whole universe is born of violence but it becomes at rest with itself after a time.

"Great sounds, great galaxian systems are born from violent action. Then little by little the violence goes on and the creation becomes more peaceful or sane. Man was insane, for a time, and some of his insanity stayed with him still.

"Man, being the Creator, giving himself time to observe what is going on around him, can create anything he desires.

"You, I, we are not around like pieces of chess on

board, the whimsical motions of fate. But, we are moved around by our own fate through our way of thinking and feeling and responding to our thoughts.

"So, if there is any important thing, important to your continuance of consciousness that you wish to learn, you will learn it. You may die at conception, but you'll live again to die again. Perhaps for a little longer period of time. Perhaps to get more experiences in some particular environment. You cannot die, the creator does not die, even though some have proclaimed, 'God is dead.' This 'God' is never dead; never sleeps, is eternal. 'I am that.' I am the eternal light.

"You look. You stay aware. I do not know more than you. I just know different things than you, that's all. I know about life in a different way than you. You know about life in a different way than someone next to you.

"The building blocks that have gone to make up the material world are a something you in your English call 'energy.' The motion of energy creates a something called 'molecules.' Molecules are the beginning of something called 'matter.' Matter meaning surface, surface meaning sensory. Something that is measured by the senses. There are degrees. Everything is in degrees, never absolute. If you found something that was absolute solid, you couldn't lift it. There is a substance in spaces; today you call this substance 'plasma' spread out in countless millions of miles; a substance so dense that one cubic inch of it weighs into the millions of tons.

"Only in recent years have your scientists created an instrument that they can see through that vast density. At one time, it was believed that that density was simply empty space. No stars, no forms at all. But, since

It is better for you to try to understand the "Law of Change" and the necessity for change."

QUESTION: "In our universe, after implosion came explosion, is that right? . . . then we are currently still expanding?"

YADA: "Expanding and your scientists think about this very often and are not able to make up their minds whether you are expanding or contracting.

"You see, the thing that started it, the force that started it into the explosion, is still carried in it by the space, from the source. It is still creation, but when the vibration that started it blowing out from the center begins to lessen, then you have another explosion, where matter begins rushing together."

QUESTION: "And that is what we call going home?"

YADA: "Yes, that is what I call going home. This is the breath of Brahma, this inbreathing and outbreathing, that's what the Hindus say. But that is a figure of speech, not exactly a breath, as you may call it, as you call the word breath, as you think of it. It's a motion of expansion and everything returns to its creative center, everything returns to the center. That's where the Christians get the idea that man returns to God, who they assume was the Creator. You see what happens in this returning to the center. The energies that let the explosion take place begin to drop off very appreciably, according to the square of the distance. What you call the center, you find the same thing in a single atom. You find the electronic bodies in their orbital path, expanding from the center and falling back to the center because there is a point of expansion wherein the electron runs into neutrality, the neutral fields. So they are not drawn back to the center, they fall back to the center. They can do no other, because the energies have been pulled back to the center and they must follow that loss of energy

ergy to try to keep orbit in the atom. Try to find an orbit and stay with it.

"The physical world, because of density, of slowness, brings undue pressure upon the mental self. That is why it is so vital to keep the body in good health. Use the energies, but do not squander them. All is made from energy. In physics it is called the "Law of Energy." Strange—everything is energy, yet it is necessary to conserve it. A paradox? A law. A very real one. We feel the effects if we do not follow it!"

Many times Yada was asked why it was that these "Teachers of Light" chose this particular time of 1945-1946 to make their appearance on earth plane. He answers: "Starting in 1945 was the Aquarian Age, it was also the beginning of the space age. Age when the first atomic power was let go into your spaces. Man put his foot for the first time on the path of mental growth, mental involvement with the higher consciousness.

"Yes, many times people ask me, 'Yada, why do you come to earth? What is your business here?' It is my business to help people think. This is of utmost importance! If we humans do not learn to think, we are not humans. We lose our humanness as we live on the earth if we do not learn to think. We are no more than the animals. Is that not important enough to come to your world for?"

Outer-Space Beings—UFOs

As there appear to be so many dimensions or planes of consciousness, it is not clear in just what manner Yada di Shi'ite would be able to consort with an outer-space being, say from another galaxy. If it is only a matter of controlling his frequency and raising or

Entry to Inner Space

lowering it at will, this might be possible. But other factors may be involved. Be that as it may, let us take a look at some of the fragmented quotes I have culled from documented tapes and transcripts (1967-1968).

YADA: "So, what do we talk about and feel emotional about? Do we think of beings from outer space as beautiful—as intelligent? Do they have your interest in heart? Do you think they come into your atmosphere for your benefit? Many of these races of people have been drifting through space for millions of years, visiting all kinds of bodies throughout your galactic system as well as many other galactic systems, some that are millions and billions of light-years away. Time means nothing to them. Time is only a measurement of earth time. I know of no other system, no other solar system that has measuring of time.

The space people, in their own land, are inclined to be kindly and helpful to one another. But when they encounter trouble, when they have too many on the planes—or their planets, if you wish—they too become difficult. They go looking to expand themselves where there is more land. And as we of the Circle have often said, the earth is a living gem in the sky.

These beings are going to come here more and more now; and some may prove a danger to you, a threat. They have been coming quietly now for many, many years—several thousand years. They can afford to do so, their plan is a long-range plan. Many of them come from a great distance, millions of light-years away from your galactic system and beyond that."

QUESTION: "How would one approach one of these space beings if he or she ever came close enough for contact?"

YADA: "Simply to accept them. Your invitation is in your attitudes toward them. They are not mysterious.

Mark Probert

that need to be solved. They are beings from other states of consciousness, other dimensions of time. And they would be very interested in making some direct communication with some of your people and eventually with all the people that they can reach.

"But this can only happen if you people here on earth stop playing with these things, stop making believe that they are your saviours; stop giving them useless credit. They do not like it, so they will not do anything to come closer.

"They fear two things. They fear your violent nature and they fear your general attitude of friendliness because they see through it. It is not friendly; it is self-seeking; it is something for me. This means that almost any person who has any direct contact with these beings automatically tries to make himself the vicar of flying-saucer people. The man Adamsky tried that and he ended up with nothing. He proved nothing, and none of the others will either, if your attitudes among yourselves and toward them does not change. They are afraid. I would be too, but with me, I have a very easy exit that I can run fast.

"But you see, there are many, many levels of consciousness different from mine that beings come from. You can call them 'planes' in which they move through different stages to learn—as you learn in your way—to experiment and to record; so that in the event your civilization falls, as almost every civilization has in due time, they will have the recordings for those who come up later."

"Much of the mystical teachings of life, much of the inner truth, come from beings who are not of the earth, but descended to the earth. Some came of their own accord with willingness and love, to bring man some brighter knowledge of their existence, from which have

the orders of Masonry, the stories of the Druids, and the stories of the mystical schools of the Greeks and the ancient Egyptians.

The story has come quite clear in some writings called 'Isis Unveiled'. Then there are what are called the Upanishads, out of which has come much understanding of our individual nature and what our struggle of life is about."

QUESTION: "Yada, may I ask, do you have any comment about the alleged UFO sighting that we came upon last Wednesday evening?"

YADA: "You know, you made a comment which you possibly do not know of, or do not realize how true it was. Whenever there is certain physical phenomena taking place in the skies—such as the eclipse of the moon or the sun, or other forces of nature acting out their work—these space dwellers come and do what you may call 'geo-physical work.'

They study the moon and its passage between planetary bodies, or between the sun and a planet, from all angles. They use the energies in space, to make pictures—vast pictures of what is going on, on the earth or off the earth—anywhere in space. And this is what we saw last evening. These beings were making pictures of the earth, of the moon, of the sun, at the time when the sun was beyond your vision.

Also, they photograph, by a kind of X-raying, the interior of the earth—over certain sections of it, so as to know where possibly there is likely to be a very big cracking of the earth that may displace vast lands into the water or somewhere else."

QUESTION: "What did they find out?"

YADA: "Now, if I know, how could I tell you? I can't. It is very complex."

QUESTION: "Were they using any of the TV electrical systems for recharging?"

YADA: "Yes, of course."

QUESTION: "Is that why they were over Mt. Soledad specifically?"

YADA: "Yes. Often, these beings use the forces of the planet they are on to do their work, whatever it may be."

QUESTION: "You said once before that they came into our visual spectrum when they were at their lowest point of energy, when they were just about to run out of power. So is that when they became visible and were being recharged?"

YADA: "Yes, because they begin to absorb it then. They are now out of it and begin absorbing it, because when they are out of it, they begin to look three-dimensional. They begin to look solid."

QUESTION: "Of what use is a physical planet to them?"

YADA: "The word 'mental' is not understood by you. If one has any kind of body, it must be put together by lines of force, called 'electrical,' or the energy by that name; you have plenty of it here on your earth.

"I go back again to space people and you will see how all these things go together. These beings are everywhere present. They just do not come now, and then go away. They live in your atmosphere. They can communicate with you mentally, as well as physically. They can make themselves look human, or not so human. They have command of energy."

"You will do it, in due course. You will be masters of many things, but first you must learn to master yourself—especially the emotional self."

"These beings are coming here for one purpose only, and saving the human race has nothing to do with that."

purpose. It all has to do with gathering energy and they can get more energy from an atmosphere as heavy as yours than anywhere else where there is no such atmosphere—your physical atmosphere. Most of these beings do not care much about you. If it were possible for them to do it, they would come here and get what they want without ever letting you see them. But in losing energy, they show themselves, for they have no protecting shield of invisibility."

QUESTION: "Are they mostly coming because their world of energy is in a state of decline?"

YADA: "Yes. Your energy here is more alive, more active, more powerful because it is created in a dense atmosphere. The vast part of the universe is sleeping energy."

QUESTION: "Which needs revitalizing?"

YADA: "That is right."

QUESTION: "These people who come here—if you could explain what they look like, how would they differ from us?"

YADA: "You wouldn't want to know! Physical forms are anything but humanlike."

QUESTION: "Like 'The Invader'?"

YADA: "No, they—'The Invaders'—are humanlike. These beings are much more not so."

COMMENT: "They disguised themselves as our type."

YADA: "What is being shown there on 'The Invader' is telling a story with a great deal of truth in it. They are energy beings. The beings we call UFOs are energy beings. Some of them, the men, are trying to mate with the women here, so as to produce a more continuous being, so that when their body dies, there is an intelligence that survives. They do not now have that continuity."

QUESTION: "Is that because on their level there is no continuity?"

YADA: "There is no feeling of continuity with these people."

Poltergeists

YADA: "Now we go again to something that looks entirely different—poltergeists. These beings are pure energy, and when energy wears out, they are no more. Many of these poltergeist beings appear in your atmosphere to gain and keep more energy, to exist longer."

QUESTION: "Is there such a plan involved?"

YADA: "In your America it is called 'everybody doing their thing.' Nature's laws do not hinge on emotional attitudes. If that were true, the lions would stop killing for eating, all things would stop killing for energy. We are all energy-absorbing bodies. I could have no form at all if I did not have the ability to absorb energy. I could not come here unless I knew how to absorb energy from you. So we all, living things and all not living things, are absorbing energy one from another. Everything is living off the vital forces of everything else."

COMMENT: "It is not acceptable to us that these people have no continuity when their bodies disintegrate. Is that what you are saying?"

YADA: "Yes, because their minds are pure energy also."

QUESTION: "The same as a poltergeist?"

YADA: "Yes, that is right."

QUESTION: "We are not of that nature?"

YADA: "Yes, you are, in a way, because your brain is an energy center gatherer and the whole body is of the same order, an energy gatherer."

QUESTION: "What form do they take in order to

"Very often, our sex urges drive us to take another of the opposite sex, to bed with us. We say those two people are together in bed. But are they really? They may be mating in body, but there is no communion of their minds. So the physical mating does them little good. They think they have gotten some satisfaction from it, but unless they are mentally communiting besides physically, they get no real substance from one another. There is no exchange. It is a little tickle for a moment. And if it is not ticking in the brain, in the mind, also, the tickle will bring no laughter of joy, but pain and disgust. Do not cheat yourself. Know what you are doing.

"Everything is related to every other thing. Nothing stands alone. Isn't that beautiful? When you go to your bed, you do not go to your bed alone. You may use another person to bed with you or they may go with you of their own free will. But you can be just as much alone, as far as that one is concerned, as if you were alone because if he or she is not in harmony with your thoughts, your feeling, they are not there.

"This is why I have said that to have a bed partner, the partner must be closely related to you. Often, in our teaching, we think we are related only by blood. In a manner, we are, because every human being has blood, and there is only one blood, even though we try to make bloods different by classification, due to the different chemical compounds. Yet, there is only one blood—as there is only one water.

"Imagery sets up an actual flow of electricity through the chemistry of the nervous system, the chemistry of the body. When two people meet, who have an affinity for one another, in the beginning it is purely physical. It is sexual, biological.

"Of course, being taught that sex is evil, they do

want to admit that and so they make it romantic. They try to keep their minds away from the sexual feeling they have for one another—it's evil. Nature being what it is, this cannot go on for very long. They automatically get pulled against their negative thoughts about it, and will come together.

"If they have sexual relationships with this kind of love, they create an actual electrical exchange between them. This is one reason why it is not a healthy thing for a man to use protection over himself. It cuts off the electrical flow and if continued, can actually cause some form of tuberculosis.

"The love flow—called kundalini—is magnetic. To use that flow for just one purpose, through the sex centers, is not enough. For it is creative energy. It is substance of the mind, out of which we do all our creating. We impregnate life with our feelings about our creations.

"Yet, if we feel shame, we destroy that creative feeling in many ways. Great paintings, great works of sculpture, of engineering and mechanics are born of this energy. When you move to one to whom you are physically attracted, try to know what that one wants. What is their expectation? What is their feeling regarding the sex act?

"In the same way as you should with food—move to your food with a feeling of love for it. Give it life—your life, so it will give you life. Put a sense of joy into your eating. Taste before you take your food. Taste it mentally. Start the juices flowing in the mouth, preparing the mouth to take the food for digestion, for that's where it starts—in the mouth.

"Love does not bind. Perhaps that is its weakness. But no, from the moment anything binds the individual, it destroys him. LOVE HOLDS TOGETHER BY ITSELF.

SELF, by its own nature. It is made of silken cords, it has much latitude for motion.

"What is called the 'climax' in sex is 'Samadhi'. Do you know what Samadhi is? Your high state of consciousness. How does it come by the sex climax? Because it does the same thing—the mind of the individual becomes centered, tremendously centered, at that moment. I like to call it 'the poor man's Samadhi'. I say 'poor', meaning only that he doesn't know what to do with it other than gasp. It is the thing that puts him in that high state of consciousness called the heavenly state.

"Now if he knew how to use it more to help his fellow man, he would be more satisfied with his life. It is the use of your vital energies to someone you love—that is, satisfying your creative self. But when you misuse it and give it to someone whom you do not love, you deplete it yourself.

"Now you might think that the few moments of Samadhi is worth the effort—and I suppose to those who think that way, it is. But fortunate is the man and woman who can reach that stage together where they love one another—really love. They bring themselves in union to the state of being.

"Now the majority of the time that men and women relate themselves sexually, it is mostly only for the momentary gratification each one separately gets out of it. So, when they move away from one another, they find themselves disconnected, not only physically, but mentally. So, many times they feel disgust, not only with themselves, but with the person they were with. But when you love someone, it is a tremendous union which you feel completed. If you never mated again that way with that one, you wouldn't miss it. It would go on making your life one of beauty and satisfaction.

"I have had people talk to me, at gatherings like this, asking—and I can hear the unwitting stupidity in their words; they do not know they are being stupid; but they would say—'But Yada, do you not think that man and woman should have sex just for fun?' I do not think about it at all but I do say that if you do know what you are doing it for, just for fun, can you attain Samadhi just for fun?

"Is there any laughter in sex? Not really. Because, to have a sense of completion, you must be one-pointed in mind. The vital forces flowing between you must be one-pointed, otherwise there is no response. The body gets little satisfaction from it. And what is a body? It is a point of energy. Now you learn to breathe that energy back into your center; the center of your being, because you made it; it belongs to you. But, you will not do this for a long time yet, because you have no real need to do it. You are going to another place; you are not yet going home. You are to adventure further into other lands, in which you do not need that form, so you leave it behind.

"But there will come a day, there will come a time, there will come an hour when you will suddenly realize that you are dreaming. Then you will know how to move around. Then you will know the value of energy. Then you will know how to mold it according to the way you want to.

"Many people think that when you become a 'ghost', that is the end of your sex days. I think, for the most, the end comes long before that—and just because they did not know how to hold on to it. They so misused it, they lost it. No one should stop, or be unable, or settle for—what is the word—impotence?

"No one need suffer it. It is not the normal thing that because we reach a certain age, now we are done.

2 1/2 months
WITHOUT
SEANCES?

CONTROL: YADA DI SHI'ITE ---- 8:15 p.m.

"When we get to understand one another," said YADA, "we get to love one another. That is love. Love is not passion; love is understanding. When you have passion, you have passion and nothing else, no understanding, no realization."

LOVE
←
←
←
UNDERSTANDING

{ LOVE - UNDERSTANDING
LOVE - PASSION

"Couldn't you have both?" asked M.L.

"Not for the moment. After that moment, you come back to realization, and begin to live again. But that is the way of all life... But for the moment I should like to speak of this matter of the Moon Spirits MOON of which Dr. Layne was speaking."

← LOVE

"Yes," said Layne, "this is a communication brought by O.R and which has to do with Elementals."

"Yes, I know. The lady who is at the moment on the threshold of the young man's psychic world is quite young." (This young lady, said to be about 22 years of age, is a constant companion of one of the seance group and communicates freely with him by means of the pendule. On one occasion she took control of Mark and talked with the group. She is very naive, somewhat pathetic, but fast developing.) "When she left this physical chemical world, in an accident, I believe, she was not at all prepared to go. The accident also conditioned her mind. In other words she had very definite injuries to the physical brain, and carried over the belief in those conditions into the astral world; therefore she is under the tutelage of elementary beings. They are as toys to her in one respect, as they keep her amused and happy until she completely recuperates. Now she has momentary states of clear awareness."

ELEMENTALS

"These nature spirits also bring energy and strength to the astral body of an individual who does not understand life to begin with. What attracts these little beings to flowers and plants and trees and rocks is the particular kind of light that these forms of nature exhibit from the astral side. Now, you see only the physical side of a plant, a tree, a flower, - but it has its real counterpart in what is called the astral body. Now, you see only the physical side of a plant, a tree, a flower, - but it has its real counterpart in what is called the astral body. And that is what attracts these beings. Seldom are they aware of the physical part of the flower or tree. When one sees these beings and makes an effort to approach them closer, one seems to scare them away. But what happens is that the physical individual, in his moment of excitement, closes the psychic door or eye, and they seem to disappear. This too is the way of your DISCS or - what do you call them - 'flying saucers.'"

ASTRAL BODY

UFO,

"Do you mean that the Discs do not really go away?" asked Layne.

"Not always. Sometimes you are not aware of them, because they do not stay in your dimension of matter. They, too, may be what is called

CONTROL RAMOND NATALLI
DISAPPEARANCES

DISASTERS

-
-
-
-

"These stories you are hearing about abductions by the Etheric are quite possible -- such things have taken place. Whole groups of crews and passengers of ships, more than that, whole races have been carried off into the Etheric, in times long past, when some great catalytic action became necessary in earth affairs. Individuals who are carried off are provided for and taught; it is often a fine thing for them, at least for a few, and the others also progress. They do not die on the Etheric plane, and reincarnate either on earth, or on other levels; they do not, necessarily, enter the astral regions at the time of 'mysterious disappearances' are not, always, due to Etheric action. Sometimes people blunder into atomic whirls in which the body disappears instantly. There's a fine way to rationalize this new dogma about the bodily translation of the Virgin. She was carried off by an Etheric whirl or else stepped into an ether-whirl."

BERMUDA TRIANGLE
VIRGIN MARY DEATH

"About these abductions of whole races of people," said Me... "is there anything in the teachings of the various Schools and...

"I believe there is something of this sort in the inner teaching of the Berbers," replied Natalli.

SEANCE OF DEC. 3, 1950

ATOMIC BOMBS

"The condition on this side of the victims of the atomic bombs is bad," said Professor Luntz. "All explosions have an effect on the consciousness of individuals, but these atomic explosions seem to register more. The consciousness of individuals has through years become accustomed in a sense, to the idea and effect of ordinary explosions, but with an A-bomb there is a special type of radiation, and this has a measure over and beyond that of the explosion itself. The mechanics involved are very startling to the average individual."

VIBRATIONS

FORTEAN FALLS

"As above, so below," said Ramond Natalli. "There is much resonance among the heavenly bodies and their etheric fields. The earth seems coming into some kind of vibratory action. And many strange things are coming from the sky in the next few months. Violent things will take place in our solar system. Discs (Flying Saucers), and other things, will come from the sky. Is it not said, 'Watch for things from the sky?' The ice falls are from the ether, acting in cooperation with your atmosphere. The brick you spoke of was not ice; it was smooth, but not cold. Sometimes, as in the case of the Discs, worlds fall into each other. These things come from your love. It is the locale where the three dimensions of matter may be organized. . . . Yes, these falls are adventitious, there is no purpose or design in them; they have been going on from the beginning of time."

Yada di Shi'ite, head of the Inner Circle: "Within a month, my friend, lies the answer that will either make or break the world's civilization. There is so much tied up in it -- so much that you do not know anything about. Were you to know it, it would sicken you to measure. You cannot imagine the festering greed that lies behind it."

"And their origin lies in near-living people?" asked Meade.

"Yes. You may look back in history and you will find that in the sections where the stresses has been greatest, the weather has been bad. Because the stress affects the climate --- and the people in that section suffer great epidemics and diseases, whereupon your medical men seize a needle and jab it into them. This is good, because this reduces the stresses by irritation." **SONIC BOOMS - SKYQUAKES**

"And the explosions that are heard at such times; do they tend to relieve the situation?"

"Yes, indeed; and if it were not for them, the people themselves would blow up. Wouldn't that be nice? Seriously, though, both the humming noise and the explosions are caused by these stresses."

(Meade questions Yoda concerning the concussion.)

"The concussion from such can cause death -- it is more than the human body can bear. They are not a portent of something worse to come; they are like a safety valve."

"Can any of you tell me a single truth?"

"Yes -- one plus one equals two," answered Meade.

"... are on some of the inner planes some things that cannot be gotten by saying 'one plus one equals two' -- because things exist in ..."

"Can you on your plane, or on any plane, draw a line that is equal to the square root of 8?" asked Meade.

"I do not think so."

"That would mean your ^{ETHNIC} matter is all particulate?" asked Meade.

"Yes, it does --- If only on each plane there were certain set laws: this is this; that is that -- and there were no changing! But constant and continual change is the law in every plane of consciousness. 'If' -- what a little thing man's consciousness hangs upon! I say that to bring to your attention the importance of little things. There are in the heavens suns large enough to put fifty million of your suns in -- and then they would rattle around! What is size?" (Tapping forehead) "This is size. And, if you do not exercise, you will have no size. (Ha, nice pun, isn't it?) All things are merely one thing: consciousness ←"

"Suppose I were to hypnotize you and tell you that when you awaken you will not know of the existence of this thing out here, and when you come out of your hypnotic state you will not be aware of it. But if you

the great electric current called life. How can it be lost? No matter how far leaves the physical-chemical body, it has no effect upon the quality of that person, only to the extent of how his living on the earth has affected his thinking ability. If what has happened to him here on your plane becomes imbedded in the soul seed through great desire, then he or she will take with them that desire and act it out and react it throughout time until they have learned that that thing, whatever it be, is not necessary for them any longer. Every experience that man has, is a valid one. It is only through experiential life that man can grow. It is not what man does, that brings him great joy or injury, that is an evil or a good, but how it becomes impressed upon the soul's seed, and to what extent. ... what is he thinking when he is committing a certain act? good, or so-called "evil"? The evilness of an act lies only in how much he takes in unto himself and holds the act there.

"Is it better, then, to take all experiences lightly and casually?" inquired Meade.

"It is -- to stand aloof. Do not become the act that you are committing. For all acts, on all planes, are exterior, and not interior. By that I mean to say, whatever plane of consciousness you enter, and in, he eternally has an outer state of awareness, in which to carry out his desires or thoughts. Of course, some may feel that this is 'maya', but be it so, it is still there."

"All planes are planes of illusion?" inquired Meade.

"All planes are planes of illusion. There is no act concrete abiding place in which one can say 'ah, this is reality; this will not change forever and forever this will be as it is, as I now observe it to be. No, for all is but consciousness, and consciousness exists through eternal change. So you now see why we teach the being fearless -- not becoming attached to that which you do --- well, more -- whatever you do, do it with kindness in your heart; with love in your heart; then you shall not become attached, because love means understanding, and understanding means the giving of freedom to all things, and if you give freedom, assuredly you receive freedom, and nothing, therefore, shall harm you. It is because man believes that something exterior to himself can hurt him, it can hurt him. It does not become an evil, but the evil is to him."

"Is there not a deep craving in human nature for certainty, surety, for absolute values?" asked Meade.

"Most assuredly there is, because man, when he created mentally, and caused to come into a three-dimensional aspect, this - what you call the physical-chemical world - he fell into the hypnotic belief that there must be something, what you call "concrete, real. Man is eternally seeking this will-o'-the-wisp, and it is well that he does so in some respects, because it keeps him on the Great Quest; it forces him to seek the Light, the Path. In the beginning man did not need such beliefs, for he knew that all was consciousness, and that he was the creator; but losing completely, losing this and falling into the hypnotic trance state of

THE HISTORY OF THE CITY OF BOSTON

through Mark P. ... medium

...
...
...

yet is in the very thick of. I think that the majority of men are not seeking wisdom, but are seeking to escape boredom."

"The majority are," replied the lady.

"Everything that man does, every motion that he makes, is to escape this which he calls his material existence. It is from the time of entrance into this physical world until he dies that he is making much din to escape boredom."

"Yet you tell us he started out and entered in by his own choice."

"That is the only way to escape it. That is the only way man can learn the things that are necessary for his growth. No man enters this that he calls the earth, because he was not satisfied with his state of consciousness."

"So man created the earth," said the lady guest.

"Not only the earth, but all that man imagined. This is what is upsetting to an individual, on stopping to think about it. What is the meaning of creating the earth? Another large task I have before me is to understand the processes by which man created the earth and all beyond it. Because all this 'beyond and beyond and beyond' is man ... man. You - and you - and you, all of us, including me and my own condition, we are walking around in consciousness, and your scientific minds call space ... atmosphere ... ether ... You are walking around in mind. You have a discovery today in telepathy. Do you feel that this telepathy is some energy from one physical plane, traveling to another physical plane? No, it is in consciousness ... nothing is traveling from here to there in here and there. You want to say something to that?"

"Can we correlate this superior consciousness to our present state?" asked the lady guest.

"I think so, yes."

"What can we learn from it?"

"From any state, and in any state, man learns by experience. Is that not true?"

"Sad, but true."

"Man is not to hate this. Many religions teach that the desires of the body are an evil, but they are not ... a necessity."

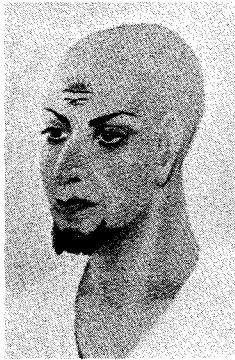
"Are you decrying learning by reasoning?" inquired a

... to come in.
... to meet.
... the working well.
... which, for the
... in the
... the
... as you
... should not let your
... they
... they should
... with the
... in trying to contact

... from the beginning
... history
... the
... that have
... of the
... including

... called in the
... many
... the
... the
... the
... the
... the

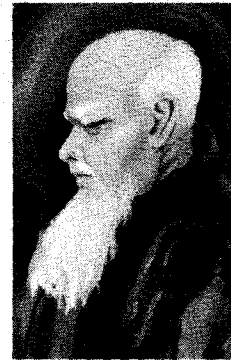
... may we not?



E YADA DI SHI'ITE

This personality was born in the city of Kaoti (City of Temples) in a civilization called Yuga (Vast Body), or Yu. This civilization consisted of 180 million people and existed a half million years ago. It was located in the Himalayan Mountains. He was taken from his mother as a baby and raised in the temples, to become a Kata (Priest) and later High Priest or Yada. The word really means "Spirit Life": He was therefore one of the heads of a mystical order called "Shi Ite".

The "Yu" civilization had been founded by a man named Na Sep Ni Ha, meaning the seventh son of a family named "Ha". E Yada was killed in a violent quake that completely destroyed the civilization along with eighty million of its inhabitants. E Yada was about thirty-four when he died and the "Yu" civilization one thousand and twenty-four when it died.



LAO-TSE or LAO-TZU

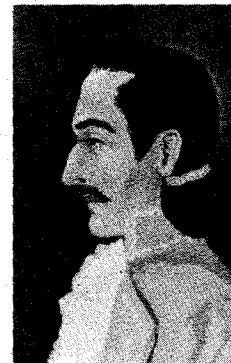
This personality lived between 550-600 B. C. (b. 604 B. C. encyc.), in a town called K'uh sien. He belonged to a wealthy and educated family, and had no need to work for the Imperial Library, yet spent much time there poring over the books. He later became a roaming sage. Actually he did no writing at all, but his sayings were compiled by his disciples. Had a wife and seven children, and according to custom, several concubines. At about fifty years of age he abandoned his family and followers and was taken into the mystical school of the White Brotherhood. He died smiling happily at the age of eighty-two.

He had an extraordinary intellect and was a truly great philosopher; a central figure in Taoism.



PROFESSOR ALFRED LUNTZ

This personality was born in 1812 and died in 1893. He was a clergyman for the High Episcopal Church of England. He was of English and German parentage and was born in North London. Graduated from the Eton School for Boys at the age of seventeen. He worked in his father's law firm in Hanover, Germany, until he was twenty. Attended Heidelberg where he took a course in philosophy and comparative religion, then on to Oxford where he received his Ph. D. in the Episcopal Theological Seminary and later served a donship. He was a devotee of Queen Victoria. He was not surprised when he died to discover that he had survived the grave, but stunned when he realized there was no heaven or hell as he had eloquently taught and believed.



RAMOND NATALLI

This personality was born in 1598 and died in 1652. He was an astronomer and belonged to the Royal House of Astronomy in Rome, Italy. He was also a student of law. He was a close friend of the famous Galileo and secretly fought the bloody hand of the Inquisition. Ramond Natalli was an agnostic.

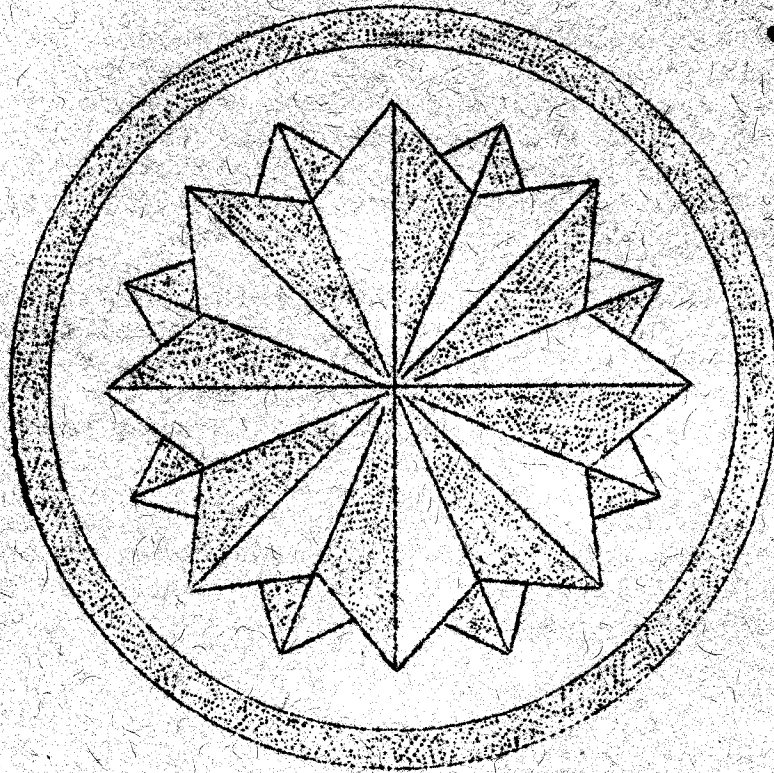
He continued to pursue the field of astronomy after passing into the astral. He was pleasantly surprised to discover he had survived the death of his physical body. He discovered two things of great interest after being in the astral world about two years - the first was that sun spots were atomic storms and the other was that atoms consist of photons of varied frequency levels moving in a series of quantum arcs.

SEANCE MEMORANDA from the

Inner Circle

BSRA NO. 10-Q, Part III of the 1951
Series of Seances, Previously Unpub-
lished, July 3 thru Nov. 28, 1951

25



through Mark Probert, medium

A Publication of:
Borderland Sciences Research Associates
Foundation, Inc.
PO Box 548, Vista, Calif. 92083

SEANCE MEMORANDA OF THE

INNER CIRCLE

BSRA NO. 10 - 9: UNPUBLISHED SERIES, 1951, Part III

INTRODUCTION TO PUBLISHED SEANCES
of 1950, by MEADE LAYNE, Director

"These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informational purposes only and not in the interest of any cult, organization or religious beliefs. Mark Probert is a non-professional trance medium who has received no compensation for some four years of service, apart from donations at a small number of public seances.

"To conserve space and reduce publishing costs, the names of sitters are usually omitted, along with irrelevant conversation and questions which can be easily inferred from the nature of the replies. Replies of the controls are sometimes condensed but care is taken to distort their meaning. Except where otherwise specified, all seances were held in San Diego."

Copies of these and previous reports may be had at \$1.25 each, post and tax paid, from Borderland Sciences Research Association, Inc., PO Box 548, Vista, California 92083. Send 25¢ in stamps for complete BSRA publication list.

* * *

CONTROLS IN THE ORDER OF THEIR APPEARANCE

Lo Sun Yat, Yada di Shi'ite, Ramon Natalli, Mahrajah Natcha,
Professor Alfred Lunta

SEANCE DATES

July 3, 1951 through Nov. 28, 1951

* * *

SUBJECT REFERENCE INDEX

- | <u>Page No.</u> | <u>Page No.</u> |
|---------------------------|------------------------------|
| action, 6 | Communism, 1, 2 |
| after-death sleeper, 21 | consciousness, 5, 13, 17, 21 |
| ammonia atmosphere, 12 | conscious working, 17 |
| Andes mountains, 30 | cosmic bodies, 15 |
| Armageddon, 31 | creative forces, 19 |
| astral, 19 | criminal, 6 |
| astral body, 5, 22, 23 | cross, 14 |
| astral level, 22 | |
| astral molecules, 22 | death, 15, 20, 21, 26 |
| astral projection, 13, 15 | desire, 6, 21, 22 |
| astral shells, 18, 21 | destiny, 2 |
| astral world, 15, 18, 22 | dia-magnetic, 11 |
| Atlantis, 31 | discarnate being, 20 |
| atomic energy, 27 | discipline, 3 |
| atomic particles, 23 | disease, 4, 9 |
| atomic war, 31 | dissociation, 15 |
| atoms, 10, 22 | doctors, 4 |
| attractions, 23 | dowsing, 28 |
| auric magnetism, 28 | |
| Australia, 30 | earth lives, 4 |
| automatons, 6 | earthquakes, 7, 31 |
| avatar, 29 | earth's destruction, 30 |
| awareness, 15, 16, 18 | Egypt, 14, 15 |
| | Egyptians, 1 |
| Balkans, 1 | electro-magnetic, 12 |
| Black Jews, 1 | endocrine glands, 24 |
| Blavatsky, H.P., 18 | England, 1, 2, 30 |
| bloodstream, 23 | entity, 20, 23 |
| body cells, 8 | environment, 24 |
| breakdown, 4 | eternity, 4 |
| | Etherians, 30 |
| capitalism, 1, | ether currents, 27 |
| Cameron "Aurameter", 28 | etheric matter, 10 |
| cataleptic trance, 14 | etheric people, 27 |
| Catholic Church, 2 | etheric skeleton, 23 |
| Catholic Hierarchy, 31 | etheric world, 15, 27, 31 |
| Catholicism, 1, 2 | evil powers, 31 |
| Catholics, 26 | evil spirits, 26 |
| cease-fire, 1 | |
| chemical body, 19, 21 | female egg, 23 |
| children, 4, 21 | feverish rush, 4 |
| child training, 2 | fictional character, 20 |
| China, 1 | Fireballs, 30 |
| chlorophyll, 13, 14 | Flying Discs, 27, 29, 30 |
| choice, 6 | Fourth of July, 4 |
| Christ, 17, 27, 29 | |
| Christian, 21 | generative organs, 23 |
| Christian Bible, 17 | genes, 24 |
| Collective Karma, 31 | glandular system, 9 |

Subject Reference Index, Cont.

	Page No.		Page No.
God, 26		lag effects, 27	
gods, 15		laws, 4	
good and evil, 4, 19		law of induction, 10	
good or bad, 6		law of love, 25	
government officials, 31		law of need, 17	
graphite, 11		law of random, 9	
gravitation, 29		learned lesson, 8	
gravitational force, 11		life, 17, 18	
Guardians, 31		life-force, 21	
Guru, 25		lodge, 14	
gyro device, 11		Lost Paradise, 27	
head, 21		Low Astral, 15, 25	
heat, 23		low self, 8	
heat radiation, 10		Light, 10, 11, 16, 22,	
heat wave, 9, 12, 22		magnetic field, 28, 29	
Hebrew, 1		magnetic force, 11	
hell, 27		male parent, 23	
heredity, 24		mantram, 15	
higher consciousness, 28		marriage, 13	
High Self, 8		Mars, 12, 29	
human dynamo, 7		Mars interior, 29	
hypnotic spell, 25		material gain, 7	
hypnotic state, 22, 25		mental block, 5	
hypnotic trance, 5		mental rapport, 21	
ill-living, 9		mental state, 7	
illusion, 17		mind, 4, 13, 17	
incarnating ego, 25		mind body, 13	
India, 14, 29		Mongoloid, 7	
inhabited planets, 12, 31		moon, 29	
interplanetary travel, 31		Mormon custom, 13	
inherited characteristics, 24, 25		mother's desires, 24	
initiation, 14, 15		mystic rites, 14	
Inner Laws, 15		magnetic flow, 9, 11, 21	
inner pressure, 3		necromancy, 26	
inner world, 20		Neptune, 12	
intelligence, 8		nerve system, 28	
Iran, 1		Nirvana, 25	
island universe, 10		occult teachings, 26	
Israel, 2		Old Prune, 14	
It, 21		outer pressure, 3	
Japan, 31		outer strife, 3	
Jewish Sanhedrin, 1		oil wells, 2	
Ka, 15, 20		outer world, 20	
karma, 2		obsession, 20	
kingdom of heaven, 17		orthodox tradition, 20	
Korea, 2		paralyzing sound, 6	
Korean War, 1, 6, 28, 31		peace, 1	

Subject Reference Index, Cont.

	Page No.		Page No.
peace on earth,	28	stress,	5
personal magnetism,	8	stressors,	7, 23
physical body,	15, 21	stimuli,	4, 24
physical re-birth,	4	strife,	16
physicist,	9, 28	sub-conscious,	5, 8
picture-making,	22	sun,	10
pilot,	20	supersonic speed,	27
pipe lines,	2	survival,	16, 19
plane of consciousness,	16	space-being,	29
priests,	2, 25		
psychic body,	15, 21	tension,	3, 4
psychic investigators,	19	therapeutic device,	8
psychopathic ward,	4	thing-in-itself,	22
push-pull,	23, 27, 28	thought-currents,	22
		training,	9
reality,	17	truths,	16
re-embodiment,	22	thought-forms,	19, 22
reincarnation,	5, 14, 18, 22, 25		
relapse,	9	United Nations,	1, 7
repulsion,	23	United States,	7
revolving particle,	9	universal patterns,	10
Russia,	1, 6, 7	usable reality,	17
		ulcers,	4
sabotage,	2		
sacrifice,	15	vacuum,	10
sacrilege,	26	Veil,	5
saint,	6	virus infection,	12
Saudi Arabia,	2	vortex,	10, 11
Scotland,	30	vortexian motion,	9
seance room,	19, 20		
secret landings,	30	weapon,	7
secret orders,	1, 15, 29, 30	wisdom,	3
second death,	18	world conflagration,	6
Self,	22	world saviors,	16
self-control,	2, 3		
self-realization,	22	"X",	14, 18
sexual potency,	23	yes,	2
sin,	6		
sincerity,	19	Zoroaster,	14
skin trouble,	12		
slaves,	28	4th Dimension,	14, 25
sleeper,	16	3-D consciousness,	13
solar plexus,	21	3-D world,	19, 25, 27
Sorcerer's Apprentice,	3		
soul,	5, 7, 20		
soul-seed,	5, 22, 23, 24		
space matter,	10		
space war,	31		
space vortex,	22		
Sphinx,	14		
spiritual knowledge,	17		

RANDOM

can we have a law at random. It is called that because so many things seem to follow a pattern. But there is a reason. The 'Law of random' is a conglomerate of many patterns. For instance, the planets seem to revolve around the sun; they follow this pattern, and so does the boundless universe. It is the universal law ... " states Paul.

"That is right. Every form of every substance coming into form starts in motion by what is called a vortex, or spiral lines of force. Light -- light does not travel; it is not what one can rightfully call in motion. A certain heat here, which we may call the sun, sets out a form of action that may be called heat radiation, or units of heat in action. In moving, these heat units cause themselves to be reflected in the space matter -- or outer particles. In other words, light -- and all other forms of motion -- are indeed worked out by what is called the law of induction. Being that no piece of matter -- atoms, neutrons, etc. -- touch one another, so these things work by induction -- by passing over their energy to one another. SPATIAL COHERENCE OF ETHERIC "MATTER" WITH CONVENTIONAL MATTER

"Now, in what is called a vacuum, there is yet matter; depending upon the amount of three-dimensional or raw matter that has been removed from the jar or tube, it will have a vacuum of a kind. Now, the matter that is left in a 'vacuum' of this kind is found to be of an extremely fine substance, moving at an entirely different rate of vibration from that of the substance that was taken out ..."

"Might it be called etheric matter?" Inquired Meade.

"Yes. You do not have an instrument or machine of any kind that can reach out enough in that field to touch that which remains -- so you do have that kind of vacuum. Now, as the young man has said, these particles of dust move in a spiral motion as all things do. But without light, these particles would not do that, would they? Because they are of a different dimension."

"Now, the light rays from the sun set them into motion, and as all bodies follow the pattern made by that force -- in other words, if you take a ball in your hand, and spin it so, it will go in the same motion, or pattern of motion, as the fingers indicated. Now, some particles from the sun move in this spiral motion, this particular kind of motion, -- in that confined space. If the same particles were out in free space, its motion would change, due to other forces working on it." (Natalli examines pictures from Popular Mechanics.) "These are the same patterns that all bodies in the heavens take when they are forming an island universe."

"You were an astronomer, weren't you, Natalli? Were you familiar with the thermocouple? It is two dissimilar metals coupled together by heat to make a joint. When heat is again applied to this joint, it causes a potential difference, which causes an electric current to flow between the two metals," stated Paul.

"There you have, it seems, heat creating an electrical current ..."

"Yes. I wondered if they had that when you were on the earth plane? They do it today to focus the rays of any heavenly body onto this thermo-couple. Then, with a galvanometer they can read the heat of a star."

Every thought and action is recorded in the continuous flow of time. Now, what was that in the past and honor of the past, just past, set up in the past, that of hate and revenge. Then can you expect anything different if you not have? Yes, it is true that prayer can break down these barriers, but it depends on the amount of prayer and the intensity of desire back of it. If these are not in the same proportion as hate and lust for revenge, it will do no good.

"Something always comes to take the place of that which is and no door is closed but another opens. --- Good evening."

THE CONTROL IS NOW -- NABARAJAN NATCHA

"Man has been on the earth for millions of years," said Natcha, "but as far as improvement, that does not come to the earth except thru the individual. As to whether the individual improves - that, sir, is a difficult question to answer, because I do not know what you consider improvement. We labor under the illusion that the race is a thing in itself. But the individual is the concrete, the race is an abstraction. Really, there are no races of people, there is only the human race, and each individual reacts according to his environment. And really there is no such thing as an individual personality at least from a physical standpoint; we are all composites of all the minds with which we have come in contact from the hour of conception."

"No, there is no such thing as a race as an entity. As to the 'group spirit,' this exists only as it shows itself sporadically at particular times and places. As in a riot, where each person in the crowd may be agreeable and kindly, but put them all together and do something that strikes at their ego and they will react in almost the same manner. They feel the courage of numbers. When the individual becomes excited the blood throws off an extremely irritating vibration and these lines strike in the region of the solar plasma, starting the adrenalin flow and increasing that of the gastric juices."

"Yes, individuals in a crowd are under the influence of a 'spell' it is the influence of the vibrations of the physical body. The chemical composition of each body is different, and when chemicals from one are injected into another, you can see what will happen. You may take tests for a blood transfusion - that shows that the chemistry of one body may be deadly in another. These vibrations are just like that - just as deadly to be put into the blood stream and the mind through playing upon the nerves."

"Yes, entities of a like nature are attracted to a crowd. If you could see the surge of a rioting crowd it would turn your stomach - it is a most beastly sight. I tell you, each of you is constantly sending out physical and mental vibration that can be either very healing or very healing. But try to be happy; be tranquil. There is nothing to be sad about. You walking in the Light. You are the master -- E-na acuna acuna, as my colleague Yoda Di Shi'ite says in his own tongue."

...of the ...

"It's good to be here with you, but I was appreciative of the difficulties of Indian guides and I ... to speak here so some years ago, it is not easy. I ... some often but I just don't have the time."

"Heavens, I thought your time troubles were over?" asked ...

"Not exactly. When you want to be here, you will be there. ... as a matter of fact I am often here, but ... to have so much to say that I don't want to intrude ... for coming. Besides giving you all my love ... and ... I'm often with him but I doubt if the old boss ... is too much occupied by things of the flesh - what I want ... it appears to me that in recent years the 3rd and 4th ... are blending, as to speak. I know you are thinking ... but what could it be without change. ... We cannot even think time ... Now, this 4th or time dimension is coming into very close ... with the 3-dimensional world. I am talking about the ... world."

"Is there an interpenetration of the planes?"

"Yes, I think there is an interpenetration of the planes, ... is the cause of many of these horrible quakes and ... of the various forms in the sky."

"Are the strange sky crafts still around?"

"Yes, the strange sky crafts are still around but people have stopped looking up since the authorities have explained everything."

"Are the flying discs of etheric construction?"

"Yes, I think the flying discs are of etheric construction ... by etheric beings. You and I and all of us came out of ... world...."

"What are your special interests?"

"My special interests now? Well, the laws of attraction and repulsion, of magnetic fields which are made up of electric currents of the universe and all the universes (I am convinced from ... I have visited) are formed thru the various rates of vibration ... Yes, I have travelled a good deal to a number of ... I never visited."

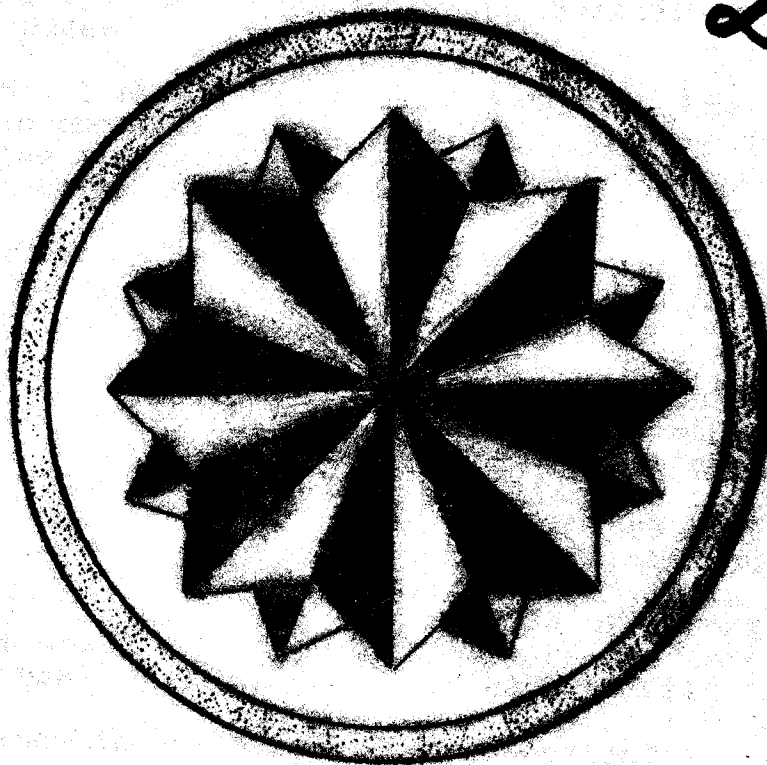
"I have visited the Himalaya Mountains, and find there in ... of people living in very large air-conditioned caves in the ... the Himalayas. They are very white-skinned, some with blond ... eyes. From what I have been able to observe and understand they are of a very ancient aryan people."

SEANCE MEMORANDA from the

Inner Circle

BSRA 9-C, TRANSCRIPTS 16 thru 20
JUN 52 ; AUG 52 : OCT 52 :

27



through Mark Probert, medium

A Publication of:
Borderland Sciences Research Associates
Foundation, Inc.
PO Box 546, Vista, Calif.

etheric counterpart, and in this etheric counterpart are beings that are guardians of that body, but not alone of that body, for they move throughout all space and time. These that you call saucers and discs and we call God-man in flight - you have become so cynical - you no longer see God except green god - these beings have been making themselves known to your world for aeons of time. They have come to study the conditions of your earth in all of its different branches. They know now that the crust of your earth is disintegrating much faster now than it has in many of thousands of years before - the under crust of the earth. They know, too, that you in your supposedly highly advanced state have been polluting your atmosphere with atomic energy. Perhaps you have heard of great green flashes and blue flashes in your sky. These are energy forces and are to absorb the radiations you are poisoning your atmosphere with. Then these beings send out balls of light. These contain balls of energy. They are sensitive plates and are used for photographing the inside and outside of your scientific inventions, plans and many other things in science, and when the photograph is made it is sent back to what is called natural state. You understand - you have today television - it is almost on the same principle - only better, for they can photograph things at great distances, inside and out, and when their use is completed, they disintegrate them - that is all.

ETHERIC PLANES

UFO PURPOSE

EARTH CRUST

ATOMIC BOMB

GREEN FIREBALLS

BALLS OF LIGHT

UFO DISINTEGRATION

-- Are any humans in touch with these things?

YADA: Sir, I can say yes to you, and mean yes sincerely and honestly, but it will mean nothing to you, sir, it will be no proof that such is true as far as you are concerned because I cannot tell you who they are.

-- What, if anything, should we do about these things?

YADA: There is nothing except if you wish to communicate with them with colored lights. Many times they show you colored lights. You show them some colored lights. But do not cause or wish to cause attack by your planes upon these objects, for it will be very unhappy state for your world if you do. They may only retaliate by destroying the plane that attacks them, and they will do so by simply sending out a force that will disrupt the mechanical field that holds the plane together. It will disintegrate.

UFO ATTACKS

-- Are any of these people excarbate humans?

YADA: To my knowledge, no, although it may be - of ancient past - there may be some excarbate humans in that realm.

-- How about the R. T. communications?

YADA: I do not want to say. I am very unhappy to not say, but I am simply not permitted. For we do have certain barriers.

-- Do they plan to reveal themselves further to residents of earth?

YADA: Yes. In time, they will make themselves known, and their purpose for appearing. Now your observers of these objects might say this is very foolish because these things appear solid, real. The atomic structure, the atomic particles, the rate of motion is brought down to vibratory rates, and when they wish to depart, they do not depart in distance, they simply change their rate of vibration to a higher state. If you

UFOs

DIMENSIONS

SPACE

YADA: Some standing condition.- Yes.

-- When the CO2 therapy is finished - the therapy of breathing 30% carbon dioxide and 70% oxygen - a mechanical means of producing "Kamujana"-the relief from anxiety -

YADA: You mean the relief from much anxiety. We build up great tension within us and in time this tension is going to work upon the glandular system and nervous system and break it down. But in time, no matter how beautiful the state, you would ask - 'How long will this last' - you will become (bored) with it - you would find it a horror, and wish to get out of it. You know you can just as easily destroy one by loving as by hating them. You can do this - you can smother them. Mothers do that.

BOREDOM

←
←
DANGEROUS LOVE

-- I would like to know about anxiety. I would like to know about the method of tempering this anxiety.

LIDA: You are living in strenuous times, so you say, but if you look back you will find there was never a time it was not strenuous. Always a time when things were better. Why? Because it is only natural to forget pain and remember pleasure. All life tends away from pain and demands pleasure. If we want to live more comfortably we must first try to think more. Many individuals are (averse to change). They walk about and it is classified as zombism. What is it that is so entirely important that destroying your own self is needed? You say 'I have all those things but I have not enough of green god'. So if we are not provided with enough substance we create pressure on nervous system, muscles; pretty soon nervous system not work, heart feels badly, and then you pass away and leave everything here, leave wife here, house, children, still there with the same problem that has been your difficulty. If you would think this way you must realize that you have time to do all that is necessary in the hours that you work. Work a certain amount of hours, and no more. Then go and have a change, working in what you call play, for that is work but is more pleasant and you relax completely and you say to your mind - tell your muscles to relax - and you search around for the various muscles. Now in doing this you cannot think of tomorrow or the next hour or two so you think only of muscles and tendons - to relax nerves - to quiet down and stop beating your body to death. Fifteen minutes every day and you will not have to go to psychiatrist, and you will not have to go early to the undertaker. Now man necessarily fears that which is called death, but in my language there is no term for death. The word is life - and that is consciousness. And you must seek to keep, to stay conscious in all that you do. You may go into what is called the sleep state but this does not mean that you are unconscious - it means simply that your state of awareness has stepped to another field of action, and if you can hold your consciousness right on through to the dream state, then you may also travel all through space time. Now because I am aware of your interest in what is called projection - in the dream state there is no aka cord attachment when one makes free into the dream world and then enters the physical awareness still in the dream body. There is no aka cord. What do you think of what I have said so far?

AWAKEN

TIME

RELAX, PLAY

RELAXATION

DEATH

C.

To BE CONSCIOUS

ASTRAL TRAVEL

-- I know it all - can we consciously know it?

INTENTIONAL "NATURAL" DISASTERS.

that they have other ways of stopping us than rays in the air.

P.A.
ACCIDENT/
DISASTERS
GRAVITY
EARTH
INTERIOR
STRESS
LINES
QUAKES
ETHER

YADA: Yes, making big storms and quakes. My friends, what causes storms and quakes? I will say something disconcerting - you create storms and quakes. You say, 'No, nonsense!' The other evening I listened to a man talking of gravitation. I do not know that this man knows very much, but I know he feels he does, and so this means he knows very much. But this gravitation is what - is pressure on the earth. What is doing the pressure? Energy? If energy, where is it coming from? According to your scientists, from out of space. But also body has inner fire. Any spinning body in space is creating an inner fire as well as an outer pressure. These we call stress lines of a body. Now how many pounds a square inch? If you take this pressure off, you blow up. Yes, now, when quake is going to come, this pressure coming down over a certain part of the earth is broken - the ether stress lines become shattered, and the ground underneath that is being held down comes up - great upheaval. Great shaking, because no pressure - pressure has been cut off for a time.

FEAR

You have body - is emotional body. This low self is governed by the emotional body. When we become angry, we charge the ethers with energy, measurable energy - measurable pressure. Think of many people living in fear - in lust. It is going to shatter the stress lines and pretty soon you have disturbed field - the atmosphere will be aflame. If you could only know the truth of this, but I suppose not too many will take this to heart. You are living in modern age where you have great mind as far as mechanics go, but you are knowing so little about yourself. Have you ever approached animal in fear? You see what he does? He will attack you or run from you because he senses this fear. How does he sense this? It causes you to throw off an energy and it contacts his nervous system. Why do I tell you this? Perhaps in knowing it you will see the value of controlling yourselves. Not permit yourselves to blow up.

AUTOCONTROL

YADA: You poison your system when you do this. You bring on disease this way. The start right here in your psyche. Very bad for the nerves. The nerves operate your glandular system. If you stifle them or close them off entirely -

If this is so, what about the other theory I have heard about? If the subconscious does bring about certain diseases by reincarnating. Are you suggesting we try to live on an even keel - normally - naturally.

EVIL
GUILT
COMPLEX

YADA: It is difficult to say what is natural or normal. It is one thing to you and another to someone else. It is difficult to say that to live normally is right. The word Karma means cause and effect? What is life - life is action. The only time as individuals are alive is when we are in action, and we are always in action. If this is so, action means to do this and to receive this - cause and effect - and cause - cause and effect. If we are going to live how can we keep from making which is called mistakes? We cannot. What we, I think, should do, first is try to break ourselves of having guilt complex over our acts, remembering that all acts are right in this time and place. If you break a law that is in your environment you will have to rectify it in some way, perhaps with your life. You have many laws many. I do not see how you live. But if you know it is a law not to do this or why do you do it? You know you have to pay. It is the same in all ways. But you know what nature means? If you do it a few times it does not mean anything to you. We are making sounds, vibrations, tones, causing molecular motion. Is there anything else besides this molecular motion?

-- the third month of the coming year there is a great change coming. Will the month bring back the majority of the boys from Korea? My change will be great in third month.

YADA: Yes, but other boys will go.

-- I thought all the boys would come out.

YADA: Yes, for a time. UN is going to make agreement with the Communist government in China to bring it to a close, but do not let this fool you, because after that it is going to be bad.

-- Will I have a change in my life?

YADA: I do not know. Only you will know. I cannot tell you and if I did you may take my words and follow them. Life is born out of change. And if we make suggestions to one another we might bring about a change that is not for them and we have much trouble. Here is Karma - making this kind of mistake. Not knowing that you are concerned with it but you have involved yourself in another person's life.

I.P.: In regard to the boys in Korea, they will not all be drawn out?

USA. LIBERTY WW YADA: Some of them. Only some of them. I tell you this - (your ^{USA} country is the only one in the world that is holding the light), and if you let it go out, your earth will suffer 5,000 years of darkness. You stand guard, You watch and you help. Do all you can to keep this flame burning. The sacred flame of liberty. Long before your country was settled, the guardians of the earth were preparing this country you are now in, for these things. - To be holding the light. For this war that is to come will be the last war that man will have for thousands of years.

-- How are we going to have it - if we have the UN - that is putting the light out-

USA. RUSSIA YADA: U N - that means together - working together. Now you have one country called Russia - China and many others between that do not want this unity state of man - they aim to keep the individuals divided because they become better slaves. They aim to keep the individual from becoming responsible for himself. About the Russian people - Russia has exploded the hydrogen bomb and before the British people, in Siberia. No, your country, Russia, China, and all of them, the whole vast world of men, is in a stew. Each of them say they are right. But it is the Governments who say they are right. Your ^{USA} country is the cradle of liberty. The candle that is burning, the light of liberty, is flickering in corruption and hate. A faction that will try to rule you, and Russia is the only country that is powerful enough to fight this faction. I will name no names.

-- How can you foresee the future? How can you see ahead? When we have not lived it yet?

TIME YADA: There is no past, no future, there is only ^{PRESENT} now. That which appears to be past and future is the illusion that man suffers from. You understand? Think of it, man suffers an illusion that there is something called time in motion, but time is not in motion, matter is in motion. Time is not doing anything - It is not standing still or going, either - it simply is not. Time is consciousness. Right now you are aware of this room - an hour from now you will be consciously aware of outside - but the room will be still in your consciousness. This room eternally exists - in the ever-present now. I wonder if you understand.

-- No, not really.

-- There is the solid approach - everything is something - it is there. -

-- What about the third month of next year? It is not here yet.

YADA: That is right. Perhaps if you could be lifted up to distant star - perhaps light years away and you could take telescope and look back on your earth- right in

inner and outer, and wait. That which is called the voice of the all-wise will speak to you, and that which you have you shall see. We call the all-wise you. It is of your own making. Divinity - or whatever you speak of, each one of us are made in the image of God. We have come to know. We have searched the worlds. Only we want to understand it fully or we must not feel deceived or misled or deceived by anything that we have seen to repeat our thoughts of it, but permit him to go, and permit him the right to find himself and his own path. A true master does not wish that he is master of any, but himself.

And the knowledge is only right for enlightenment, for only then can we live enough for our path to God. (I have been speaking to you, you know.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

Q: I am not sure that I can accept your kind words and say that I have been speaking to you, you know. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

esn't tarry to write so many words. He leaves that labor to the pupils.

Q.: Is there any one person to whom this work can be attributed?

A.: No, much of this was obtained in meditation -- a little by me and by others. T.M.
The words of your master, Christ, been truly kept and given out in the pro-
per manner, the world would today be what the world has been looking for, for
many centuries -- paradise. Instead, the very ones that the Christ drove
from the church took the words and changed them about to suit themselves, and CHURCH
presented it to the people.

Q.: Intentionally changed them?

A.: Yes. They found they could not destroy him, so they set about to falsify WORDS
the words, thereby to some extent destroying his teachings.

Q.: We are told that you withdrew into a monastery at the latter part of
your life; is that so?

A.: Yes.

Q.: Did you write the book after going into the monastery?

A.: No.

Q.: You did not return to the outer world from the monastery? TO UNDERSTAND OURSELVES

A.: No. I wish to say this before I go: Of all things in life, the most important
to learn of yourself -- to understand yourself. All other things are insig- ←
nificant in comparison. No one, no thing, exists apart from yourself. When ←
you understand that, you will be on the road to freedom and to your own God. ←
f. Did someone wish to ask a question?

Q.: I was wondering if you could give us any specific instances where the
words of Christ were changed?

A.: At the present time I will leave you to consider it. At another time I will
warn and point out some of the twistings of the teachings. (4:23 P.M.)

Remarks passed about Lingford -- as to his attractive personality, etc. Some-
one wondered why he had not come to speak to the group.)

8 P.M. -- Lingford: Go ahead; let them talk about me. I like it! You know, ASTRAL
still have some vanity. VANITY

Q.: Many people say nice things about you in the letters I receive.

A.: That's more than I had when I was there.....That was an interesting talk
I had with the Chinese philosopher. I myself have gotten in a little late.

Q.: How did you know we were going to have this meeting today? We had not
expected to have one.

A.: Lingford; Before I answer that I will answer something else. You said, "I can't
understand why they come here. They must have other things to do." You ask why

Feb. 1954

That's right - and that is something that must be spoken of, it is a
new, different dimension, but what is called a hallucination.

Dr. Lee:

Program:

This is not very understandable, I am afraid, to the people, I do not think
they would comprehend this. A few, yes, but very few. For all the matter world and sound
is made out of the light - by vibration, and when you see the sound of sound -
what is called sound - or what is called electrical energy, these vibrations
your scientists speak of - your sound - only, but that is a different point.
Well, to say they are wrong would be to say that in the event that
there is in a word made up of vibrations - and in the event of things, there
is a thing called a hallucination, which is a different thing, which is
not a hallucination, these vibrations of light which are called sound, it is

Dr. Lee: I read you two or three lines from this letter of Dr. Robert Noyce "Mirror"

that you mentioned.

Dr. Lee: The cosmic planes do penetrate the ether now called "it" - for all that
that is effective action they must be considered as vibrations of the ether, these
vibrations which is the practical work of the ether, the ether is the ether,
this ether - in this order being the ether, the ether is the ether, the ether
is the ether, the ether of the ether, the ether of the ether, the ether of the ether,
which is undifferentiated.

Dr. Lee: Now let me say something else, and that is, when you have a very small amount
of ether, as well as ordinary ether, the ether is

Dr. Lee: Including the ether.

Dr. Lee: It will not speak of the ether, right now, but I will say that the ether
is a material form and differentiated through the ether, that is, it has a
material form. But these things vary often, and sometimes out of the ether,
the ether is not fully they become like the ether, the ether is the ether,
the ether is created by ether, the ether is created by ether, the ether is
created by ether, in the present conditions of the ether.

Dr. Lee: Intended - (tape not clear)

Dr. Lee: That is right, they are experiments, I think.

Dr. Lee: Those entities are they observing, those that are created for them, or
are they not across them?

Dr. Lee: They are only interested in the condition of the people who find them - they
are only interested in the conditions and the present of that form that they
find in your time. Some of these to be differentiated as materials - energy pictures
of the ether of the ether - then they are automatically withdrawn - the energy
pictures are taken, then destroyed. You - not man of the physical plane but the
ether, are eternally at work in development - projecting into your time
and all different forms. Now let us take it like this perhaps, as the individual
man will go along for number of years and never have what is called hallucinations
and then all of a sudden he will, and these hallucinations will either take place

VERTICAL

DEATH EXPERIENCE ↓

ing there with sorrow on their faces, sobbing, and really, I red if I was worth that much. But you know, I couldn't get to in any way at all. Couldn't reach them.

So after a time I gave it up and walked out of the house and all over London. The streets were teeming with people--traffic here. I found myself jumping out of the way of many people. At a time, I ceased to jump, and noticed that they could pass right through me. I wasn't there--and yet I was there.

"What a dilemma!" continued Professor Alfred Luntz. "I wandered in this manner for a considerable time, with no one to talk to, no one to talk to me. I suppose if I had been of less orthodox I would have at least attempted to contact one of the endless number of mediums in town. But then, I knew better than to do that, because I had taught that those who attempted to communicate with the dead were not communicating with the dead at all, but with evil spirits, and I didn't want to be an evil spirit. But after a time, one did come to me and took me out of my stupor and helped me to get a very good education about life.

Now, some individuals do not get this sort of education. They are permitted to come into the astral world and are greeted by certain friends or relatives as the case may be, and are taken to certain ^{TO CREATE} benefits that these friends and relatives have created for them -- for ^{ASTRAL ENVIRONMENT} benefit; even creating Heaven, -- creating all the conditions in which one will act as a God and another acts as the Master, the Christ, and they come in glowing robes to greet them. Which is as it should be, for there are many who come like children, lost in their beliefs of God and what it means. And God.

Nature does not deny any of us that which is right for us. In my case, I have had the pleasure and the honor to use this man's body to converse with people on earth. I have been asked many times, "What about the suicide? What is his lot?"

Suicide

It depends entirely upon his attitude toward taking his own life. What led him to it? What series of thoughts led him to taking his own life? If it was for greed, for lust, for possession, then all the things that he lusted after will hold him in the place where he sought and he shall commit suicide over and over again--time after time. He will go through a period of living as he did on the earth plane, and he shall go through many of the identical experiences he suffered on the earth plane up to the time that he was going to take his own life, and then he would take it again, or go through that act. It doesn't sound like a very pretty picture, eh? And yet, my friends, that is precisely what happened.

Suicide By Love

Now if one commits suicide over the loss of one he claims to love ^{LOVE-PASSION} that desire, that love will hold him bound to that one until he dies. But that one passes into the astral world, or until he himself comes out of his stupor -- the stupor of wrong belief in what is ^{LOVE} concerning "love". Love means understanding, and there is no need for one to understand, and that is ourselves -- When we come to ^{TO UNDERSTAND OURSELVES} understand ourselves correctly, then we shan't turn our love into possession, the will to hold. We shall find that love means freedom -- Love is an open hand, and not the closed one.

"Your suffering is conscious suffering," said YADA. "You feel someone is sticking you, but you do not know who. Now if you come like you will know who and who do you suppose you will find it is?"

Ha! I am sticking pins in myself constantly and because I am asleep, I blame it on my neighbor, the devil or God. Poor God, poor devil, poor neighbor.

"I do not find a lack of time because I use the time, because my time is time itself. I do not have time hanging on my hands. Many times I listen to you Americans and some will say to another, 'What are you doing now?' 'I am killing time.' No, time is killing them. Let us permit time to kill us. The only way we can do this is not to try to kill time. For that which we do to another, will be done to ourselves, and time, as an entity, does not want to die anymore than you.

There is no greater killer of the cellular body than boredom. There is excitement is the thing to look for to keep the blood good, to keep the nerves healthy. I do not mean the kind of excitement found in a wild dance, no, the excitement of living is to become conscious. Today in your world deliberations seemingly set out to kill all the senses possible, to dull them. Tobacco on your taste buds is the excitement of tasting. Everything tastes like tobacco. Alcohol, same thing. Alcohol not only destroys the taste buds, it also destroys the brain, the whole nervous system.

KARMA
← EXCITEMENT
← BOREDOM
←
←
← LIVING CONSCIOUSLY
← TO KILL SENSES
← ALCOHOL

"Were you born with tobacco in your mouth? Or with alcohol in your system? No. Am I objecting to these things from a moral standpoint? No. I have no morals, so how can I object to what you do morally? I do not understand the word 'morals.' I live in this way that way because it is more comfortable for me to do so, and if all would do this, understanding that if it is comfortable for him it is also comfortable for his fellow-man, so is not going to attack him.

MORAL

"So you see what you need is re-education. To adopt these teachings, an entire re-education. You would have to come to understand the meaning of what I say. If doing what you want to do helps you to live longer and a better life. But at the present moment I see too many people think 'This gives me a chance to do what I want to do; what I want to do may make somebody else suffer, but that is all right, I get my pleasure.' The moment we bring suffering to another, we are going to bring it to ourselves. This is a natural law, and has nothing to do with morals. It is the law of cause and effect.

RE-EDUCATION
← KARMA

"Many say to me, 'Yada, I hear you talk about the Christian religion. You do not seem to like it, you do not think it a good thing. What would you put in its place?' I would put in its place conscious living, which neither the Christian nor any of the others seem to do. They do not seem to want to live consciously. They leave it to God to do for them, and then they wonder why they are in such mess, and then they blame it on God. I would teach right thinking. What is right thinking? Abiding by existing conditions in which we live, or moving out of that environment when you cannot do these things. But people object to your doing so. But you see if all the people of an environment were taught this, there would be no need for you to move out, for everyone would understand everyone else. So be fully aware, express yourself, my friend, for that is why you are here in the physical world."

LIVING CONSCIOUSLY

live enough to pick up these stresses that have been formed in the others to record the endless actions of life."

YET) "Will you tell us about the people called the 'snow men' who never come down below the 25,000 foot level?"

DIGFOOTS
"There is a race of people, though not quite like ourselves (if I may include my shadowy self among you) -- but they do belong to the human evolution. They do not stay continually in the snow. They do a great deal of hunting, and most of it by hand. They are huge creatures, some of them running well over eight feet tall, very hairy; and the hair is somewhat yellow in color. I believe they are said to occasionally become bored with their womanless condition and sometimes come down to what is called 'civilization' and nab themselves off a woman or two. The Guardians of this race are trying to bring them up, or down?, into the human form, and this drives them into trying to find a mate in human form. But they have a very revolting habit of killing and eating this mate. Disgusting, eh? -- but it saves a divorce."

HONOR "Your scientists have also found in the upper reaches of the Amazon a very tall race, not dark but fair-skinned."

"The white-skinned Indians?"

AMAZONS "Yes. I believe your scientists have also discovered those called 'the Amazons' -- very large women and equally large men; but this is another group. They live in shadow, in the deep jungles where sunshine cannot get through to them. At some time it will be discovered, also, that there is no 'missing link' in the human race. As long as man keeps looking for traces of himself in earlier times, he will be rewarded by finding traces of man in various shapes and sizes, sometimes very, very small, and sometimes large."

THE PATH OF NON-VIOLENCE

"Professor Luntz, do you see the necessity for another war?"

WAR "You know, sir, we of the Inner Circle have no feeling that man should shed his brother's blood for any cause whatever. The Master Christ came to the Earth, as all the great Teachers did, to tell man that blood shed is no answer to any of his problems. When a man or woman feels it is necessary to stand up and fight for what they think is right, it is probably a sign that they are insecure in their beliefs."

BELIEVES "Now -- and I didn't realize this until I came over here -- we cannot stop wars by stating moral viewpoints, or by debating the wrong or the right; for wars come out of the lust and greed and avarice of the human individual. The individual is just like an atom: the atoms go to make up a form, what is called a substantial form, in your three-dimensional world. The individual is the atom in the nation, that goes to make up the form of the nation. And when any one of us, German, Russian, Japanese, Chinese or whatever, believes that others have more than we, that will lead to the desire to take at least a part of it; and if not given willingly, will fight for it. Most wars are caused by

NATIONAL ORGANISM

WINDY COAST



through Mark Probert, mediator

A PARTIAL OF
WINDY COAST, NEW ZEALAND
IN 2000, NEW ZEALAND 2000

SEANCE MEMORANDA from the

INNER CIRCLE

through Mark Probert, Medium

Nos. 1 & 2 -- September 1946 through April 6, 1947 (BSRA No. 8-A)

Controls, more or less in the order of their appearances: Charles Lingford, Sigmund Freud, Sister Theresa Vandenberg, the Pigmy, Sama Ka Lo, Kay Ting, Lo Sun Yat, Harry Lauder, an African Missionary, a Kahuna, Japanese soldier, Drug Addict, Temple Dancer, Sir Thomas Lipton, Ali Ben Casi, Choctaw Indian, Atlantean, Colin Kelly, Ramon Matalli and others.

SUBJECT REFERENCE INDEX

Alphabetically and by
page, for Nos. 1 & 2.

Adepts, 15, 16, 20, 25, 41, 53, 56

Alcohol, 48

Astral attack, 25

Astral shells, 49

Astral sounds, 23, 24

Aumakua, 9, 18, 38

Ballads, the, 2, 4, 21

Bell witch, 21

Big Choctaw, 51

Catastrophe, 20

Catholic Church, 27

Childbirth, 37

Christ, 27

Clairaudience, 34, 43

Consciousness, 32, 36

Devachan, 17

Doreal, 21

Earth-bound soldier, 4

Easter Islander, 50

Elementals, 22

Ethers, 21

Flying Saucers, 10, 13

Freud, Sigmund, 3

Garlic protects, 43

Gravity, 42

Group Soul, 27

H.B. (Jack Tate) 5, 6, 7, 9, 13

High Self, 17

Hypnosis, 55, 59

I Am, 2, 17

Inquisition, 4

Kareeta, 11, 13

Kay Ting, 11

Lauder, Sir Harry, 19

Lhasa, 16

Lipton, Sir Thomas, 45

Magnetization, 34

Materialized spirits, 3, 21, 30, 42

Meditation, 31, 55

Medium control, 7

Mental constructs, 11

Probert, Mark, 4, 22, 25, 34, 48, 57

Psychic Groups, 9

Psychic heat, 53

Psychic phenomena, 24, 29, 30

Rituals, 7, 35, 36, 38, 40

Second Death, 31

Sound, 15

Space subjective, 36, 45

Seed-Atom, 37, 52

Tibetan Order, 6, 7, 11

Telepathy, 36

Vandenberg, Sister Theresa, 27

Violent Death, 44



The text at the bottom of the page is extremely faint and illegible. It appears to be a title or a header, possibly containing the words "The Journal of" and "and the" but cannot be accurately transcribed.

11

...the ... of

... ..

... ..

... ..

... ..

... ..

... ..

... ..

FRANCE LECTURE OF JANUARY 10, 1948.

PRESENT: Dr. and Mrs. Gosman, Irene Probert, Katherine Thomas, Meade Lynne, Mark Probert (medium).

CONTROL: Lo Sun Yat.

"Good afternoon - I am very well indeed. No, I do NOT think for a moment that your conversation was - what did you say? (Popycock). Oh, yes, popycock. The pursuit of the mysteries of the inner life is far from that. It is the most satisfying and gratifying kind of work. There is nothing of more worth, on the level of consciousness, but it seems you have some problems with this atmosphere. You must not expect concrete and absolute answers what appears to be hard facts may be false tomorrow. This is the one inescapable law of life. There is incessant and constant change in nature."

Someone asked a question about the exact process of taking control affecting the brain-cells of the medium, etc. to which the Control replied "In the first place, matter must be better understood. If you conceive matter as something touchable and concrete you are falling short of the mark. You must understand matter as a concept of consciousness, then the problem will become clearer. Your psyche and the so-called 'physical' are practically one and the same thing. (Q). Yes, in a way they are different planes of consciousness. I do not wish to side-step the question, I am trying to find understandable terms (pause). Physical matter and psychic matter are both (thought-forms). For us who live in the 'world of thought' after death, it is a simple matter to enter the physical realm and use it. Science pursues a will-o'-wisp in trying to explain matter & matter. Better would they gain knowledge by investigating the world of thought. They would find that matter is condensed (thought). This topic cannot escape the field of metaphysics."

"We think thought energy is basic, but still the problem remains, exactly how do you affect an organic cell or a molecule by mental energy?" asked Meade.

"I understand - but whether I can put it into words so that you can understand is another question. I do not for a moment think that your ability to grasp and learn is any less than mine. That is not the question. I do not belittle your ability to think clearly; it is my inability, I am afraid, to use the proper terms - because in the Chinese there lies the knowledge. But I think I'll step out for a moment and give place to Ian Tao. Yes, I am Lo Sun Yat, I have been quite busy - have been back in my own country. (Q). I see many, many more years of strife for China. (Q). As to Tibet, as the years pass and as men squabble that country will become more inaccessible than ever."

CONTROL: Ali Ben Casti

"Good afternoon. I am not tao tao. I have not been back here for some time and I realize how difficult it is to know who comes in or out under these conditions. I am Ali Ben Casti. Dr. Gosman, you said something about stepping up super-sonic vibratory rates. I find that is the wave I come in on. The cell structure or vibratory rate or whatever you call it, rises - so rapidly that you will note a tightening of the skin or chills on the body of the medium. It is somewhat automatic but it is first conceived by the mind of the medium. The physical brain, conceiving what is asked of it, waits. There is a rising of the vibratory rate"

From FLYING ... when they withdraw ... what conditions these ... hanging ...

DESIRE

"It is the great creative force, the material world is made of it, and the world is made of it."

"What do you mean by the creative force?" asked Meade.

"To take form, to take shape, to manifest in one form or another, or to express."

"But why not expression on higher planes?"

"Yes, that is so dependent upon the entity itself, that there is no way of knowing. If you would understand the extreme range of desire of the entity itself, and the power of the matter to life itself, then you will be able to see the reason for it.

"The entities ever sent back on to this plane for action and reaction is because of desire."

"In order to be sent, there has to be a sender, is there is a sender, but it is not outside of the mind of the entity itself. The sender is the great Self."

"The High Self?" asked Meade.

"Yes, the High Self - that is excellent - is the great intelligence, the great energy with intelligence, and the highest and greatest form of intelligence is manifested by desire."

"How do we reach the High Self, by virtue of the desire, or is it something that is a part of the nature of the mind?"

"The High Self, to me is the Desire Body. For that would be wrong to you."

"That conflicts with the usual expressions," referred Meade.

"Yes, it does, but now are you going to put down the desire to any being which is in life on any plane can either move or express itself, or manifest itself, or will not get to what is known as the physical plane. For it is only by the desire that it gets to the physical body or to any plane that it is capable of manifesting the highest plane in the great Universal Mind. In fact, the great Mind has been opened up and unsealed at the end of time, and the great Mind will be in the physical plane. Your great desire and wisdom is required to do it, is that all right, yes?"

"Indeed, yes. Desires cannot exist in the Mind, even in the Physical, if nothing is to take place."

"Yes, therefore it is quite wrong to teach that we must relinquish all desire, that cannot be done, because immediately you are beginning to relinquish all desire. It is like water, black and white, good and bad - all within the thoughts of the individual and the way to use the desire."

"The idea of reincarnation is not pleasant to us on this plane, most of us hope that we will not have to reincarnate, or that we can greatly enjoy it if we wish."

SEANCE MEMORANDA from the

INNER CIRCLE

through Mark Probert, medium

PART 3

March 7, 1948 -- March 26, 1948

SUBJECT REFERENCE INDEX

- Aid thru spirit contact, 6
All things from the ether, 7
Abram's experiments, 12
Astor, John Jacob, 16
Astral contact dangerous, 23
Astral projection, 22
All life one, 8
Amelia Earhart's fate, 15
Appendicitis, 14
Anas and emotions, 14
Blavatsky, 3
Brotherhood, final step, 18
Calmness and fate, 5
Cigarettes and infection, 2
Civilisation reaches peak, 8
Concentration difficult, 21
Cooperation necessary, 5
Cancer cause, 14
Calamity approaching, 6
Caruso returns, 2
Centers of consciousness, 22
Crucifixion couch, 18
Difficulty of remembering
earth life, 2
Discounts legend, 19
Diseased tissue, 12
Double vocal chords, 3
Efficacy of vitamins, 14
Each on own wave length, 22
Easter gatherings of
Initiates, 19
Electric forces can be
sapped in psychism, 25
Embarnates mere shadows, 21
Eternal feminine, 14
Flying Saucers, 7
Grapes as blood cleanser, 13
Help on other side, 23
Hypnotism, 11
Halls for singing, 25
Halliburton's fate, 15
Indian control, American, 1
Initiation ceremony, 18
Jesus' words falsified, 20
Jesus and God force, 18
Layne, Meade, advice to, 3
Live to serve, 12
Male and female energy, 15
Meaning of Lao-Tse's name, 1
Many mansions, 24
Mantras, 5, 9, 11
Meaning of suffering, 1
Mental depression, 15
Mental energy on crystals, 9
Mentality the same, 15
Mental healing, 4
Music's place in life, 3
No set rules on mantras, 12
Nothing can happen to man except
change, 8
Not hopeful for culture, 17
Other similar meetings, 21
PK effects, 10
Penicillin's ill effects, 16
Planetary space, 18
Poisons, 11

(over)

Subject reference index, continued

Radar tears others, 8	Spiritualism, 19
Release in death, 24	Suicide vibrations, 12
Reincarnation depends on desire, 17	Tao Te Ching's self-realization, 19
Reincarnation sidestepped, 24	Truth must be experienced, 24
Rosicrucian objections, 11	Unforgetfulness, 1
Schools and teachers, 23	Unknown helper, 11
Self-knowledge paramount, 19	Use of telepathy, 13
Secret of mantram power, 10	White Brotherhood active, 19
Sulfa drugs and arteriosclerosis, 16	Worry and other emotions, 14

* * *

INTRODUCTION TO 1948 EDITION BY HEADE LAYNE, FORMER DIRECTOR, BSHA

These booklets contain reports of trance mediumship only. The seances are not message circles, nor religious gatherings; they are concerned with factual data and with the opinions of astral people concerning scientific, philosophical and occult problems and theories. Meetings are conducted in a critical spirit, but are not test seances nor designed to prove survival and communication. They are printed for informative purposes only.

The medium, Mark Probert, is about 40 years of age, (1947) an artist but commercially employed, not a member of any church, cult or other organization. He is not a professional medium or psychic, has received no pay for the series of seances here transcribed.

* * *

A publication of

Borderland Sciences Research Associates
Foundation, Inc.
PO Box 548, Vista, Calif.

Meade Layne, President of the BORDERLAND SCIENCES RESEARCH ASSOCIATION of San Diego, California, has, for many years, made extensive studies of the origin of U.F.O.s and has reached the conclusion that these do not exist in three-dimensional form, but in four. In the following article he tells, of necessity in synopsis form for the sake of brevity, of factors involved in the 4-D interpretation of aeroforms.

"MAT AND DEMAT"

ETHERIC ASPECTS OF THE U.F.O.

by Meade Layne, M.A.



AEROFORMS are flying discs, "saucers," mutants or indescripts, and best understood with respect to their origin and nature as being EMERGENTS: that is, they emerge on to our plane of perception from a space-time frame of reference which is different from ours. This process may also be described as a conversion of energy and a change of vibratory rates.

~~That this is so is obviously suggested by the phenomena themselves; since physical matter as we know it could not withstand the speed, temperature and strain imposed by the observed operations of the discs and other forms. This does not conflict with the apparent composition of the "landed" discs.~~

When the energy conversion takes place, the aeroform becomes visible and tangible. It appears to be and definitely is what we call solid substance, and so remains until the vibratory rate is again converted. The "steel" of a landed disc is an etheric steel and its copper is etheric copper—since the prototypes of all our metals exist in etheric matter; nevertheless, chemical analysis has shown certain radical differences. The conversion process amounts to materialisation and dematerialisation ("mat and demat"). "Demat," on our plane of perception, would be "mat" for any consciousness functioning on the etheric level, and vice versa.

Just as there is a spectrum of sound and of colour (ending in sounds we cannot hear and colours we cannot see), so there is also a spectrum of tangibility, ending in forms of matter which are too dense to be touched. The ordinary matter of our plane is a rarefaction, and the interspaces between the nucleus and the elec-

trons are relatively enormous. The extremely dense matter of the ethers passes through earth substance freely and almost without friction. But if the vibratory rate of an etheric object is slowed down, it becomes less dense and enters our field of perception.

With reference to our use of the word *density*; this word is used in different senses by physicists and demands definitions for which we cannot here afford space.

Etheric matter, on account of its density, is subject to the play of many subtle forces, including the energetic activity of thought. Any form or object of which the mind can conceive can be brought into existence by mental action, and controlled by the same means. Etheric objects are in every way as "real" as those of our own world. And there is abundant experimental evidence for the control of "mind over matter" on our own plane of perception.

The foregoing paragraph applies also to the bodies of Etherian people. Our own bodies are truly made by our minds; we identify ourselves with them and control them. The Etherian makes his own body in a somewhat similar way, but quickly and easily, and makes it in any size and form he chooses. By the same principle he can produce the form of a sphere, a cylinder, a cube, a disc or "saucer"—and any desired vibrations of colour and sound.

Whether the Etherian people are "human" or not depends entirely on one's definition of the word *human*. So far as we know, they are not incarnate humans and have not lived on our planet, though often visiting it. It is a cardinal mistake to assume that their bodies, and the

other ships created by them, are necessarily the same as we have seen them, when they withdraw to their own planes of existence. It is a cardinal mistake to assume that they are all of the same kind and "race," or of the same moral character and evolutionary development.

The "vehicle" of an Etherian (whether his body or his "ship" is thus essentially a thought-form (as our bodies are also)—and a thought-form can be positioned anywhere. The problems of space travel as we conceive them do not exist for him—as implied by the opening paragraph. By altering his vibratory rates the Disc Etherian penetrates our seas and the substance of our globe as easily as he does our atmosphere. All the aeroforms pass through each other—on occasion—and through our dwellings at will, and are (and always have been) invisibly present in great numbers.

The Etherians themselves—or entities purporting to be such—have given the following account: That the first step in constructing the huge space craft ("mother ships" and others) is to isolate a cube of space, or ether, to a very low vibration frequency. This etheric substance is then given the desired form, and the proper equipment is placed within it, according to its proposed station and operation. . . . This work is done mainly by mental means: the Etherians make use of machines and apparatus, but these also are etheric constructions.

Teleportation

When the "ship" is completed, it is positioned by mental means—"teleportation"—in any desired location, as, say, in the vicinity of our earth. So far, neither the ship nor any of these operations would be visible to us. But if the frequency of the etheric matter is then converted to other specific rates, the ship will, or may, become visible and tangible to our senses. But there is NO "crossing of space" involved at any time. There is simply a change of location—and this is equivalent to a change of frequency or a conversion of vibratory rates.

This last principle cannot be reiterated too often. It is basic to any understanding of the whole mass of the aeroform phenomena.

These huge craft may be miles in dimension, or even of planetary size—hence the feasibility of an "evacuation of the planet," if necessary.

Under what conditions these huge objects, hanging hundreds of miles overhead, are converted to a frequency rate perceptible to us is, of course, unknown. But discs and other forms discharged by the mother ships are obviously so converted, in order to operate under gravitational and magnetic conditions peculiar to our planet. Or it may be a part of the overall plan that those objects be made visible and tangible to us, as part of the education of earth people.

Interpretation

Reverting to the concept of "emergence," it may be helpful to quote the following illustration:

Suppose we have a series of concentric balls, one within another like the "Chinese eggs." Call the central ball No. 1 and the others Nos. 2, 3, 4, etc. For any given point on, say, the sixth ball, there will be a corresponding spot on both the inside and the outside of ball No. 5 and of ball No. 7—and so on all the other balls. Consider that each ball has its own vibration rate. Then, if you wish to move any object on, say, ball 6 and place it on ball 5 or 7, you simply change its vibration rate accordingly. The object will then be located in a *new place*. It will not have to "pass over" any intervening space—it simply comes into existence in a new location. A change of frequency is equivalent to a change of location.

Such a statement as "I am here" means simply that I am "tuned in" to objects, sounds and colours of my surroundings. If this receptivity were altered so that I "tuned out," the environment would disappear, but would be replaced by a different one unless the change destroyed me. This would be a space-time operation and a change of location without transit of space.

Contemporary distrust of the concept of the ether is unjustified and must be left to physicists who, apparently, do not read the literature of their own subject.

So far the whole mass of material on the aeroforms, with some tentative exceptions, has not produced an over-all interpretation which is at once intelligible science and sound metaphysics. Yet the interpretation reported by us and here summarised is steadily gaining ground, and we bespeak its thoughtful consideration on its own merits. It will be expanded and altered in details but it is basically correct.